



# **Mutual Aid Groups, Vulnerable & Resilient Populations, and the Life Cycle**

THIRD EDITION

Edited by Alex Gitterman & Lawrence Shulman

# Mutual Aid Groups Vulnerable And Resilient Populations And The Life Cycle

**BM King**



## **Mutual Aid Groups Vulnerable And Resilient Populations And The Life Cycle:**

**Mutual Aid Groups, Vulnerable and Resilient Populations, and the Life Cycle** Alex Gitterman, Lawrence Schulman, 2005-02-23 The contributors to this volume examine the role of mutual aid groups and social workers in helping members of oppressed vulnerable and resilient populations regain control over their lives The chapters reveal the ways in which mutual aid processes help individuals overcome social and emotional trauma in contemporary society by reducing isolation universalizing individual problems and mitigating stigma Using the life cycle as a framework the editors establish a theoretical model for practice and demonstrate how social workers as group leaders can foster the healing and empowering process of mutual aid The contributors also consider the fundamentals of the mutual aid process the institutional benefits of group service and specific clinical examples of mutual aid groups Each chapter offers detailed case materials that illustrate both group work skills and developmental issues for a variety of populations and settings including HIV positive and AIDS patients the homeless and perpetrators and victims of sexual abuse and family violence New chapters in this completely revised and updated third edition illustrate the power of mutual aid processes in dealing with children traumatized by the events of September 11 adult survivors of sexual abuse parents with developmentally challenged children people with AIDS in substance recovery and mentally ill older adults

**Mutual Aid Groups, Vulnerable Populations, and the Life Cycle** Alex Gitterman, Lawrence Shulman, 1994 Topics include the fundamentals of the mutual aid process the institutional benefits of group service and specific clinical examples of mutual aid groups New chapters in this second edition include discussions of HIV positive and AIDS patients the homeless and perpetrators and victims of sexual abuse and family violence

**A Mutual-Aid Model for Social Work with Groups** Dominique Moyse Steinberg, 2014-02-24 Group work is a popular and widely used social work method Focusing particularly on the central role of mutual aid in effective group work this text presents the theoretical base outlines core principles and introduces the skills for translating those theories and principles into practice A Mutual Aid Model for Social Work with Groups will help readers to catalyze the strengths of group members such that they become better problem solvers in all areas of life from the playroom to the boardroom Increased coverage of evaluation and evidence based practice speaks to the field's growing concern with monitoring process and assessing progress The book also includes worker based obstacles to mutual aid their impact and their antidotes pre group planning including new discussion on curriculum groups group building by prioritizing certain goals and norms in the new group the significance of time and place on mutual aid and the role of the group worker maintaining mutual aid during so called individual problem solving an expanded discussion of anti oppression and anti oppressive practice unlocking a group's potential to make difference and conflict useful special considerations in working with time limited open ended and very large groups Case examples are used throughout to help bridge the gap between theory and practice and exercises for class or field help learners to immediately apply conceptual material to their practice All resources required to carry out the exercises are contained in over 20

appendices at the end of the book Key points at the end of each chapter recap the major concepts presented and a roster of recommended reading for each chapter points the reader to further resources on each topic Designed to support ethical and successful practice this textbook is an essential addition to the library of any social work student or human service practitioner working with groups

**Social Workers' Desk Reference** Lisa Rapp-McCall, Al Roberts, 2022 The Social Worker's Desk Reference fourth edition remains the definitive resource for social work students and professionals Expanded sections on current hot topics such as white nationalism gaming disorder substance abuse LGBTQ populations suicide sexual violence in the military and vulnerable populations make the fourth edition a fully updated and essential reference

*Group Work across Populations, Challenges, and Settings: Oxford Bibliographies Online Research Guide* Oxford University Press, 2010-05-01 This ebook is a selective guide designed to help scholars and students of social work find reliable sources of information by directing them to the best available scholarly materials in whatever form or format they appear from books chapters and journal articles to online archives electronic data sets and blogs Written by a leading international authority on the subject the ebook provides bibliographic information supported by direct recommendations about which sources to consult and editorial commentary to make it clear how the cited sources are interrelated related A reader will discover for instance the most reliable introductions and overviews to the topic and the most important publications on various areas of scholarly interest within this topic In social work as in other disciplines researchers at all levels are drowning in potentially useful scholarly information and this guide has been created as a tool for cutting through that material to find the exact source you need This ebook is a static version of an article from Oxford Bibliographies Online Social Work a dynamic continuously updated online resource designed to provide authoritative guidance through scholarship and other materials relevant to the study and practice of social work Oxford Bibliographies Online covers most subject disciplines within the social science and humanities for more information visit [www.aboutobo.com](http://www.aboutobo.com)

**The Life Model of Social Work Practice** Alex Gitterman, Caryl B. Germain, 2008-05-27 Originally published in 1980 this seminal work was the first to introduce an ecological perspective into social work practice The third edition expands and deepens this perspective further developing the basic premise that by being situated within the people environment interface the social work profession is distinct from other service professions The book presents the what theories and concepts and the how practice methods to help people with their life stressors and simultaneously to influence communities organizations and policymakers to be more responsive to them In this edition Gitterman and Germain examine major changes to our socioeconomic and political landscape They restore a chapter on the history of social work practice offering a view of the limited services for African Americans provided by settlements and charity organization societies Building on the African American self help and mutual aid traditions this chapter traces the replication of a parallel social service system by African American leaders for their own communities The chapter also addresses the impact of contemporary societal trends including the global economy immigration cultural

changes and the technology revolution In addition it discusses current professional contexts of managed mental health care evidence based practice and the professional uses of technology A new chapter explores issues and processes embedded in assessment practice monitoring and practice evaluation The volume continues to feature innovative schema for assessment and intervention with respect to stressful life transitions and traumatic events environmental pressures and dysfunctional interpersonal processes Practice illustrations offer reflections of today s major social issues such as AIDS homelessness and modern forms of violence

Encyclopedia of Social Work with Groups Alex Gitterman,Robert Salmon,2009-06-02 What do you have to know today to be an effective group worker and what are the different group work approaches With 110 articles and entries this book provides a comprehensive overview of social work with groups from its initial development to its astounding range of diverse practice today with many populations in different places The articles have been written by social workers trained in the group approach from the United States Canada England Australia Spain and Japan and all involved are well known group workers acknowledged as experts in the area The book covers all aspects of social work with groups including its history values major models approaches and methods education research journals phases of development working with specific populations and ages plus many more Each article includes references which can be a major resource for future exploration in the particular subject area Both editors have many years of productive work in group work practice and other areas and are board members of The Association for the Advancement of Social Work with Groups The Encyclopedia of Social Work with Groups will be of interest to students practitioners social work faculty novice and experienced group workers

**Anarchist Perspectives for Social Work** Alexander W. Sawatsky,2024 This book seeks to rigorously and specifically engage with anarchist theory and find application to social work fields of practice and social work theory

**Social Work, Sociometry, and Psychodrama** Scott Giacomucci,2021-02-23 This open access book outlines the intersections between social work and the methods of sociometry and psychodrama Different sections offer essential practice wisdom for both trauma focused and trauma informed experiential work for individuals groups organizations and communities This text enriches the understanding of various action based approaches and highlights how to enliven social work practice The chapters include clinical vignettes and examples of structured sociometric prompts with diverse populations topics and social work settings to enhance the understanding of group practice individual practice and community practice It provides social workers and other professionals with dynamic tools to improve assessment intervention activism and leadership Strength based practical tools are offered to readers along with guidance for theoretical conceptualizations This integrative book is an essential read for students practitioners leaders and scholars within the fields of social work psychodrama the creative art therapies group therapy community organizing and social activism

Encyclopedia of Social Work ,1965      Group Work Urania Glassman,2008-10-08 A book that supports the human spirit and the humanistic visions of those who champion personal and social change through the social work group The Second

Edition of Group Work A Humanistic and Skills Building Approach identifies the humanistic values and democratic norms that guide the group practitioner s interventions The book presents seven stage themes of group development 29 techniques for group work practice and more than 60 new illustrations from contemporary group work The Second Edition remains centered on the role of the social group work practitioner who employs group work methods to further the personal growth and empowerment of members in community and institutional contexts Features of the Second Edition Offers 29 new descriptions of group work practice techniques which have applicability in clinical support and organizational groups Provides seven stage themes of group development describing member reactions and highlighting worker pitfalls self awareness issues and skills for maximizing member growth within each stage Presents 60 new illustrations of group meetings which demonstrate the practitioner role and conclude with discussion and analysis Includes an updated Chapter 10 which highlights ethical values in mental health substance abuse treatment and health care groups Intended Audience This is an ideal core text for advance undergraduate and graduate courses such as Group Work Foundation Practice Skills of Counseling and Group Dynamics in the fields of social work psychology and counseling

**Counseling Adolescents Through Loss, Grief, and Trauma** Pamela A. Malone, 2016-02-19 Loss grief and trauma come into the lives of adolescents in many forms and with more frequency than the adults in their lives may realize Assessing the depth and nature of their emotions can be difficult adolescents are typically reluctant to show strong emotions and can be difficult to reach particularly when they experience the untimely death of a loved one How best to work with a young person who may have trouble communicating their emotions even under the best of circumstances And what if he or she has learned about the death of a loved one or classmate from another peer rather than a family member What about gender differences and the influence of culture and family What role do cell phones text messaging and technologies such as Facebook play in the adolescent grief experience Adolescents use of technology creates unlimited access to friends support systems and information but news that spreads quickly without buffering effects can intensify the strength of the adolescent grief responses Counseling Adolescents Through Loss Grief and Trauma not only examines these issues it also provides clinicians with a wealth of resources and time tested therapeutic activities that are sure to become an indispensable part of any clinician s practice

**Case Studies in Social Work Practice** Craig W. LeCroy, 2014-01-14 A practical approach to understanding social work concepts in action that integrates theory and practice In this updated edition of the classic social work text students and instructors have access to real world demonstrations of how social work theories and concepts can be applied in practice The case studies in this book bridge the gap between the classroom and the field by allowing students to discover the when why and how of social work principles Brief but comprehensive topic overviews are brought to life by case studies that apply general theories to the work of social work Each of the book s nine sections cover an essential area of social work encompassing the micro mezzo and macro levels Highly readable explanations are followed by 35 case studies relating theory to the living practice of real

social workers Topics include Generalist Practice Family Therapy Treatment of Adults and Diversity Approaching each topic from a variety of different theoretical bases this essential text allow students to learn by concrete example experiencing social work concepts as they are applied in the profession today     **A-Z of Groups and Groupwork** Mark Doel,Timothy Kelly,2013-11-28 Launching Palgrave s new interdisciplinary Professional Keywords series this reader friendly reference guide distils the vast field of groupwork study and practice into digestible yet authoritative chunks With over 60 alphabetized entries it is the perfect introduction to groupwork for health and social care practice     **Social Work Treatment** Francis J. Turner,2011-03-15 First published in 1974 Social Work Treatment remains the most popular and trusted compendium of theories available to social work students and practitioners It explores the full range of theoretical approaches that drive social work treatment and knowledge development from psychoanalysis to crisis intervention This treasure trove of practice knowledge equips professionals with a broad array of theoretical approaches each of which shine a spotlight on a different aspect of the human condition Emphasizing the importance of a broad based theoretical approach to practice it helps the reader avoid the pitfalls of becoming overly identified with a narrow focus that limits their understanding of clients and their contexts This sweeping overview of the field untangles the increasingly complex problems ideologies and value sets that define contemporary social work practice The result is an essential A to Z reference that charts the full range of theoretical approaches available to social workers regardless of their setting or specialty     ***Empowerment Practice with Families in Distress*** Judith Bula Wise,2005-02-09 For more than 150 years empowering practices have been used by social workers in their work with families but the techniques of today differ significantly from those of the pioneers or even from those of a few years ago Today s practitioners recognize that empowering others is impossible social workers can however assist others as they empower themselves This book integrates time honored approaches with today s more modest goals mindful of what empowerment can and cannot do Synthesizing several theoretical supports the strengths perspective system theory theories of family well being and theories of coping the author responds to the question What works with today s families in need Practice illustrations are provided throughout to bring concepts to life and more important to present families describing their own experiences with achieving empowerment     **A Resilience-Enhancing Stress Model** Roberta Greene,Nicole Dubus,Nancy Greene,2022-08-23 Social work practice has evolved to meet the needs of the time the problems that are present and the knowledge and skills available Given the more recent rapidly changing stressful environments political economic demographic sociocultural and ideological change has affected how practice is defined Now it is even more essential for there to be innovative theoretical concepts and intervention strategies to support current practice This textbook addresses today s context of social work practice that needs to deal with the complexity of personal and social relationships the continuing historical flux of the times and the constant anxiety or threats and pulls of daily life The text is based on the idea that social work practice requires a research and theoretical base that allows practitioners to build on a client s ability

to persist in the face of life's challenges and to proceed positively with life events. The Resilience Enhancing Stress Model (RESM) is an outgrowth of the profession's interest in strength-based person-environment approaches grounded in generalist social work practice that offers a range of intervention practice methods with diverse individuals, families, groups, organizations, and communities. RESM was developed to provide the skill set for working with clients and constituencies across the individual, family, community, and configuration during times of distress. It also can be a welcomed addition to social work practice with people undertaking life transitions and overcoming disruption to individual, family, and community function. Topics explored include: An Evolving Resilience Enhancing Stress Model; Interviewing to Promote Resilience Among Marginalized Populations; Co-creating a Grand Narrative; The Intersection of Individual, Family, and Community Practice; Connecting Communal Living, Ecology, and Resilience; A Resilience Enhancing Stress Model; A Social Work Multisystemic Practice Approach. This is a timely text for human behavior and practice methods at the generalist or advanced generalist levels in social work. It can also be used at the doctoral level of social work education depending on the professor's attention to the depth of theoretical concepts. Practitioners in the field may find the contents useful to their professional enrichment.

**Intercultural Twinning**, 2022-08-15 In an ever-changing and interdependent world, diversity has become the norm, not the exception. Our constantly evolving understanding of intercultural communication and its rich complexities calls us to question, review, and renew our intervention practices. *Intercultural Twinning: A Commitment for a Pluralistic Society* examines the impact of intercultural twinings when people of different backgrounds, ethnicities, languages, and religions come into contact with each other in a variety of learning and work environments. These twinings are more than language exchanges because they promote intercultural contacts, constructive individual interactions, and ultimately more harmonious intergroup relations. Whether face-to-face or virtual, it is through these exchanges that participants learn from each other and appreciate the challenges and benefits of discovering the Other. The contributors to this volume explore theoretical models, methods, and intervention tools to support the work of teachers, researchers, practitioners, and university students. *The Older Prisoner*, Diete Humblet, 2021-01-23 This book critically explores the world of older prisoners to provide a more nuanced understanding of imprisonment at old age. Through an ethnographical study of male and female older prisoners in two Belgian prison settings, one in which older prisoners are integrated and one in which they are segregated, it informs debates and seeks to recognize ageist discourse, attitudes, and practices in prison. *The Older Prisoner* seeks to situate the older prisoner from both a penological and gerontological perspective, organized around the following broad themes: the construction of the older prisoner, the physical prison world, the social prison world, surviving prison, and giving meaning. The book allows readers to navigate between contrasting perspectives and voices rather than reinforcing traditional narratives and prevailing discourses on the older prisoner. In doing so, it hopes to open up a broader dialogue on ageing and punishment. It also offers insights into the concept of meaning in life as an analytical tool to study prisoners. *Group Work Stories*



*Celebrating Diversity* Andrew Malekoff, 2018-10-18 Group Work Stories Celebrating Diversity is a most timely book about group work practice and education that highlights the theme of diversity which encompasses acceptance and respect for various dimensions of difference Dimensions of diversity include race ethnicity gender sexual orientation socio economic status age physical or intellectual abilities linguistic difference religious beliefs international or regional origin lifestyle political beliefs or other ideologies as well as the varying and complex intersection of these various dimensions The thirty one meaningful stories in this book explore these differences leading to understanding and to moving beyond simple tolerance to mutual empathy genuine and open encounter and the celebration of the rich dimensions of diversity Readers will enjoy this wonderfully intimate and intriguing collection and will be moved to share them with others to help to spread the word about the importance of embracing understanding and celebrating diversity This book with an international cast of authors practitioners educators and students is a welcome antidote to the divisiveness and suspicion that swirl around difference and have become a sad hallmark of current times This book was originally published as a special issue of the Social Work with Groups journal

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### **Mutual Aid Groups Vulnerable And Resilient Populations And The Life Cycle Introduction**

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