

# **Parasuicidality and Paradox**

**Breaking Through  
the Medical Model**

**Ross D. Ellenhorn**

# Parasuicidality And Paradox Breaking Through The Medical Model

**Paul Linde**



## **Parasuicidality And Paradox Breaking Through The Medical Model:**

**Parasuicidality and Paradox** Ross D. Ellenhorn, 2007-09-26 This book describes parasuicidality from a different perspective yet still within the framework of DBT. These concepts will be helpful to clinicians who often spend much of their time dealing with these troubling behaviors. This book is well worth the price and the reader will not be disappointed. Score 94 4 stars. Doody's. Ross Ellenhorn brings a fresh new look at what has been called parasuicidality. Rather than seeing it solely as a medicalized symptom of mental disorder, he incisively shows how threats of suicide emerge from the social context and can be better understood and treated within a framework of social relationships. This well-documented and clearly written book is a must-read for anyone interested in better understanding and dealing with parasuicidality. This book deals with the issue of parasuicidality using a dialectical behavior therapy (DBT) approach but posits that clinical interactions aid and abet that specific behavior. It presents both theoretical and pragmatic ideas of how to deal with patients who often pose the greatest challenge to clinicians. Gary B. Kaniuk, Psy D, Cermak Health Services; Peter Conrad, Harry Coplan, Professor of Social Sciences, Brandeis University, and author of *The Medicalization of Society: On the Transformation of Human Conditions into Medical Disorders*. In this unique and groundbreaking book, Dr. Ellenhorn offers a very different approach to assisting parasuicidal patients with their problems: an approach that avoids medicalized interactions while enhancing authentic encounters with patients. He makes extensive use of vignettes to demonstrate various types of scenarios between clinicians and patients. A number of other effective techniques are discussed, including: Ways to enhance team treatment planning through a brainstorming process called The Hourglass; Alternative methods of documenting treatment that serve to protect clinicians from concerns about liability; Helping patients focus on life goals and changing themselves through clinician-patient interactions.

**Danger to Self** Paul Linde, 2010-01-07 The psychiatric emergency room: a fast-paced combat zone with pressure to match thrusts its medical providers into the outland of human experience where they must respond rapidly and decisively in spite of uncertainty and very often danger. In this lively first-person narrative, Paul R. Linde takes readers behind the scenes at an urban psychiatric emergency room with all its chaos and pathos where we witness mental health professionals doing their best to alleviate suffering and repair shattered lives. As he and his colleagues encounter patients who are hallucinating, drunk, catatonic, aggressive, suicidal, high on drugs, paranoid, and physically sick, Linde examines the many ethical, legal, moral, and medical issues that confront today's psychiatric providers. He describes a profession under siege from the outside: health insurance companies, the pharmaceutical industry, government regulators, and even patients' rights advocates; and from the inside: biomedical and academic psychiatrists who have forgotten to care for the patient and have instead become checklist-marking pill peddlers. While lifting the veil on a crucial area of psychiatry that is as real as it gets, *Danger to Self* also injects a healthy dose of compassion into the practice of medicine and psychiatry.

**Cómo cambiamos (y diez razones por las que no lo hacemos)** Ross Ellenthorn, 2022-02-16 Un nuevo enfoque sobre el cambio y

nuestra resistencia a l Todos queremos cambiar algo en nuestras vidas dejar de fumar perder peso romper con nuestras relaciones t xicas Sin embargo nuestra decepci n cuando no lo logramos es tan grande que a menudo preferimos no intentarlo Por qu es tan f cil darnos por vencidos En C mo cambiamos el psicoterapeuta y soci logo Ross Ellenhorn aprovecha su experiencia en el tratamiento de adicciones para examinar qu nos orilla a evitar la decepci n y evadir la responsabilidad los riesgos del futuro y los cambios en nuestras relaciones Aqu aprender s c mo est s programado evolutivamente para protegerte de la desilusi n ante el fracaso y c mo ser consciente de las diez razones que utilizas para no cambiar Ellenhorn mira nuestras inseguridades y miedos con humor y compasi n y convierte los juicios severos en preguntas curiosas sobre el comportamiento C mo cambiamos alterar para siempre tu perspectiva sobre la vida y sus retos y te ayudar a alcanzar el cambio verdadero que buscas Un libro escrito con amable sabidur a salpicado de ingenio e iluminado por historias de caso h bilmente trazadas Ross Ellenhorn abre un camino nico para la transformaci n personal ret ndonos a olvidar lo que llama el atractivo oculto y la sensatez de permanecer igual GABOR MAT autor de Cuando el cuerpo dice no y El precio del estr s Un enfoque elegante convincente y profundamente humanista para entender nuestra resistencia al cambio y sobreponernos a ella escrito con pasi n y rigor cient fico DAVID A KESSLER autor de The End of Overeating      **Как мы меняемся** Росс Элленхорн,      **Cumulated Index Medicus** ,1997

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