

Master Control Points



Master Control Ear Points

Zero - Brings whole body into balance.

Shen - Tranquilizes the mind. Alleviates stress, pain, tension, anxiety, depression & insomnia.

Pathetic Autonomic Point - Balances sympathetic nervous system & improves circulation.

Allergy Point - General reduction in inflammatory reactions associated with allergies, asthma & eczema.

Endocrine Point - Reduces acute & chronic pain, anxiety, depression, nausea & emesis.

Thalamus Point (Internal Secretion) - Balances endocrine hormones.

Oscillation Point - Balance left & right cerebral hemispheres. Used in learning disabilities.

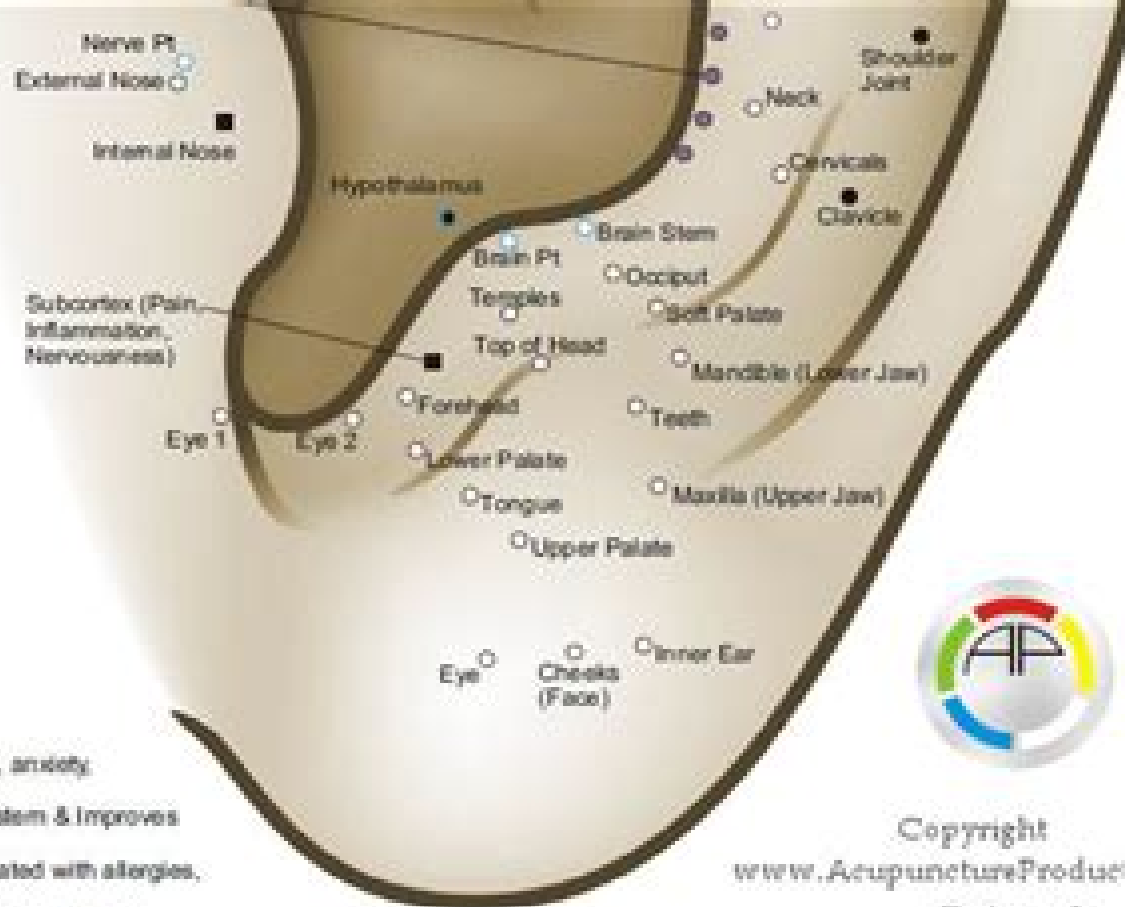
Analog Point (Tranquilizer Pt) - Produces general sedation & reduces high blood pressure.

Sensorial Point - Reduces unpleasant or excessive sensations.

Cerebral Point - Diminishes nervous anxiety, fear, worry & poor memory.

Connections to tissue, glands and organs.

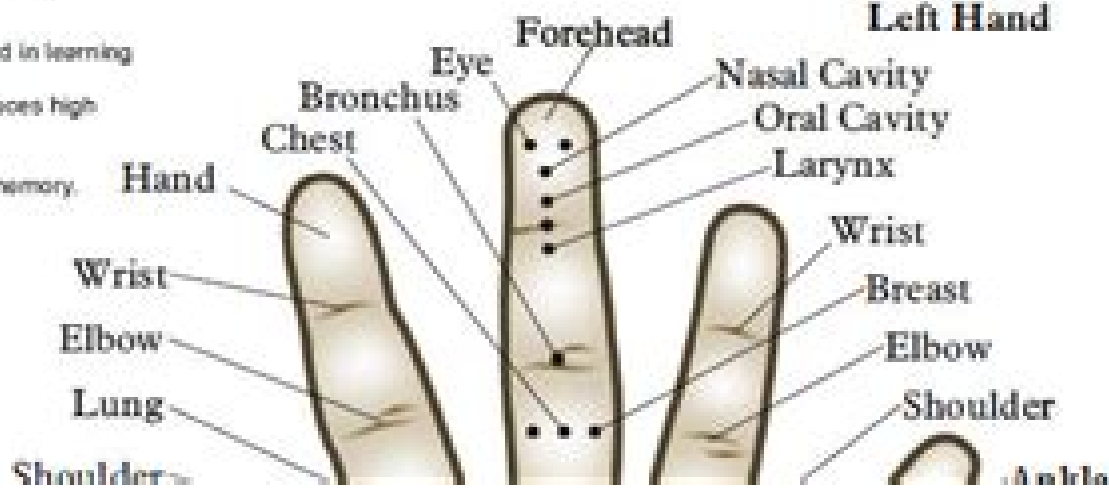
1. Scalp, face, blood supply, head, brain, ears, sympathetic nervous system.
2. Sinuses, eyes, forehead, tongue, optic nerve.
3. Cheeks, teeth, external ear, bones of face.
4. Mouth, lips, nose, eustachian tubes.
5. Vocal cords, pharynx, glands in throat.
6. Neck muscles, trachea, shoulders.
7. Shoulder, elbow, thyroid gland.



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Palm of Left Hand



Microsystem Acupuncture Microsystem Acupuncture

William C.S. Cho



Microsystem Acupuncture Microsystem Acupuncture:

Microsystems Acupuncture Hans-Ulrich Hecker, Elmar T. Peuker, Angelika Steveling, 2005-11-09 In the last fifty years microsystem acupuncture has emerged as a safe and effective therapeutic option for a wide range of conditions from cardiovascular and neurological disorders to obesity and nicotine dependence Its worldwide acceptance is largely due to the ability of microsystem acupuncture to provide access for treatment even in the event of extreme local sensitivity to pain This book is a comprehensive overview of ear scalp mouth and hand acupuncture to help you understand the relationships between these microsystems and the body Integrating new and established methods the book covers such topics as Yamamoto New Scalp Acupuncture Korean hand acupuncture and laser acupuncture with concise text and more than 350 photographs to allow for instant localization of all zones and points The range of techniques addressed makes this one of a kind work ideal for busy students and practitioners looking for an overview of some of the most rapidly growing and innovative advances in acupuncture and complementary medicine

Microsystem Acupuncture Jeffrey Carnett, 2000-11 Microsystem Acupuncture has its roots in ancient Chinese Medicine but with current developments This book covers the microsystems of the Nose Eye Tongue Wrist Ankle and more Many of these systems are relatively unknown to the West

Principles of Ear Acupuncture Axel Rubach, 2016-12-14 The updated Second Edition of this outstanding reference guide and textbook provides a comprehensive review of both the French after Nogier and Chinese schools of acupuncture The book offers a detailed description of the anatomy and morphology of the ear acupoints on the ear and their localizations as well as specific points for ear acupuncture Dr Rubach with many years experience as a practitioner and teacher provides valuable information in an easy to read helpful format You will learn how to use ear acupuncture safely and effectively Large format graphic images are used to clearly show the location of points and the methods of auriculotherapy The book includes answers to important everyday questions and is a treasury of practical information Special features of Principles of Ear Acupuncture Second Edition A critical review of different methods of stimulation A practical compendium of the therapeutic point combinations Quick reference section on acupoints and localization A question and answer section for instant review Now includes over 30 interesting indications The book includes special sections on the use of acupuncture in pregnancy obstetrics gynecology and dentistry Filled with tips for daily practice and an excellent reference guide this book is a must for students and ear acupuncturists

Soliman's Three Phase Hand Acupuncture Textbook Nader Soliman, Nader E. Soliman, 2006 This is the story of a young girl and her journey from innocence to abuse The constant struggles that she faces trying to keep her sanity intact will enable her to become a strong survivor and gives her the gift of empathy for others It ultimately deals with the heartaches and the joys of caregivers in our society today She now becomes a survivor who believes that if she can save herself then she can save you and this leads to the acceptance and the choice of becoming the principle caregiver of her dying father mother brother beloved Aunt and eventually her youngest son For the young who will read this

book it will bring insight on choices For the middle age it will bring hope and direction And for the old it will show the security of love

Yamamoto New Scalp Acupuncture Richard A. Feely,2010-08-25 This user friendly second edition provides a concise overview of Dr Toshikatsu Yamamotos principles of scalp acupuncture for the treatment of patients with musculoskeletal and neurological pain Each chapter covers a different aspect of Dr Yamamotos theory and techniques including essential information on Basic points Ypsilon points and new points developed by the author A detailed discussion of indications contraindications diagnosis needling selection techniques and possible side effects gives readers everything they need to determine the most effective treatment protocols for each patient Features of the second edition A new chapter on energy and healing explains how YNSA works Carefully selected clinical cases demonstrate how to integrate YNSA into daily practice A color coded laminated chart displays every YNSA point and serves as a convenient reference in the clinical setting 86 illustrations and algorithms supplement descriptions of points and treatments An accompanying DVD features narrated live presentations of palpatory diagnostic and therapeutic techniques

Acupuncture in Modern Medicine Lucy L Chen,Tsung O. Cheng,2013-03-06 This book contains four integrated sections 1 Acupuncture Research 2 New Developments in Acupuncture 3 Acupuncture Therapy for Clinical Conditions and 4 Assessment and Accessibility in Acupuncture Therapy Section 1 provides updates on acupuncture research From acupuncture effects in modulation of immune system to the role of nitric oxide in acupuncture mechanisms chapters in this section offer readers the newest trends in acupuncture research Section 2 summarizes new developments in acupuncture The included chapters discuss new tools and methods in acupuncture such as laser acupuncture sham needles and new technologies Section 3 discusses acupuncture therapy for clinical conditions The chapters in this section provide comprehensive and critical views of acupuncture therapy and its application in common clinical practice Section 4 takes a new look at the issues related to assessment and accessibility in acupuncture therapy These issues are central to developing new standards for outcome assessment and policies that will increase the accessibility to acupuncture therapy

WHO benchmarks for the training of acupuncture,2020-06-11 In 1999 WHO published the Guidelines on basic training and safety in acupuncture However various backgrounds of acupuncture service providers were addressed inadequately in this document and there is a lack of a defined career pathway for acupuncture providers This updated benchmark document aims to reduce the gaps by setting up required learning modules for each category of acupuncture service providers at different levels so that individual practices and practitioners can be compared evaluated and accredited This document offers a useful reference point to evaluate acupuncture service providers which will benefit policymakers health workers education providers and the public in general It forms an integral part of the updated benchmark series targeting key modalities of traditional medicine intervention and contributing to the establishment of a reference toolkit for countries

Myofascial Trigger Points Dominik Irnich,2013-04-16 Pain and limited function of the locomotor system are the most common reasons for visiting a doctor or

therapist Muscles play a key part in these presentations as a result of their function and anatomy with current research suggesting that muscle imbalance muscle tension and painful functional disorders are at the forefront when it comes to acute or chronic symptoms The clinical correlate with all such symptoms is the myofascial trigger point Myofascial Trigger Points Comprehensive Diagnosis and Treatment examines all aspects of muscle physiology and the pathogenesis of myofascial pain The book provides valuable advice on diagnosis and differential diagnosis and contains detailed practice oriented information and numerous illustrations of the various therapeutic procedures for the treatment of myofascial trigger points Prepared by experts from throughout the world Myofascial Trigger Points Comprehensive Diagnosis and Treatment will be ideal for all manual therapists physiotherapists osteopathic physicians osteopaths chiropractors acupuncturists massage therapists and naturopaths Offers practical and clinically relevant information to all practitioners and therapists working in the field Edited by an international expert in pain management and trigger point therapy Abundant use of pull out boxes line artwork photographs and tables facilitates ease of understanding Carefully prepared by a worldwide team of clinically active and research oriented contributors to provide helpful and clinically relevant information Presents the latest research findings for many aspects of trigger point therapy Provides a holistic view of patient care including the importance of patient communication and psychological aspects of pain control Provides a handy reference for rapid and effective diagnosis and treatment of trigger points Highlights the 65 most important muscles in a comprehensive practical style which includes anatomy symptoms pain patterns physical examination and strategies for effective treatment Offers an ideal resource for training courses in trigger point injection osteopathy manual therapy and acupuncture Suitable for osteopathic physicians osteopaths chiropractors manual therapists acupuncturists and massage therapists as well as general physicians working in primary care physical medicine rehabilitation pain management and internal medicine

Fascia: The Tensional Network of the Human Body Robert Schleip, Peter Huijing, Thomas W. Findley, 2013-02-26 This book is the product of an important collaboration between clinicians of the manual therapies and scientists in several disciplines that grew out of the three recent International Fascia Research Congresses Boston Amsterdam and Vancouver The book editors Thomas Findley MD PhD Robert Schleip PhD Peter Huijing PhD and Leon Chaitow DO were major organizers of these congresses and used their extensive experience to select chapters and contributors for this book This volume therefore brings together contributors from diverse backgrounds who share the desire to bridge the gap between theory and practice in our current knowledge of the fascia and goes beyond the 2007 2009 and 2012 congresses to define the state of the art from both the clinical and scientific perspective Prepared by over 100 specialists and researchers from throughout the world Fascia The Tensional Network of the Human Body will be ideal for all professionals who have an interest in fascia and human movement physiotherapists osteopathic physicians osteopaths chiropractors structural integration practitioners manual therapists massage therapists acupuncturists yoga or Pilates instructors exercise scientists and personal trainers as well as physicians

involved with musculoskeletal medicine pain management and rehabilitation and basic scientists working in the field Reflects the efforts of almost 100 scientists and clinicians from throughout the world Offers comprehensive coverage ranging from anatomy and physiology clinical conditions and associated therapies to recently developed research techniques Explores the role of fascia as a bodywide communication system Presents the latest information available on myofascial force transmission which helps establish a scientific basis for given clinical experiences Explores the importance of fascia as a sensory organ for example its important proprioceptive and nociceptive functions which have implications for the generation of low back pain Describes new imaging methods which confirm the connectivity of organs and tissues Designed to organize relevant information for professionals involved in the therapeutic manipulation of the body's connective tissue matrix fascia as well as for scientists involved in basic science research Reflects the increasing need for information about the properties of fascia particularly for osteopaths massage therapists physiotherapists and other complementary health care professionals Offers new insights on the fascial related foundations of Traditional Chinese Medicine Meridians and the fascial effects of acupuncture

Medical Acupuncture Jacqueline Filshie, Adrian White, Mike Cummings, 2016-03-10 Comprehensively revised and expanded with vital new content the second edition of *Medical Acupuncture* continues to explore the realistic integration of acupuncture into conventional medicine Advocating the Western medical acupuncture approach WMA this science based compendium provides the trained practitioner with all the latest research on the effectiveness of WMA and its associated mechanisms techniques clinical practice and evidence *Medical Acupuncture* demonstrates a variety of needling techniques and clinical applications within the context of WMA and its evolution from traditional Chinese acupuncture using current knowledge of anatomy physiology and pathology alongside the principles of evidence based medicine Split into seven sections the book begins by establishing the roots of WMA in the Introduction and then progresses on to describe the mechanisms of action in Section 2 including peripheral components of stimulation and evidence from neuroimaging Sections 3 and 4 cover clinical approaches eg superficial needling electroacupuncture safety of acupuncture and techniques related to acupuncture TENS laser therapy Section 5 takes a closer look at the difficulties faced by trials and reviews while Section 6 goes on to showcase 21 clinical uses of WMA ranging from chronic pain mental health obstetrics and primary care to sports medicine respiratory conditions and neurology The final reference section contains dermatome myotome maps meridian channel charts and standard international nomenclature Comprehensive coverage of the scientific evidence and clinical application of acupuncture in medicine Balances the genuine benefits of acupuncture against unfounded claims Presents a wide range of treatable conditions from psychiatry and palliative care through to the pain clinic and veterinary medicine Clinical points boxes highlight key knowledge and learning Illustrated with over 130 drawings and photographs Content restructure and overhaul with contributions from over 40 world leading experts Individual chapters on the use of acupuncture for a wide range of medical conditions including gynaecology and infertility cancer and palliative care drug

dependence obesity sports medicine dentistry and veterinary practice Updated with the latest scientific evidence Expanded information on neuroanatomical and neurophysiological considerations in relation to the mechanisms of acupuncture

Optimal Healing Patricia Tsang,2008-09 Reflecting training and experience in both Eastern and Western medicine this reference uses a scientific perspective to shed light on the teaching and practices of traditional Chinese medicine TCM In addition the resource compares TCM to conventional Western approaches and shows the optimal way to integrate the two disciplines

E-Book - Ear Acupuncture Kajsa Landgren,2008-05-23 Ear Acupuncture provides an up to date practical guide to the principles and practice of Chinese and Western ear acupuncture Written clearly with a practical and sensible approach this book is aimed at both the student and also the practitioner Excellent two colour illustrations are used throughout to illustrate the text Additionally it integrates the Chinese and Western opinions and also includes chapters covering ear acupuncture used in the treatment of addiction and also the Western theories about how acupuncture works Written with a practical and very sensible approach Clearly presented and easy to read Excellent 2 colour illustrations are used throughout to illustrate the text Includes an appendix of acupuncture points

Micro-Acupuncture in Practice Yajuan Wang,2008-05-14 Unique and comprehensive this resource thoroughly discusses the various micro acupuncture systems with clear and clinically useful information for practice including styles of practice throughout the world overviews of each system and treatment for common disorders All micro systems are covered including information on point locations and functions Treatment protocols are given for more than 50 common diseases and conditions providing the tools necessary for the most effective treatment of patients The books readability evidence based approach excellent organization detailed illustrations comprehensive coverage of all micro systems and practical therapeutic treatment guidelines for commonly seen conditions make it an essential for anyone treating patients with acupuncture Covers all micro acupuncture systems including point locations and functions providing you with a wide variety of clinical tools all in one reference Treatment protocols for more than 50 conditions listed alphabetically for quick reference Logically organized with consistent coverage of introductory material micro systems and treatment protocols Clear and detailed illustrations and photos that show locations of acupuncture points and each micro system s relationship to the body enhancing your understanding of treatment techniques Based on current research with evidence behind the systems to ensure you are using the most authoritative information in the field Author Yajuan Wang an instructor at a major naturopathic university has more than 20 years of clinical experience

Pain Management in Primary Care Yvonne D'Arcy,Deborah Kiley,2020-09-21 Covers the entire scope of pain management with evidence based guidance Written specifically for APRNs and PAs this evidence based text delivers practical guidance on how to assess treat and manage patients with pain in the primary care and family practice setting Written by pain management experts well versed in both pharmacologic and non pharmacologic therapies the text encompasses the entire scope of pain management Following an overview of the sources and physiology of pain Pain

Management in Primary Care delineates a multidimensional assessment approach and guides readers in developing a patient care plan With an emphasis on strategies for safe prescribing an extensive portion of the book addresses regulatory considerations special populations and thorough coverage of how to safely prescribe opioids This includes risk screening proper management and identification and treatment of withdrawal Woven throughout is a focus on the importance of interprofessional communication and collaboration in effective pain management The text also provides concise easy to reference information about medications supplements and non opioid therapeutics Abundant case scenarios and clinical pearls help readers apply knowledge to their own practice Key Features Covers the entire scope of pain management with evidence based guidance on assessment treatment and pain management Emphasizes strategies for safely prescribing medications Includes detailed information on non opioid and over the counter medications opioids and interventional pain management options Provides risk screening tools and tips for proper selection titration and tapering of medications Describes how to identify and treat opioid withdrawal Illustrates application of knowledge to practice with case scenarios and clinical pearls

Diagnosis and Management of Head and Face Pain James Y. Suen,Erika Petersen,2018-07-20 This text is a comprehensive guide to the evaluation of patients with head and face pain It is a resource for any physician or dentist to properly diagnosis and to learn the options for treating head and face pain as well as know when to refer a patient to a specialist and how to identify which specialist is needed It discusses the basic anatomy etiology and pathophysiology of head and face pain classification guidelines for treatment and clinical case examples Additional chapters on nerve blocks nerve stimulators radiosurgery microvascular decompression Botox and alternative and complementary medicine are also included Diagnosis and Management of Head and Face Pain will be an invaluable resource for otolaryngologists family physicians oral surgeons dentists neurologists neurosurgeons pain specialists and patients who suffer from head and face pain

Biomechanical Spectrum of Human Sport Performance Redha Taiar,Mario Bernardo-Filho,2020-06-23 Writing or managing a scientific book as it is known today depends on a series of major activities such as regrouping researchers reviewing chapters informing and exchanging with contributors and at the very least motivating them to achieve the objective of publication The idea of this book arose from many years of work in biomechanics health disease and rehabilitation Through exchanges with authors from several countries we learned much from each other and we decided with the publisher to transfer this knowledge to readers interested in the current understanding of the impact of biomechanics in the analysis of movement and its optimization The main objective is to provide some interesting articles that show the scope of biomechanical analysis and technologies in human behavior tasks Engineers researchers and students from biomedical engineering and health sciences as well as industrial professionals can benefit from this compendium of knowledge about biomechanics applied to the human body

Acupuncture and Moxibustion as an Evidence-Based Therapy for Cancer William C.S. Cho,2012-10-13 Required reading for professionals needing a contemporary overview of the wealth of research

on acupuncture and moxibustion in cancer care this survey includes opinions from key experts and is the first to examine in depth the latest scientific evidence **Alternative Medicine and Spinal Cord Injury** Laurance Johnston, 2005-11-01

Studies indicate that 40% of Americans use some form of alternative medicine for individuals with long term disabilities learning about their options is even more critical Written by the former director of the Spinal Cord Research and Education Foundation of the PVA this is the first book to cover alternative therapies for spinal cord injury From acupuncture to laser based therapies herbal medicine homeopathy craniosacral therapy magnetic healing and more the book empowers readers by Providing clear reliable information on alternative choices to traditional health care Equipping readers to make more informed decisions about their own health care Tailoring information to meet the specific needs of the approximately 450 000 individuals living with a spinal cord injury Providing healing modalities that minimize the risks that are especially relevant to people with SCI like overmedication hospitalization and life threatening infections For those who have been forced to rely on the advice of the traditional medical specialist for their health care this book opens a broad array of holistic options It is essential for anyone suffering from a spinal cord injury their families friends caregivers and health care providers

Fundamentals of Complementary and Alternative Medicine - E-Book Marc S. Micozzi, 2014-11-20 Practitioners like you have been turning to Micozzi's comprehensive CAM text for the past 20 years Filled with the most up to date information on scientific theory and research and updated contributions from world experts *Fundamentals of Complementary and Alternative Medicine* 5th Edition gives you a solid foundation of the therapies and evidence based clinical applications for CAM and expands your global perspective with new and updated chapters on healing systems from around the world Dive into interesting discussions on massage manual therapies and bodywork yoga chiropractic osteopathy herbal medicine aromatherapy and essential oils therapy nature cure naturopathy and naturopathic medicine and nutrition and hydration With its wide range of topics this 20th anniversary edition is your ideal CAM reference A broad perspective traces CAM therapies from their beginnings to present day practices Clinical guides for selecting therapies and new advances for matching the appropriate therapy to the individual patient enables you to offer and or recommend individualized patient care Expert contributors include well known writers such as Kevin Ergil Patch Adams Joseph Pizzorno and Marc Micozzi himself A unique synthesis of information including historical usage cultural and social analysis current basic science theory and research and a wide range of clinical investigations and observations makes this text a focused authoritative resource Suggested readings and references in each chapter list the best resources for further research and study Coverage of CAM therapies and systems includes those most commonly encountered or growing in popularity so you can carefully evaluate each treatment An evidence based approach focuses on treatments best supported by clinical trials and scientific evidence Observations from mechanisms of action to evidence of clinical efficacy answers questions of how why and when CAM therapies work Global coverage includes discussions of traditional healing arts from Europe Asia Africa and the Americas

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