

A Handbook for Mental Health Professionals

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AUDIENCE

Counseling and clinical psychologists; graduate students in clinical, counseling, and human services programs

Online Counseling, 2e

A Handbook for Mental Health Professionals Edited by:

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A comprehensive guide introducing online counseling to mental health professionals

A Volume in the Practical Resources for the Mental Health Professional Series

Proise for the first edition:

"Overall, this volume is a timely resource for those who are interested in learning how to translate their practice to an online medium...."—The American Journal of Psychiatry

DESCRIPTION

Ontario

Providers and consumers of mental health services are increasingly making use of the Internet to gather information, consult, and participate in psychotherapy. As the health care industry is positioned to get online, preparing clinicians for online practice becomes a must.

The second edition of: Online Counseling-A Handbook for Mental Health Professionals was written by leading experts in order to update the original, ground-breaking guidebook. As in the previous edition, the handbook introduces practitioners to the online medium, and makes specific recommendations for effective, professional practice. The handbook is divided into 4 parts.

Part I: Psychology and Counseling Online analyzes the psychology of text-based relationships, reviews empirical evidence and explores future trends related to mental health services online.

Part II: Practical Aspects of Online Counselling explains the technology related to clinical work online. Ethical, legal, financial and business aspects of online counseling are also presented.

Part III: Clinical Skills for Online Counseling explains counseling via E-mail and chat, as well as various types of group work and theory. Use of online assessment tools, clinical diagnosis, selfassessment and research collection are presented, as well as the principles for clinical work in a multicultural environment.

Part IV: A Look into the Future, considers the future of health care in the USA, with a focus on online counseling.

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