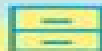


MENSWAARDIGE ZORG

Tien tips voor toiletgang bij dementie



10 / Maak het gemakkelijker

Geef incontinentiemateriaal een vaste plek.



9 / Juiste incontinentie-materiaal

Zorg bij incontinentie voor een ademend product van het juiste type, met de juiste pasvorm en absorptieniveau.



8 / Praat met anderen

Praat erover met anderen. En bespreek incontinentie altijd met een zorgprofessional.



7 / Goed voorbereid

Ga goed voorbereid de deur uit. Bezoek van tevoren het toilet en neem een reservebroek mee.



1 / Achterhaal de oorzaak

Incontinentie bij dementie kan lichamelijke, mentale of praktische oorzaken hebben, bijvoorbeeld de weg naar het toilet moeilijk kunnen vinden of bijwerkingen van medicijnen.



2 / Herken de symptomen

Herken de symptomen van aandrang. Denk aan onrustig wiebelen. Of opstaan en weer gaan zitten.



3 / Vaste tijden hanteren

Hanteer vaste tijden om naar de wc te gaan. Zo maak je het makkelijker om iemand eraan te herinneren of naar het toilet te begeleiden.



4 / Duidelijke route

Zorg voor een duidelijke en vrije route naar het toilet. Zonder lastige en gevaarlijke obstakels.



5 / Rustige plek

Maak van het toilet een fijne en rustige plek. Reflecties in spiegels en glimmende oppervlakten kunnen onrust veroorzaken.



6 / Comfortabele kleding

Zorg voor makkelijke kleding. Denk aan een broek met elastiek.



Persoonlijke hulp? Neem contact op met het Abena Adviesteam.
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De beste hulp voor menswaardige zorg bij dementie. Bekijk alle tips op mens-waardig.nl

Omgaan Met Incontinentie Speekuur Thuis

VM Jensen



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In a world inundated with displays and the cacophony of instantaneous transmission, the profound energy and mental resonance of verbal beauty often disappear into obscurity, eclipsed by the constant onslaught of sound and distractions. However, located within the musical pages of **Omgaan Met Incontinentie Speekuur Thuis**, a interesting perform of fictional elegance that impulses with raw emotions, lies an unique journey waiting to be embarked upon. Penned with a virtuoso wordsmith, that interesting opus manuals visitors on an emotional odyssey, softly revealing the latent potential and profound affect stuck within the elaborate web of language. Within the heart-wrenching expanse with this evocative analysis, we will embark upon an introspective exploration of the book is central themes, dissect their fascinating writing style, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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