



# Effective Health Care Program

Comparative Effectiveness Review  
Number 103

## **Migraine in Adults: Preventive Pharmacologic Treatments**



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# Migraine In Adults Preventive Pharmacologic Treatments Comparative Effectiveness Review Number 103

**Arturo Cuomo**



### **Migraine In Adults Preventive Pharmacologic Treatments Comparative Effectiveness Review Number 103:**

*Migraine* David Dodick FRCP (C), FACP, MD, Stephen Silberstein MD, FACP, FAHS, FAAN, 2016-03-16 Migraine is a compilation of the most up to date research advances in the biology and clinical science of the third most common illness in medicine This text is a comprehensive guide to its treatment that includes established principles and recent findings The authors provide an up to date overview of the evidence and combine this with their experience and expertise to help practitioners make informed treatment decisions Preventive Pharmacological Treatments for Migraine in Adults Michelle Brasure, Minnesota Evidence-based Practice Center, 2013 This Future Research Needs FRN project is a followup to the Comparative Effectiveness Review CER Preventive Pharmacologic Treatments for Migraine The review was motivated by uncertainty around the effectiveness comparative effectiveness and safety of pharmacologic treatments for the prevention of episodic or chronic migraine in adults To identify research needs this FRN project used a deliberative process to identify evidence gaps translate gaps into researchable questions and solicit stakeholder opinion on the importance of research questions Addressing these research needs should provide information potentially of value to decisionmakers The research questions addressed in the CER relied upon an analytic framework from the original CER The framework describes a process experienced by adults with episodic or chronic migraine seeking preventative pharmacologic treatments Differentiating between chronic or episodic migraine according to their clinical definitions depends on headache frequency frequency of migraine type headaches the presence of aura and the possibility of headaches associated with overusing acute pain medication However in practice these categories are often simplified in studies with episodic indicating fewer than 15 headache days per month and chronic indicating 15 or more headache days per month The review addressed important Key Questions KQs about the efficacy and comparative effectiveness of these treatments KQ 1 evaluating the safety of these treatments KQ 2 and the identification of patient characteristics that predict the effectiveness and safety of pharmacologic treatments for preventing migraine attacks in adults KQ 3 Migraine Management Jerry W. Swanson, Manjit Matharu, 2024-02-01 Migraine Management Volume 196 covers the effective treatment of migraines including different subtypes of migraines in different patient populations The classification and diagnostic criteria of common and uncommon subtypes of migraine is explored in detail including childhood variants An in depth analysis of the pharmacology of acute and prophylactic agents is presented along with an evidence based review of pharmacologic management This includes recently developed CGRP monoclonal antibodies and non peptide small molecule CGRP antagonists Advances in neuromodulatory treatments both noninvasive and implantable are also critically reviewed Finally specific treatment related issues in pregnancy and lactation and childhood as well as the elderly are covered Issues related to the diagnosis and management of vestibular migraine and the co morbid disorder of persistent postural perceptual dizziness is also explored Summarizes evidence based best treatment for migraines Differentiates treatment based on patient population migraine type and clinical

setting Includes pharmacological biobehavioral and physical treatments Provides specialized treatments for children the elderly and pregnant patients      *Oxford Textbook of Headache Syndromes* Michel Ferrari, Andrew Charles, Joost Haan, David Dodick, Fumihiko Sakai, 2020 Headache syndromes rank amongst the most common presenting symptoms in general practice and neurology affecting up to 15% of the adult population Part of the Oxford Textbooks in Clinical Neurology series the Oxford Textbook of Headache Syndromes provides clinicians with a definitive resource for diagnosing and managing patients with primary and secondary forms of headaches either as isolated complaints or as part of a more complex syndrome Split into 7 key sections with 59 chapters this comprehensive work discusses the scientific basis and practical management of headache syndromes in a logical format Each chapter is written by international experts in neurology who share their research and extensive experience by providing a wealth of practical advice for use in clinical situations In addition all content is up to date and chapters incorporate discussions on the latest International Classification of Headache Disorders 3rd edition when relevant      **Index Medicus** , 2004 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

**New Therapeutic Options for Rare Diseases** Sascha Meyer, Juergen Brunner, Oliver Semler, E. Ann Yeh, Andrea Lynne Gropman, 2022-02-14      *Liu, Volpe, and Galetta's Neuro-Ophthalmology E-Book* Grant T. Liu, Nicholas J. Volpe, Steven L. Galetta, 2018-01-23 Liu Volpe and Galetta's Neuro Ophthalmology Diagnosis and Management 3rd Edition remains unique in its complete authoritative coverage of the diagnosis and treatment of neurological disorders affecting the eye Bridging the gap between a handbook and an encyclopedic resource it distills a vast amount of information into a single concise superbly illustrated volume User friendly and thoroughly up to date this highly renowned reference is a one stop resource for current information in this growing area Combines over 1 000 illustrations and cross references with tables outlines and flow diagrams to provide you with everything you need to understand the underlying presentation pathophysiology neuroimaging and diagnostic studies in neuro ophthalmology along with the ideal diagnostic treatment and ongoing management tools for all neuro ophthalmic conditions Covers the neurological examination and the bedside neuro ophthalmic evaluation of comatose patients that demonstrates how the examination can be used to confirm a diagnosis arrived at from the patient history Includes the expertise and knowledge of a small hand picked contributor team that ensure the latest advances are incorporated into each chapter Contains increased coverage on the use of optical coherence tomography OCT and its role in revolutionizing the ability to make more accurate neuro ophthalmic diagnoses Features twice the number of videos as the previous edition including new footage of eye movement and eyelid disorders pupillary abnormalities and examination techniques Also included are instructional videos demonstrating diagnostic bedside vestibular techniques in addition to therapeutic repositioning maneuvers used to treat all variants i e posterior horizontal and anterior canals of benign paroxysmal positional vertigo BPPV Provides all new information on gaze disorders nystagmus and neuro ophthalmic manifestations of demyelinating disease Presents current knowledge on vestibular disease and the neuro ophthalmic

manifestations of head trauma as well as brainstem cerebellar and degenerative diseases Expert Consult™ eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices Herbal Formulary for Health Professionals, Volume 4 Jill Stansbury, 2020-07-02 The fourth in Dr Stansbury's acclaimed five volume masterwork for herbalists and medical professionals the best resource available for the modern clinical practice of Western herbal medicine Herbal Formulary for Health Professionals is a comprehensive five volume reference for herbalists physicians nurses and allied health professionals Dr Jill Stansbury draws on decades of clinical experience and her extensive research to provide an unparalleled range of herbal formulas organized by body system Volume 4 focuses on herbal formulas for cognitive neurologic and emotional conditions including Psychiatric disorders such as anxiety depression insomnia dissociative disorders post traumatic stress disorder PTSD as well as formulas to treat drug addiction Acute and chronic pain such as headaches sinus pain muscle pain neuralgia gastrointestinal pain and pain from injuries Peripheral nerve issues such as neuropathy and nerve trauma Central nervous system disorders such as seizures Parkinson's and dementia Each chapter includes a section describing individual herbs with tips on their properties modes of action and the specific symptoms each plant best addresses Together Dr Stansbury's expert formularies comprise a practical manual for budding and seasoned herbalists alike on the sophisticated art of fine tuning herbal treatments for the constitution and overall health of an individual patient The text aims to teach by example helping clinicians develop their own intuition and ability to create effective herbal formulas **Migraine Pain Management** Stephen B.

Shrewsbury, 2024-10-24 Migraine Management Current Pharmacological and Non pharmacological Options is a comprehensive guide to established recent and ongoing pharmaceuticals and device development projects The book provides detailed information on the historical developments of migraine pain management druggable targets drugs action mechanisms drugs for acute treatment and preventive care of patients administration routes and alternative treatments This is the ideal reference for academic researchers interested in anti migraine pharmacology It will also be a perfect reference for physicians and care professionals involved in the well being of migraine patients Offers a comprehensive overview of pharmacological and alternative migraine pain treatment options Covers the historical developments and current targets for drug development and delivery routes Provides insights into comorbidities and their impact in patient compliance to treatment **Preventive Pharmacological Treatments for Migraine in Adults**, 2013 Conn's Current Therapy 2017

E-Book Edward T. Bope, Rick D. Kellerman, 2016-10-10 Covering more than 300 clinically relevant topics Conn's Current Therapy 2017 by Drs Edward T Bope and Rick D Kellerman offers an in depth personal approach to treatment from international experts ideally suited for today's busy medical practitioners Trustworthy and easy to use this annually updated resource focuses solely on the most current treatment protocols for common complaints acute diseases and chronic illnesses you're likely to see New chapters and numerous new authors in this edition bring you fully up to date on the topics you need

to know about for effective patient care Reliable in depth systems based content suitable for all first line of defense providers Thorough PharmD review of recently approved and soon to be approved drugs Easy access to the latest evidence based treatment practices for the most effective results More than 400 easy to understand tables make referencing complex data quick and easy Nearly 300 images including algorithms anatomical illustrations and photographs provide useful information for diagnosis Consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability Easy access to the latest evidence based treatment practices for the most effective results Seven new chapters cover palliative care pancreatic cancer babesiosis Zika virus sexual dysfunction bronchiolitis and failure to thrive New authors provide a fresh perspective and their personal approach to scores of conditions and topics including arboviruses and other emerging viruses

**Cumulated Index Medicus**, 1969 *Biobehavioral Approaches to Pain* Rhonda J. Moore, 2008-12-16 Pain is a common symptom yet it is frequently underevaluated and undertreated It is difficult to define describe and sometimes to prove It s pain and suspicions of exaggerations often add further insult to a patients injuries Biobehavioral Approaches to Pain translates this highly subjective experience and its physical psychological social and cultural dimensions into practical insights key to transforming the field of pain management This pathbreaking volume synthesizes a rich knowledge base from across disciplines including neurobiologic genetic biobehavioral clinical narrative substance abuse health services ethical and policy perspectives for a deeper understanding of the impact of pain on individual lives and the larger society Its international panel of contributors highlights special issues and review best practice guidelines from placebo effects to cancer Whiplash Associated Disorders to pain imaging to complementary medicine phantom limb pain to gene therapies to AIDS Among the topics covered The distinction between acute and chronic pain is it clinically useful Improving clinical assessment of patients with pain Age and sex differences in pain The what how and why of the placebo and nocebo effect Psychosocial and partner assisted biopsychosocial interventions for disease related pain Substance abuse issues in pain treatment The personal social and economic costs of chronic pain Biobehavioral Approaches to Pain offers clinical and health professionals psychologists as well as specialists in pain management or palliative care new directions in their ongoing dialogue with patients Given the prevalence of pain in the general population it should also interest researchers and students in the field of public health

**Molecular Mechanisms of Neuropathic Pain and Novel Therapeutic Targets** Wuping Sun, Yong Chen, Tao Liu, Xiaodong Liu, 2022-02-22 **Conn's Current Therapy 2020, E-Book** Rick D. Kellerman, KUSM-W Medical Practice Association, 2019-12-07 Designed to suit a wide range of healthcare providers including primary care subspecialties and allied health Conn s Current Therapy has been a trusted clinical resource for more than 70 years The 2020 edition continues this tradition of excellence with current evidence based treatment information presented in a concise yet in depth format More than 300 topics have been carefully reviewed and updated to bring you state of the art information even in the most rapidly changing areas of medicine Offers personal approaches from recognized leaders in the

field covering common complaints acute diseases and chronic illnesses along with the most current evidence based clinical management options Follows a consistent easy to use format throughout with diagnosis therapy drug protocols and treatment pearls presented in quick reference boxes and tables for point of care answers to common clinical questions Includes new and significantly revised chapters on neurofibromatosis autism psoriatic arthritis and postpartum depression Features thorough updates in areas critical to primary care including Acute Myocardial Infarction Hypertension Peripheral Arterial Disease Valvular Heart Disease Hepatitis C Irritable Bowel Syndrome Obsessive Compulsive Disorder Chronic Obstructive Pulmonary Disease Fibromyalgia Menopause Travel Medicine and more Provides current drug information thoroughly reviewed by PharmDs Shares the knowledge and expertise of new contributors who provide a fresh perspective in their specialties Features nearly 300 images including algorithms anatomical illustrations and photographs that provide useful information for diagnosis      Conn's Current Therapy 2018 E-Book Rick D. Kellerman,Edward T. Bope,2017-11-10 Designed for busy primary care specialists and other first line care providers Conn s Current Therapy 2018 by Drs Edward T Bope and Rick D Kellerman delivers up to date treatment information in a concise yet in depth format Recognized leaders in the field provide their personal approaches and evidence based clinical management options for the conditions you re most likely to see in your everyday practice Follows a consistent templated format throughout with diagnosis therapy drug protocols and treatment pearls presented in easy to use boxes and tables for fast reference Focuses on the most current diagnosis and treatment protocols for common complaints acute diseases and chronic illnesses more than 300 topics all carefully reviewed and updated Features new and significantly revised chapters on Acute Myocardial Infarction Hypertension Peripheral Arterial Disease Valvular Heart Disease Hepatitis C Adrenocortical Insufficiency Urethral Strictures Obsessive Compulsive Disorder Chronic Obstructive Pulmonary Disease Fibromyalgia Menopause Travel Medicine and much more Provides current drug information thoroughly reviewed by PharmDs      Advanced Therapeutics in Pain Medicine Sahar Swidan,Matthew Bennett,2020-12-17 Chronic pain places a tremendous burden on both the patient and the healthcare system The use of opioids to address pain has resulted in negative impacts As practitioners work to undo the current opioid crisis options to manage pain need a new approach Advanced Therapeutics in Pain Medicine offers pioneering approaches to this intransigent problem providing a functional medicine approach toward treating pain This book is dedicated to the advancement of non opioid therapeutic options that offer real progress in reaching a future of better pain management With an emphasis on pathophysiology chapters review various types of pain and propose comprehensive treatment plans These include manual therapies novel pharmacologic and plant based approaches hormonal effects on pain pathways as well as psychological and lifestyle interventions Features Written by a multi disciplinary team the book provides clinicians with multiple non opioid treatment considerations Enables practitioners to shift from a one size fits all treatment approach toward individualized patient care Includes case studies to help educate the provider on how to implement treatment plans in

practice Written by a team of physicians pharmacists psychologists and researchers this important book offers a much needed step forward in optimizing pain care and benefits practitioners who care for patients experiencing chronic pain

Conn's Current Therapy 2016 E-Book Edward T. Bope, Rick D. Kellerman, 2015-12-09 Designed for busy medical practitioners who need a trustworthy current and easy to use resource Conn's Current Therapy 2016 focuses solely on up to date treatment protocols for the most common complaints acute diseases and chronic illnesses Covering more than 300 topics Drs Edward T Bope and Rick D Kellerman present the expertise and knowledge of hundreds of skilled international leaders on evidence based clinical management options ensuring you're well equipped with the practical and accurate guidance needed for effective patient care Includes PharmD review of newly approved drugs Brand new chapters cover Ebola Chikungunya dry eye and adolescent health In addition to current therapy each chapter also features important diagnostic criteria to ensure delivery of the correct diagnosis and treatment More than 400 easy to understand tables make referencing complex data quick and easy Nearly 300 images including algorithms anatomical illustrations and photographs provide useful information for diagnosis Section on symptoms is devoted to common patient complaints **Migraine in Adults** Tatyana Shamliyan, Robert L. Kane, Frederick R. Taylor, Minnesota Evidence-based Practice Center, 2013 **OBJECTIVES** To assess comparative effectiveness and safety of preventive pharmacologic treatments for community dwelling adults with episodic or chronic migraine **DATA SOURCES** We searched major electronic bibliographic databases and trial registries up to May 20 2012 **REVIEW METHODS** We performed a systematic review of published English language original studies of pharmacologic treatments for prevention of episodic or chronic migraine Studies that compared drugs with inactive controls nonpharmacologic interventions or other drugs were eligible Outcomes evaluated included rates of complete migraine cessation  $\geq 50$  percent reduction in monthly migraine frequency reduction in migraine related disability and improvement in quality of life We calculated absolute risk differences pooled them with random effects models and with Bayesian network meta analysis and calculated numbers of outcome events attributable to treatments per 1 000 participants treated **RESULTS** Of 5 244 retrieved references 245 publications of randomized controlled clinical trials RCTs and 76 publications of nonrandomized therapeutic studies met eligibility criteria Most enrollees were middle aged Caucasian women with an average of five monthly migraine attacks Few trials reported the proportion of obese subjects but many subjects were overweight More than half of the RCTs defined migraine according to the International Headache Society criteria Studies excluded adults with severe medical or psychiatric illnesses or contraindications to examined drugs Strength of evidence was mostly low due to risk of bias and imprecision in individual RCTs and pooled estimates For chronic migraine botulinum toxin formulations were examined in 20 RCTs of 4 237 adults Onabotulinumtoxin A was more effective than placebo in reducing monthly chronic migraine attacks by  $\geq 50$  percent low strength evidence from 3 RCTs of 459 adults with inconsistent improvement in quality of life Pooled analyses demonstrated that per 1 000 treated adults 170 95% confidence interval CI 82



to 258 would experience  $\geq 50$  percent reduction in migraine frequency 155 95% CI 90 to 220 would experience adverse effects and 26 95% CI 10 to 43 would discontinue treatments due to bothersome adverse effects Topiramate reduced disability in patients with chronic migraine but failed to decrease monthly migraine frequency by  $\geq 50$  percent low strength evidence from one RCT of 328 adults Individual RCTs examined the comparative effectiveness of onabotulinumtoxin A with topiramate or divalproex and found no differences in chronic migraine prevention Propranolol combined with topiramate treatment demonstrated no benefits in nonresponders to topiramate monotherapy low strength evidence from one RCT of 191 adults For episodic migraine RCTs examined 59 drugs from 14 drug classes All approved drugs topiramate divalproex timolol and propranolol some off label beta blockers ACE inhibitors and the angiotensin II receptor antagonist candesartan were better than placebo in reducing episodic monthly migraine frequency by  $\geq 50$  percent Drugs would result in clinical improvement in 200 to 400 patients per 1 000 treated Adverse effects leading to treatment discontinuation were examined in 68 RCTs Topiramate off label antiepileptics and antidepressants resulted in bothersome adverse effects leading to treatment discontinuation more often than placebo Limited direct evidence of comparative effectiveness from head to head RCTs demonstrated no consistent significant differences in outcomes with examined drugs in patients with episodic migraine Exploratory indirect adjusted frequentist analysis offered low strength evidence that the angiotensin II receptor blocker candesartan was more effective than approved drugs including topiramate propranolol timolol and divalproex Exploratory network Bayesian meta analysis offered low strength evidence that angiotensin inhibiting drugs captopril lisinopril candesartan were the most effective and tolerable for episodic migraine prevention in adults who have no contraindications to examined drugs Individual RCTs of drug management interventions for episodic migraine offered low strength evidence that compared with usual care multidisciplinary team care improved quality of life and reduced migraine related disability a headache management program resulted in complete cessation of migraine a minimal contact cognitive behavioral program improved patient satisfaction with treatments headache school decreased overuse of drugs for acute headache attacks and reduced migraine disability pharmaceutical care improved self efficacy and an intensive pharmaceutical care campaign had no statistically significant impact on use of acute drugs CONCLUSIONS For chronic migraine onabotulinumtoxin A reduced migraine attacks but increased the risk of adverse effects and treatment discontinuation due to adverse effects For episodic migraine approved drugs are effective but increase risk of adverse effects and treatment discontinuation due to adverse effects Some off label beta blockers and angiotensin inhibiting drugs are effective without bothersome harms and therefore offer the best benefits to harms ratio We could not determine the long term i e trials of more than 3 months duration preventive benefits and adherence with drugs Evidence on improving quality of life was inconsistent across individual drugs Evidence for individualized treatment decisions is very limited Future research should examine the role of patient characteristics on drug benefits and safety

Migraine in Adults U. S. Department of Health and Human Services, Agency

for Healthcare Research and Quality, 2013-07 According to the International Classification of Headache Disorder migraine is a common disabling primary headache disorder manifesting in attacks lasting 4 to 72 hours Migraine headaches range from moderate to very severe and are sometimes debilitating Episodic migraine affects 17 % of women and 6 % of men Migraine frequency is divided into episodic and chronic Episodic migraine is characterized by less than 15 migraine days and chronic migraine by 15 or more headache days per month Sometimes migraine may be described as chronic simply because the attacks recur over long periods of time Chronic migraine affects 1.4 to 2.2 % of adults All migraine types significantly affect the physical psychological and social well being of patients and can impose serious lifestyle restrictions Each year lost work time and diminished productivity from migraine costs American employers 225.8 billion Forty percent of adults with episodic migraine and all patients with chronic migraine might benefit from preventive medication yet only about 12 % of adults with frequent migraines take preventive medication Preventive treatments aim to eliminate headache pain without intolerable harms Often however some degree of pain persists therefore treatment success is usually defined by a decrease in migraine frequency of 50 % or greater Preventive treatments are also expected to reduce use of acute drugs and improve quality of life Treatment safety is defined by the total rates of adverse effects and adverse effects that lead to treatment discontinuation Drug choices in clinical practice are based on many drug related factors such as familiarity efficacy and adverse effects as well as many patient characteristics such as headache frequency presence of aura comorbid conditions and patient preference Our review focuses on the comparative effectiveness and safety of the drugs for preventing migraine attacks in adults our results can help inform treatment and policy recommendations By the nature of the question our review focuses on outpatient care Key questions addressed include KQ1 What are the efficacy and comparative effectiveness of pharmacologic treatments for preventing migraine attacks in adults a How do preventive pharmacologic treatments affect patient centered and intermediate outcomes when compared with placebo or no active treatment b How do preventive pharmacologic treatments affect patient centered and intermediate outcomes when compared with active pharmacologic treatments c How do preventive pharmacologic treatments affect patient centered and intermediate outcomes when compared with active nonpharmacologic treatments d How do preventive pharmacologic treatments combined with nondrug treatments affect patient centered and intermediate outcomes when compared with pharmacologic treatments alone e How might dosing regimens or duration of treatments influence the effects of the treatments on patient centered outcomes How might approaches to drug management such as patient care teams integrated care coordinated care patient education drug surveillance or interactive drug monitoring influence results KQ2 What are the comparative harms from pharmacologic treatments for preventing migraine attacks in adults a What are the harms from preventive pharmacologic treatments when compared with placebo or no active treatment b What are the harms from preventive pharmacologic treatments when compared with active pharmacologic treatments c How might approaches to drug management such as patient care teams

integrated care coordinated care patient education drug surveillance or interactive drug monitoring influence results KQ3  
Which patient characteristics predict the effectiveness and safety of pharmacologic treatments for preventing migraine attacks in adults

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## **Migraine In Adults Preventive Pharmacologic Treatments Comparative Effectiveness Review Number 103**

### **Introduction**

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