

Table II

.45 Automatic Handloading Data

bullet (grains)	powder	charge (grains)	overall loaded length (inches)	velocity (fps)
150 Cutting Edge Bullets Raptor HP	Power Pistol	7.5	1.215	971
		8.0		1,032
		8.5		1,120
		9.0		1,179*
		9.2		1,199
	A-5	9.0		969
		9.5		1,055
		10.0		1,105
		10.5		1,166
	Longshot	8.5		1,189
		8.9		1,217
		9.3**		1,270
185 Hornady XTP-HP	W-231	6.0	1.210	811
		6.5		877
		7.0		941
		7.4		990
	A-5	8.5		855
		9.0		912
		9.5		977
	Titelgroup	5.4		847*
		5.8		916
		6.2		988
	Power Pistol	7.0		829
		7.5		888
		8.0		965
		8.5		1,025
185 Barnes XPR	W-231	6.0	1.205	998*
		6.4**		1,054
	Unique	6.5		991
		7.0**		1,062
	Power Pistol	7.5		1,056
		8.0**		1,125
185 Nosler HP	Nitro 100NF	4.5	1.205	899
		5.0		951
		5.5		1,048
		5.5		818
	A-2	6.0		941
		6.5		1,030*
		6.0		814
	W-231	6.5		891
		6.8		942
185 Sierra JHP	Bullseye	5.5	1.200	855
		6.0		935
		6.5		978*
		6.8**		1,015
	A-5	8.0		789
		8.5		851
		9.0		900
		9.5		966
		10.2		1,061
	Longshot	8.5		952
		9.0		1,020
		9.3**		1,066
200 Hornady FMJ-C/T	Power Pistol	7.0	1.244	900
		7.5		955
		8.0		1,021
		8.5		1,080

(Continued)

Table II

(Continued)

.45 Automatic Handloading Data

bullet (grains)	powder	charge (grains)	overall loaded length (inches)	velocity (fps)
200 Hornady FMJ-C/T	WV-N340	6.5	1.244	801
		7.0		933
		7.5		987
	True Blue	7.0		811
		7.5		869
		8.0		920
		8.5		965
	Bullseye	9.0**		1,011
		5.0		805
		5.5		877
	A-2	6.0**		970
		5.0		784
200 Sierra FPJ Match	American Select	5.5	1.155	851
		6.0		919
		6.5		999
		5.0		805
	Titelgroup	5.5		881
		6.0		962
		6.5**		1,018
	Bullseye	4.5		772
		5.0		859*
		5.5		959
		4.5		736
200 Speer Gold Dot HP	VW-N320	5.0	1.200	795
		5.5		876
		6.0		933
		5.0		752
	Titelgroup	5.5		829
		6.0		919
		5.0		767
	A-5	5.5		877*
		6.0		944
		8.0		822
		8.5		877
200 Hornady FMJ-C/T	A-7	9.0	1.200	934
		9.5		988
		10.5		920
		11.0		978
	Unique	11.5		1,027
		6.0		956
		6.5		1,000
	VW-N340	7.0		1,033
		7.3		1,105
		6.5		844
		7.0		938
200 Sierra JHP	A-5	7.5	1.200	999
		8.0		848
		8.5		899
		9.0		959
	Zip	9.5		1,009
		9.8		1,051
		5.5		822
	CFE Pistol	6.0		891
		6.5		962
		7.0**		1,048
		6.0		787
200 Hornady FMJ-C/T	Power Pistol	6.5	1.244	844
		7.0		920
		7.5		955
		8.0		1,021

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