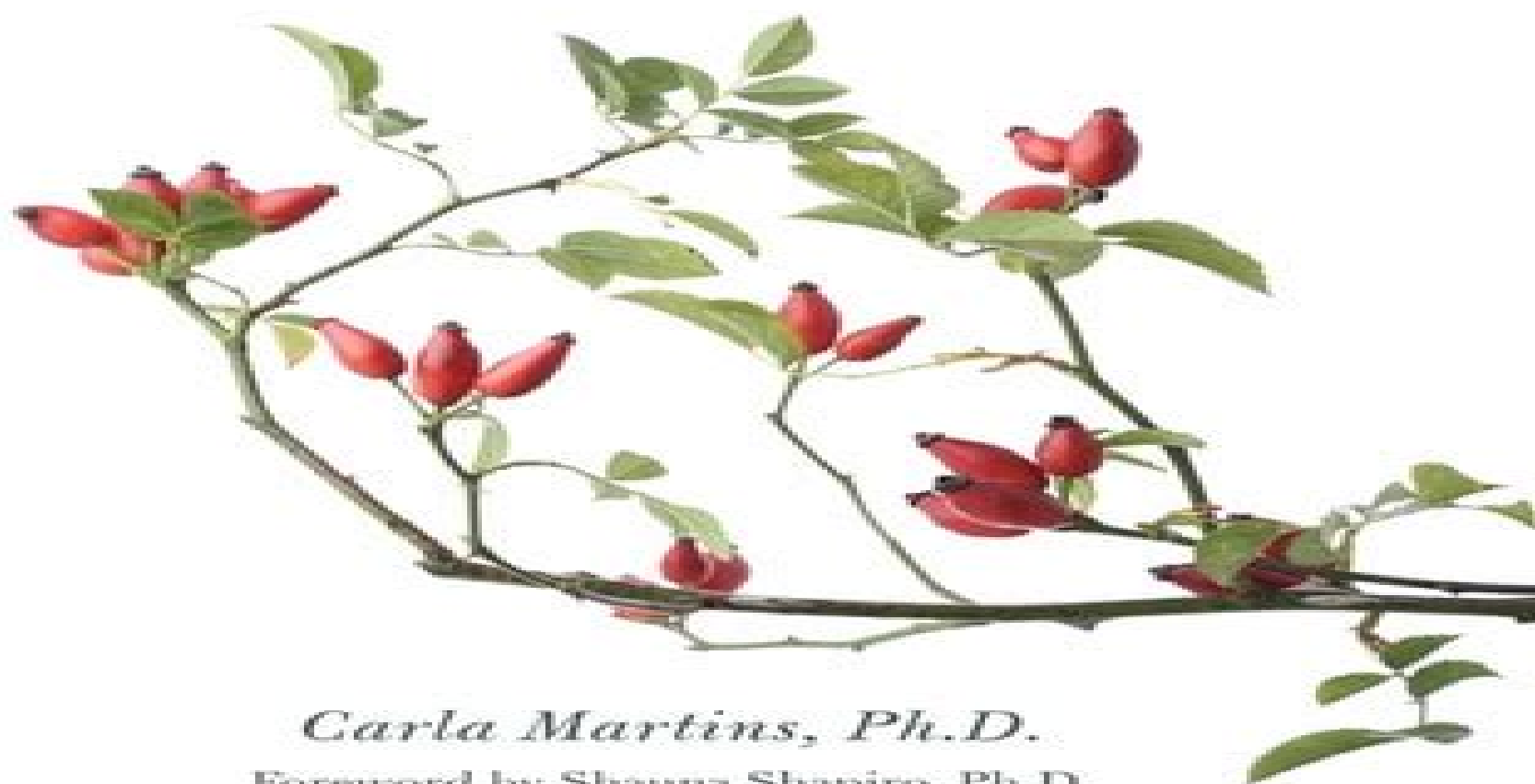


Mindfulness-Based
INTERVENTIONS
for Older Adults
EVIDENCE FOR PRACTICE



Carla Martins, Ph.D.
Foreword by Shauna Shapiro, Ph.D.

Mindfulness Based Interventions For Older Adults Evidence For Practice

M Walker



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