

SCI 220

HUMAN NUTRITION

Final Exam Version A 2018 Study Guide

SCI 220 Student Course

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SCI 220 Week 2 Quiz/PLURIS Week 2 Quiz

Question 1

Which is thought to be an important component of a healthy diet?

- ☐ A. saturated fats and proteins (protein without cholesterol)
- ☐ B. saturated fats and proteins (cholesterol)
- ☐ C. saturated fats without cholesterol
- ☐ D. saturated fats without cholesterol
- ☐ E. saturated fats without cholesterol (cholesterol)

ANSWER: C. Saturated fats without cholesterol

QUESTION: Which is thought to be an important component of a healthy diet?

ANSWER: C. Saturated fats without cholesterol

QUESTION: Which is thought to be an important component of a healthy diet?

ANSWER: C. Saturated fats without cholesterol

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Professional Baking Wayne Gisslen, 2016-09-21 Professional Baking 7th Edition is the latest release of the market leading title for the baking course Focused on both understanding and performing its goal is to provide students and working chefs with a solid theoretical and practical foundation in baking practices including selection of ingredients proper mixing and baking techniques careful makeup and assembly and skilled and imaginative decoration and presentation in a straight forward learner friendly style

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