

On the Level

Foundations for Violence-Free Living Workbook



David J. Mathews, MA, LICSW
Arthur M. Miller Foundation

On The Level Foundations For Violence Free Living

Paul W. Mattessich



On The Level Foundations For Violence Free Living:

On the Level David J. Mathews, 1995-06 This workbook is designed for use with our counselor's guide Foundations for Violence Free Living It forms a permanent record of the work the men have done and the progress they've made toward changing their behavior It contains 49 worksheets that correspond to the activities described in the facilitator's guide The language in this workbook was edited for adult learners to be sure men of all educational backgrounds could use it

Foundations for Violence-free Living David J. Mathews, Men's Domestic Abuse Program (Saint Paul, Minn.), 1995 Foundations for Violence Free Living A Step by Step Guide to Facilitating Men's Domestic Abuse Groups gives you everything you need to facilitate effective men's domestic abuse groups Whether you want to start a group or enhance your current program this guide and participant's workbook provide complete tools for facilitating a domestic abuse treatment program with proven success Foundations for Violence Free Living distills the best of fifteen years of experience by one of the nation's largest most comprehensive domestic abuse programs This practical guide includes 1 twenty nine activities accompanied by forty nine worksheets pick and choose the activities and worksheets that best fit your clientele your program and the strengths of your facilitators 2 extensive preparation for each activity including how to present it what worksheets are required and most important the issues each activity is likely to raise and how to respond to them 3 proven techniques for reversing denial and blaming changing the behavior of resistant clients dealing with chemical use in group serving a diverse clientele and other special issues 4 guidelines for program consistency from a philosophy of violence to intake and individual counseling to recommended policies and releases to suggestions for facilitating groups and 5 how to co facilitate and why we recommend a male female facilitation team The activities in this guide were developed by the staff of the Amherst H Wilder Foundation Community Assistance Program located in St Paul Minnesota Handbook of Clinical Family Therapy Jay L. Lebow, 2012-07-05 The latest theory research and practice information for family therapy The last twenty years have seen an explosion of new innovative and empirically supported therapeutic approaches for treating families Mental health professionals working with families today apply a wide range of approaches to a variety of situations and clients using techniques based on their clinically and empirically proven effectiveness their focus on specific individual and relational disorders their applicability in various contexts and their prominence in the field In this accessible and comprehensive text each chapter covers specific problems the theoretical and practical elements of the treatment approach recommended intervention strategies special considerations supporting research and clinical examples The contributors provide step by step guidelines for implementing the approaches described and discuss particular issues that arise in different couple family and cultural contexts Handbook of Clinical Family Therapy covers treatment strategies for the most common problems encountered in family therapy including Domestic violence Adolescent defiance anxiety and depression Trauma induced problems Stepfamily conflicts ADHD disruption Substance abuse in adults and adolescents Couple conflict

and divorce Chronic illness A detailed reference for today's best treatment strategies the Handbook of Clinical Family Therapy brings together the top practitioners and scholars to produce an innovative and user friendly guide for clinicians and students alike The Lobbying and Advocacy Handbook for Nonprofit Organizations Marcia Avner,2002-01-15 Your How To Guide to State and Local Lobbying This guide is your complete road map to shaping public policy at the state and local level It gives detailed step by step instructions for developing an effective plan and putting it into action With this handbook you will discover how lobbying can help fulfill your mission learn how to initiate support or defeat bills develop effective lobbying skills gather and mobilize support for your positions learn how to use the media effectively influence gov't administrators to back your policy positions comply with state and federal regulations and set up systems in your nonprofit to support lobbying Adaptable to Your Unique Needs This flexible book can be tailored to fit your situation You have four different planning strategies to choose from short term long term proactive or reactive Want to move quickly Use the planning shortcuts Plus a special rapid response guide helps you with emergencies Straightforward and Action Oriented In addition to a clear framework for planning your policy work author Marcia Avner shares with you the nitty gritty of effective lobbying based on her more than 30 years of experience You'll find concrete information on building relationships with public officials what you need to know to make your case how to testify at a committee hearing how to find out how it works in your area mistakes to avoid and much more **The Wilder Nonprofit Field Guide to Developing Effective Teams** Beth Gilbertsen,Vijit

Ramchandani,1999-07-01 Proven methods for smoother and more productive teamwork Teamwork is rarely simple easy or natural It's not enough to announce we're a team and expect results The Fieldstone Nonprofit Guide to Developing Effective Teams is a collection of the best tried and true team building methods All types of nonprofits community groups volunteers and board members can benefit from the tips and processes in this guide Plus no matter what role you play on the team you can use this guide and help bolster your team's success Tools for team start up To help your team get going this guide gives you seven tools and techniques for Writing a team mission statement Setting team goals Conducting effective team meetings p Creating ground rules Decision making in teams Creating team project plans Developing team spirit Tools for team maintenance Even the best teams struggle with challenges This guide will help you deal with predictable problems and improve teamwork at any stage of your team's development You'll find specific guidance for Improving team meetings Evaluating overall team effectiveness Resolving conflict within a team Managing conflict between two teams Clarifying roles and responsibilities Dealing with performance problems Communicating between meetings With a few tools and a little guidance most groups of people who want to become a team can do it Developing Effective Teams is just the help you need

The Community Leadership Handbook James F. Krile,2006-02-03 Tools for people seeking to improve their communities This significant guide puts the tools of democracy into everyone's hands Based on the best of Blandin Foundation's 20 year experience in developing community leaders it gives community members like yourself the tools to bring people together to

make changes Here are some of the useful resources you ll find Identifying Community Assets Community Problem Analysis Accessing Community Data Appreciative Inquiry Translating Vision to Action Interpersonal Communication for Leaders Managing Interpersonal Conflict as a Leader Building Social Capital Across Cultures Network Mapping Locating Your Social Capital Stakeholders Analysis Building Coalitions Building Effective Community Teams Recruiting and Sustaining Volunteers Getting the Most from Your Meetings **Collaboration** Paul W. Mattessich,2001-05-15 What makes the difference between your collaboration s failure or success Collaboration What Makes It Work Second Edition answers this question with an up to date and in depth review of collaboration research This new edition also includes The Wilder Collaboration Factors Inventory

The Community Economic Development Handbook Mihailo Temali,2002-09-20 The step by step guide to turning any neighborhood around A weak local economy can be strengthened A run down neighborhood of boarded up storefronts litter strewn sidewalks high unemployment and poorly maintained housing can be transformed An entire community can be lifted up Mihailo Mike Temali knows this first hand He has spent nearly twenty years working in community based economic development helping cities as diverse as St Paul Minnesota and Santiago Chile In this concrete practical jargon free handbook he describes a proven way to make any community a better place to live Comprehensive realistic and easy to use If you don t already have a community economic development CED organization in place Temali tells you how to set one up Then he defines four pivot points that are crucial to neighborhood economies 1 Revitalizing your commercial district 2 Developing microbusinesses 3 Developing your community workforce and 4 Growing good neighborhood jobs He explains how to choose your first pivot point then guides you through the process of tackling each one True stories of successful CED provide inspiration Sidebars explore related issues dealing with gentrification finding potential partners supporting microentrepreneurs and more Other CED professionals share their insights in From the Field notes Appendices point you toward useful resources show you how to use the Internet to research your regional economy and include dozens of worksheets that will help you move from reading about CED to doing it The Community Economic Development Handbook is precisely what you need to turn your neighborhood around *Benchmarking for Nonprofits* Jason Saul,2004 The no cost way to improve your organization on a daily basis Most nonprofits are already benchmarking informally This unique book defines a formal way to benchmark You ll learn how to prepare your organization measure performance and implement best practices as well as learning the five key steps of benchmarking the arguments against benchmarking and why you should disregard them how benchmarking differs from evaluation and assessment how to form a benchmarking team how to create a success equation that helps you measure your organization s performance how to make sure to measure what matters how to choose your benchmarking partners and what you can learn from the wrong partner and how to overcome staff resistance to benchmarking Practical tools help you benchmark what matters Real world examples illustrate benchmarking in action Exercises and worksheets guide you through processes such as drafting a benchmarking plan identifying and analyzing the

things in your organization that need improvement prioritizing which processes to focus on identifying your CTQ critical to quality outcomes and more The way to survive as a nonprofit in today's market is to thrive With so many organizations seeking the same dollars only the best will endure Benchmarking ensures that your organization is always operating at peak performance It's something you can't afford not to do especially since you can do it for free **Sin Golpes** Christauria Welland, David B. Wexler, 2007-05-28 Este es un manual práctico que integra diversas perspectivas teóricas para afrontar y resolver un problema social desafiante como es la violencia familiar en América Latina The Wilder Nonprofit Field Guide to Conducting Successful Focus Groups Judith Sharken Simon, 1999 Practical and easy to use Conducting Successful Focus Groups gives you the practical guidance to do focus groups using little more than staff or volunteer time and the cost of refreshments In ten easy to follow steps you'll learn how to plan and conduct focus groups and most importantly how to put the results into action 1 Create a focused purpose statement 2 Set up a realistic timeline 3 Decide who and how many participants to invite 4 Generate questions that'll get the information you need 5 Write a focus group script 6 Choose a facilitator 7 Find a location that puts people at ease 8 Run the focus group 9 Put the results into action Each step is followed by a task statement that sums up what you need to do before moving on Examples worksheets answers to frequently asked questions and an annotated bibliography make the job even easier People feel flattered when you ask for their opinions in fact most love to tell you what they think With Conducting Successful Focus Groups you'll have the tools to use focus groups effectively and make better informed plans **Community Visions, Community Solutions** Joseph A. Connor, Stephanie Kadel-Taras, 2003 How to foster community problem solving Filled with fresh ideas concrete strategies wisdom from the field compelling case studies and contact information Community Visions Community Solutions provokes both thought and action fosters new ideas and leads to solutions This book is for community independent public family or corporate foundations federated giving organizations government agencies corporate giving programs capacity building providers independent consultants management support organizations for profit consulting firms intermediary organizations retired executives community support organizations state associations of nonprofits research groups staff or trustees of a nonprofit and academic institutions Benefits you'll get include a three step process for laying groundwork for community wide change pros and cons of different community governance strategies three strategies for funding solutions a list of community support organization dos and don'ts case studies and an extensive resource list for further reading This book is the second in a series of funders guides developed by Fieldstone Alliance and GEO The series is aimed at strengthening nonprofit organizations the communities they serve and the nonprofit sector through effective grantmaking

Gender-Based Perspectives on Batterer Programs Edward W. Gondolf, 2015-08-15 Gender Based Perspectives on Batterer Programs responds to the intense debate about the approach and effectiveness of batterer programs especially in light of the evidence based practice movement But it does so through a collection of 24 interviews with batterer program

founders and leaders who have been working in the field for 25 to 35 years In the process it answers many of the misconceptions and misrepresentations of batterer programs and highlights their contributions and development It also offers recommendations to researchers and the field in general that would help strengthen the work overall More specifically the book is a follow up to the author s research oriented book *The Future of Batterer Programs Reassessing Evidence Based Practice* Northeastern University Press 2012 That book critically reviewed the research on batterer programs in light of the demand for documentation of program effectiveness and documented the effective role of batterer programs in an intervention system It also exposed the need for evidence based practice research to include the feedback interpretations and critique of practitioners who have their own evidence to contribute In *Gender Based Perspectives on Batterer Programs* a summarizing introduction and conclusion on leadership frame the set of leader interviews The collection of interviews represents an archive of the experience and wisdom of long term workers in the field many of whom are on the verge of retirement This database should help researchers develop more meaningful studies and ground research results in actualities of the work Ideally the interviews will also help practitioners realize their commonalities and better represent themselves to their critics and public in general

The Accidental Techie Sue Bennett, 2005 This book shows you how to create a support system that will help your organization use technology more effectively and make your day to day life less hectic This hands on guide walks you through five projects that when completed will give you a comprehensive and usable support system

Conducting a technology inventory Assessing and supporting staff Assessing and buying technology Protecting your organization from disasters and data loss Managing your role

Book cover *Marketing Workbook for Nonprofit Organizations: without special title* Gary J. Stern, 1990 Don t just wish for marketing results get them If marketing seems too commercial or too complex or if your current efforts aren t delivering results this book is for you With this helpful guide you can create a simple usable marketing plan designed to get results Since its first edition in 1990 the Marketing Workbook has helped thousands like you use marketing to reach the people you want to help and attract the money and support your organization deserves Now this updated second edition offers an easy to follow five step process to create an effective marketing plan provides an expanded resources section including Internet examples and includes web wisdom to help you set reasonable web goals build an on line reputation and learn about the possibilities and pitfalls of web promotion Use it to be sure you have the right services to meet people s needs reach the audiences you want with a message that motivates people to respond and make a strong impact in your community and beyond This book will guide you through each stage of the marketing process You ll learn how to link marketing with strategic planning set goals and evaluate your success conduct a marketing audit using the Six Ps of Marketing position your organization in a unique niche and develop a marketing plan and promotional campaign Plus you also get 27 proven promotional techniques dozens of tips for writing and design a sample marketing plan a case study of how one nonprofit implemented their plan and much more Get the Marketing Workbook and

start putting the power of marketing to work in your organization *Financial Leadership for Nonprofit Executives* Jeanne Bell, Jeanne Peters, Elizabeth Schaffer, 2005 Making sure that your nonprofit is going to be around long term requires financial leadership This means creating a financial vision for your organization and planning how you ll get there Financial Leadership for Nonprofit Executives gives you the framework specific language and processes to lead with confidence With it you ll learn how to protect and grow the assets of your organization and accomplish as much mission as possible with those resources The good news is you don t have to be a trained accountant earn an MBA or have run a for profit business in another lifetime You already have many of the skills it takes to be a financial leader This useful guide makes the process understandable and doable You ll find clear logical steps to learn how to get accurate financial data in a format you can understand use financial data to evaluate your organization s health plan around a set of meaningful financial goals and communicate progress on these goals to your staff board and external stakeholders You ll also find five foundational financial leadership principles three overarching questions every financial leader needs to be able to answer and where to find those answers two fundamental budgeting principles and five steps to building a strong annual budget At the end of each chapter is an evaluation tool You can rate how your organization is doing relative to the component of financial leadership covered in each chapter Each attribute is scored as being red yellow or green Red items are below standard and require immediate attention yellow items are widely practiced though not generally ideal and green items are considered best practice Over time as you and your partners on the board and staff move the organization toward green in each of these areas you will create an environment in which financial leadership can flourish Global Institutions of Religion Katherine

Marshall, 2013-06-26 This work fills a significant gap in the current literature by providing a concise introduction to religious institutions and an insightful analysis of their role in world affairs Focusing on formal institutions specifically dedicated to governing religious communities the work examines the intersections between religious and other global institutions set against the fundamental question why and how do these intersections matter The work explores the role of religion within key issues including Human rights Human security International development and humanitarian relief Climate change Moral responsibilities The new forms that religious institutions are taking their fit with human rights and democratic ideals their changing nature in plural societies are a highly relevant part of the global institutional picture and this book is essential reading for all students and scholars of global institutions international relations and religion *Subject Guide to Children's Books in Print 1997* Bowker Editorial Staff, R R Bowker Publishing, 1996-09 **McKenzie's An Introduction to**

Community & Public Health Denise Seabert, James F. McKenzie, Robert R. Pinger, 2025-04-22 Now in its eleventh edition McKenzie s An Introduction to Community Public Health includes the latest topics trends and statistics in this evolving field With an emphasis on developing the knowledge and skills necessary for a career in health education and health promotion this best selling introductory text covers such topics as epidemiology community organizations program planning minority

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Unveiling the Energy of Verbal Artistry: An Mental Sojourn through **On The Level Foundations For Violence Free Living**

In a global inundated with displays and the cacophony of quick connection, the profound power and psychological resonance of verbal artistry often fade in to obscurity, eclipsed by the continuous assault of sound and distractions. However, situated within the lyrical pages of **On The Level Foundations For Violence Free Living**, a captivating work of literary brilliance that impulses with organic emotions, lies an unforgettable journey waiting to be embarked upon. Penned by way of a virtuoso wordsmith, this interesting opus instructions readers on an emotional odyssey, gently revealing the latent possible and profound impact embedded within the elaborate internet of language. Within the heart-wrenching expanse of the evocative examination, we will embark upon an introspective exploration of the book is key styles, dissect its captivating publishing design, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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