

CHAPTER THREE: Drill and turnout

Lesson
one

Turnout - Care and cleaning of uniform

- All cadets are issued with full uniform which includes everything except boots.
- The uniform is the same as the British Army wears and is known as MTP-PCS.
- MTP = Multi Terrain Pattern - This is the camouflage pattern on clothing.
- PCS = Personal Clothing System - This is the name of the clothing system.



- HTP-PCS Combat jacket - worn for fieldcraft, shooting and as a warm top layer

"Shaping a beret involves dunking the new beret into warm and then cold water repeatedly until thoroughly soaked (avoid getting the leather band wet). It is then placed on the head and pulled over to the right side to create the correct shape. This should then be left to dry naturally before wearing.

CHAPTER THREE: Drill and turnout

Lesson
two

Turnings at the halt - Right (Left) turn

To learn how to turn correctly, we can break the movement into two parts:

Start in the 'Attention' position

Introductory: "TURNING BY NUMBERS"

Cautionary: "RIGHT TURN"

Executive: "ONE"

- Turn through 90 degrees to the right, using the right heel and left toes.

- Keep the weight of the body on the right foot.

- Keep both knees braced back, and body upright.

- At the end of the movement the right foot is flat on the ground and the left leg is to the rear with the heel raised.



Cautionary: "SQUAD"

Executive: "TWO"

- Lift the left knee, then drive the left foot to the ground to resume the position of attention.



NOTE 1: When repeating the sequence use the commands, "Squad - One" "Squad - Two"

NOTE 2: When turning to the left, follow instructions above, but reverse all actions

Words of command for complete movement:

"TURNING AT THE HALT"

"RIGHT" (or LEFT)

"TURN"

Nko Basic Combat Skills 1 Study Guide

U S Army, Luc Boudreaux



Nko Basic Combat Skills 1 Study Guide:

Black Belt, 2002-11 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world Ultimate Guide to U.S. Army Combat Skills, Tactics, and Techniques Jay McCullough, 2010-07-01 Nearly 1 000 pages of instruction on how to fight and win from the team that created The Ultimate Guide to U S Army Survival Skills Tactics and Techniques **FM 3-21.75 (FM 21-75) The Warrior Ethos and Soldier Combat Skills** U S Army, Luc Boudreaux, 2021-03-23 This field manual provides all Soldiers the doctrinal basis for the Warrior Ethos Warrior Tasks and other combat critical tasks It also updates weapon equipment and munitions information This FM is not intended to serve as a stand alone publication It should be used with other Army publications that contain more in depth information *Krav Maga for Beginners* Darren Levine, Ryan Hoover, 2009-02-03 Combat sports self defence **Combat Skills of the Soldier** Headquarters Department of the Army, 2017-12-19 This manual is dedicated to the soldier the key to success on the battlefield Wars are not won by machines and weapons but by the soldiers who use them Even the best equipped army cannot win without motivated and well trained soldiers This is the soldier s field manual It tells the soldier how to perform the combat skills needed to survive on the battlefield These are basic skills that must be learned by soldiers in all military occupational specialties Subjects include Cover Concealment and Camouflage Fighting Positions Movement Observation Nuclear Biological and Chemical Warfare Combat Intelligence and Counterintelligence Communications First Aid and Personal Hygiene Mines Demolitions Obstacles Urban Areas Tracking Survival Evasion and Escape Weapons and Fire Control **How To Street Fight** Sam Fury, 2013-04-07 Discover all the Street Fighting Techniques You Need 2 books in 1 make this the only book you need on close combat fighting It contains all the information from How to Win a Street Fight Ground Fighting Techniques to Destroy Your Enemy and adds a whole lot more Discover all the techniques you need to win any brawl because this is a simple unrefined and aggressive street fighting guide Get it now How to Street Fight Includes Lessons On Staying safe and minimizing injuries whilst learning self defense Achieving the most power from your strikes Pressure points for self defense without needing pinpoint accuracy A simple and natural all purpose fighting stance A variety of training methods to best equip you for any street survival situation How to use ANYTHING as street fighting weapons and the best ways to use them The best ways to finish your opponents FAST Effective striking methods you can use straight away Effective Close Combat Self Defense Training The 3 second or less KO The two best choke holds to subdue your opponent as well as how to escape from them yourself Ground fighting techniques and strategy Landing safely on the ground and the best ways to get back up How to regain the upper hand should you get overwhelmed during a street fight How to escape when grabbed by an assailant

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