

**BASIC SCIENCE & PHYSICAL AND HEALTH EDUCATION**

**Time Allowed: 1 hour**

**PAPER I  
BASIC SCIENCE**

1. Human solid and liquid wastes from homes is known as
  - A. effluent.
  - B. garbage.
  - C. refuse.
  - D. sewage.
  - E. sullage.
2. A masked trait is said to be
  - A. allelic.
  - B. dominant.
  - C. genotypic.
  - D. phenotypic.
  - E. recessive.
3. The following are reasons for skill acquisition **except** for
  - A. fun making.
  - B. managing emergencies.
  - C. self employment.
  - D. survival strategy.
  - E. taking risks.
4. The incubation period in birds is between
  - A. fertilization and hatching of eggs.
  - B. fertilization and laying of eggs.
  - C. hatching of the first egg and the last egg.
  - D. laying and hatching of eggs.
  - E. laying of the first egg and hatching.
5. Which of the following is an example of waterborne disease?
  - A. Cold
  - B. Measles
  - C. Pneumonia
  - D. Tuberculosis
  - E. Typhoid
6. A product of tobacco is
  - A. cigarette.
  - B. cocaine.
  - C. heroin.
  - D. marijuana.
  - E. morphine.
7. The process by which food substances are broken down into simple and soluble form is called
  - A. defecation.
  - B. digestion.
  - C. excretion.
  - D. mastication.
  - E. regurgitation.

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**Thirumalaisamy P.**  
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web jun 18 2014 jason ferruggia is the founder of renegade strength conditioning he specializes in high performance mass development and has worked with over 700 clients during his 18 year career jason is the chief training adviser to men s fitness magazine and has been featured in and on livestrong muscle fitness men s health cbs espn