

# Mountain Hands

A Portrait of Southern Appalachia



*Sam Venable - Photographs by Paul Efird*

# Mountain Hands Portrait Southern Appalachia

**RC Schank**



## **Mountain Hands Portrait Southern Appalachia:**

*Mountain Hands* Sam Venable, 2000 Hazel Pendley creates heirloom quality quilts Ed Ripley wraps bits of fur and feathers into trout flies the size of gnats Edna Hartong still makes an item that has all but disappeared from the American scene lye soap All of these people and many more like them are Appalachians who work with their hands Journalist Sam Venable and photographer Paul Efird spent four years combing the hills and hollows of Southern Appalachia to find these talented individuals and let them talk about their work *Mountain Hands* is an intimate look at more than three dozen such craftspeople and their vocations Venable and Efird encountered folks who pursue popular crafts such as basketweaving and clockmaking But they found practitioners of other trades wallpaper hangers and rail splitters beekeepers and gravediggers whose work also depends upon dexterity and upon expressing a distinctive Appalachian way of life Some are college educated some can barely read and write some have lived in these hills all their lives others have only recently come to call them home Yet each feels bound to the region through a deep sense of belonging and each owes at least part of his or her livelihood to handwork While most of us may think of working with one's hands as entering computer data these individuals attest to the perseverance and appeal of more traditional ways *Mountain Hands* is a celebration in words and photographs of gifted people who understand and appreciate the Appalachian heritage and who live it every day The Author A fifth generation southern Appalachian Sam Venable is a newspaper columnist whose award winning observations on daily life appear four times a week in the Knoxville News Sentinel A graduate of the University of Tennessee Venable has spent most of his career roaming the highlands of his home state He and his wife Mary Ann also a Tennessee native and UT graduate live in a log house atop a wooded ridge on the outskirts of Knoxville The Photographer Paul Efird is a native of Rome Georgia He holds a degree in biology from Shorter College but has spent his professional career as a news photographer After working for two newspapers in Georgia he moved to Tennessee in 1990 and became a staff photographer for the News Sentinel Efird is an avid hiker canoeist and backpacker He and his wife Stephanie live in Knoxville

*Appalachian Folkways* John B. Rehder, 2004-07-12 Winner of the Kniffen Award and an Honorable Mention from the Professional and Scholarly Publishing Awards in Sociology and Anthropology Appalachia may be the most mythologized and misunderstood place in America its way of life and inhabitants both caricatured and celebrated in the mainstream media Over generations though the families living in the mountainous region stretching from West Virginia to northeastern Alabama have forged one of the country's richest and most distinctive cultures encompassing music food architecture customs and language In *Appalachian Folkways* geographer John Rehder offers an engaging and enlightening account of southern Appalachia and its cultural milieu that is at once sweeping and intimate From architecture and traditional livelihoods to beliefs and art Rehder who has spent thirty years studying the region offers a nuanced depiction of southern Appalachia's social and cultural identity The book opens with an expert consideration of the southern Appalachian landscape defined by mountains rocky soil thick forests and

plentiful streams While these features have shaped the inhabitants of the region Rehder notes Appalachians have also shaped their environment and he goes on to explore the human influence on the landscape From physical geography the book moves to settlement patterns describing the Indian tribes that flourished before European settlement and the successive waves of migration that brought Melungeon Scotch Irish English and German settlers to the region along with the cultural contributions each made to what became a distinct Appalachian culture Next focusing on the folk culture of Appalachia Rehder details such cultural expressions as architecture and landscape design traditional and more recent ways of making a living both legal and illegal foodstuffs and cooking techniques folk remedies and belief systems music art and the folk festivals that today attract visitors from around the world and the region's dialect With its broad scope and deep research Appalachian Folkways accurately and evocatively chronicles a way of life that is fast disappearing An Appalachian Farmer's Story Diane Asséo Griliches, 2007 In contrast to the generally negative view of Appalachia as a subculture of hopeless poverty and deprivation this book shows a very different picture Roy Anderson was a resourceful though poor farmer but also a talented cabinetmaker musical instrument maker and lay preacher and at age 80 he tells with modesty the story of his life Roy's words are accompanied by evocative black and white photographs descriptive of his life with his sister on the farm his cabinet shop the community and his church life They give a pictorial dimension to a hard but enterprising life lived with dignity on one of the few remaining small farms in a particular community in southwestern Virginia Roy begins by telling of his earliest memories As these are becoming things of the past we can all learn a great deal about life in Roy's time and place while gaining insight into an inspiring life in a rich American culture most of us would like to know more about

**Hazel Creek** Walt Larimore, 2012-03-13 In a new novel from award winning author Walt Larimore a loving rural family struggles to survive tragedy and cope with the invasion of modern ways in the 1920s In the Great Smoky Mountains wilderness in 1925 Nathan and Callie Randolph with their five unique daughters struggle to maintain their farm forests family and faith against a menacing business and an evil company manager trying to pilfer their land and clear cut their forest As loggers invade the mountains death touches the family and hardship and loss confront them again and again fifteen year old Abbie Randolph becomes mother to her sisters and leans on her faith to guide her through the emotional wilderness of changing times With the march of the industrial age the roaring twenties Prohibition the increasing momentum for national parks and the onslaught of a modern world the traditional life and ways of the mountaineers were about to change forever Featuring a cast of colorful characters including independent and earnest mountain families a murderous lumber company manager Cherokee Indians a band of gypsies desperados lumbermen moonshiners a world famous writer and Civil War heroes **Hazel Creek** reveals a gripping struggle of good and evil during an eruption of violence A beloved family physician Walt Larimore is the perfect author for this novel of love loss and injury that illuminates the enduring power of faith **Sugar Fork** Walt Larimore, 2012-10-02 In 1925 1926 in the Sugar Fork Valley of the Great Smoky Mountains

wilderness Nate Randolph and his five unique daughters wrestle to survive after the death of Callie his wife and their mother as well as to maintain their farm forests family and faith against an evil lumber company manager seeking to clear cut their virgin woodland

Tennessee Log Buildings John B. Rehder, 2012-12-30 Drawing on more than four decades of research Tennessee Log Buildings examines one of the Volunteer State's most precious and fast disappearing traditions From the pioneer era through the mid twentieth century folk builders in Tennessee used logs to construct cabins barns other outbuildings schools and churches In warm accessible prose that often makes this deeply researched work read like guidebook John Rehder explores the varied styles and architectural characteristics of these fascinating structures including their floor plans the types of timber used and the different notches that were cut into the logs to secure the structures Profusely illustrated with over one hundred images Tennessee Log Houses traces the evolution of log houses from one room or single pen dwellings to more elaborate homes of various types such as saddlebags Cumberland houses dogtrotts and two story I houses Rehder discusses the historic settlement patterns and building traditions that led to this variety of house types and identifies their particular occurrences throughout the state by drawing on surveys conducted in forty two counties by teams working for the Tennessee Historical Commission THC Similarly he explores disparate barn and outbuilding types including the distinctive cantilever barns that are found predominantly in East Tennessee Sprinkled throughout the book are engaging anecdotes that convey just what it is like to conduct field research in remote rural areas Rehder also describes in detail a number of the state's exceptional log places among them Wynnewood an enormous structure in Middle Tennessee which dates back to the early nineteenth century and which suffered severe tornado damage in 2008 As the author notes many of the buildings originally identified in the THC investigations have now vanished completely while others are in serious disrepair Thus this book not only offers an instructive and delightful look at a key part of Tennessee's heritage but also makes an eloquent plea for its preservation Until his death in 2011 JOHN B REHDER was a professor of geography at the University of Tennessee Knoxville He first joined the UT faculty in 1967 He was the author of Appalachian Folkways which won the Pioneer America Society's Fred B Kniffen Book Award in 2004 and Delta Sugar Louisiana's Vanishing Plantation Landscape which won the Vernacular Architecture Forum's 2000 Abbott Lowell Cummings Award

**Warning! This Product Contains Nuttiness** Sam Venable, 2013-12-01 As seen through the eyes of Sam Venable the world is indeed bizarre and filled with nuttiness The archives of the Knoxville News Sentinel offer ample evidence that Venable is a bit of the former and has made a career out of drawing attention to the latter For his latest book Venable has gathered and organized 139 of his newspaper columns his biggest collection yet to create a trove of wit and wisdom In the spirit of The Emperor's New Clothes he points a finger at human nature the environment civil rights and wrongs and an eclectic mix of other targets drawing our attention to the foibles failings and just plain absurdities that surround us all As a native son and treasured institution in East Tennessee Venable has earned the right to poke fun at its local history habits and happenings He takes full

loving advantage of this license in essays such as How to Tawlk Good Shall We Gather with a Reptile and The Good the Bad the Kudzu He takes on the government in a section titled A Two Ring Circus with Elephants and Donkeys and in another called Still Waiting for Y2K he offers up A Lesson in Dollars and Sense and Blowing the Budget for Bowser Some have called him a modern day Mark Twain others the Dave Barry of Knoxville but while there may be some similarities Sam Venable is wonderfully unique He sees and sees through the pervasive silliness and stupidity in our world It evokes wonder in him and with many a deft turn of phrase he interprets that wonder for us Warning This Product Contains Nuttiness will make you smile certainly but it will also make you think and sometimes even touch your heart *You Gotta Laugh to Keep From Cryin'* Sam Venable,2024-08-09 Sam Venable is one of America s seventy six million Baby Boomers who are turning into their parents He can t quite see without his reading glasses he thinks the music kids listen to these days is nothing but a loud racket and his belt is mysteriously creeping up higher and higher on his chest The way Venable figures it he s roaring along the road at about twenty seven miles per hour the average speed for someone his age to Codgerville You Gotta Laugh to Keep From Cryin highlights the observations and lifestyle changes and a few other things he can t quite seem to remember at the moment that Venable has made along the way From the day his wife discovers his first ear hair Venable begins to recognize the signs of old age Though he had reconciled himself to daily fiber and a distinguished head of gray he is one step further to an insatiable desire for cafeteria food and permanently leaving his car s right turn signal flashing The news isn t all bad though To his surprise Venable discovers that his new appearance and habits have qualified him for the senior discount on breakfast at his favorite restaurant After reading about a scientific study concluding that men s brains shrink faster than women s in the normal aging process Venable has a new source of excuses to explain to his wife why he is missing important dates times places and appointments As an official CIT Codger In Training Venable delights in other newfound freedoms He can stand in a fast food line and stare at the menu for a full two minutes without saying a word besides he can t hear the people behind him grumbling He can drive as slowly as he likes and has perfected the art of maintaining a death grip on the steering wheel of his car And he really doesn t have to listen to anyone anymore he can merely turn their way from time to time and mumble Huh From the swinging doors whose Push Pull directions elude him to the high tech mysteries of ATMs designed to baffle the elderly Sam Venable s rollicking view of life after fifty will leave readers laughing and happy to be a member of the AARP set The Author Sam Venable recognized for his humor writing in 2000 2001 and 2002 by the Tennessee Press Association is a columnist for the Knoxville News Sentinel He is the author of a number of books including Rock Elephant A Story of Friendship and Fishing and Mountain Hands A Portrait of Southern Appalachia He lives in Knoxville Tennessee **A History of Tennessee Arts** Carroll Van West,2004 This illustrated book cosponsored by the Tennessee Arts Commission and the Tennessee Historical Society covers the varieties of art in Tennessee in five parts The visual arts and architecture section includes chapters on vernacular and high style architecture sculpture painting and photography

while the section on craft arts celebrates folk arts such as woodcraft silversmithing pottery and textiles The section on Tennessee s rich literary history includes such writers as James Agee Robert Penn Warren and Evelyn Scott while the performing arts are represented by a wealth of storytellers along with two centuries of stage history Finally Tennessee is home to and originator of much of the music that we know as distinctively American Contributors to the music section examine gospel blues rock soul and of course country music

**BOOK JACKET** *Appalachian Heritage* ,2001 Tennessee Historical Quarterly ,2015

**A College For Appalachia** P. David Searles,2021-05-11 Alice Spencer Geddes Lloyd was a New England woman with a mission in life In 1916 she settled on Caney Creek in Eastern Kentucky determined to bring higher education to this remote corner of Appalachia The school she founded now Alice Lloyd College continues to serve the area and its people and to stand as a tribute to Lloyd s remarkable energy determination and vision Lloyd s program combined a rigorous academic curriculum with an intense effort to instill a sense of service in the school s graduates This education was provided free and required only that the students abide by Lloyd s strict rules of conduct and pledge to remain in the mountains after graduating In the first full scale study of Lloyd s life and work and the institution she founded David Searles shows how this courageous and complex woman struggled throughout her long life against seemingly insurmountable odds to create an institution dedicated to improving life in Appalachia But as he acknowledges Lloyd s fundraising activities relied on harmful stereotypes that caused resentment among her mountain neighbors and she often angered others working in the mountains Despite the negative aspects of Lloyd s activities Searles casts serious doubt on the now fashionable conclusion that the women who came to the mountains to do good created more problems than they solved Lloyd s story he argues demonstrates that much good was indeed accomplished and that the people of the mountains recognized and appreciated her achievement

**Appalachia** ,1991 **Dictionary of North Carolina Biography** William S. Powell,2000-11-09 The most comprehensive state project of its kind the Dictionary provides information on some 4 000 notable North Carolinians whose accomplishments and occasional misdeeds span four centuries Much of the bibliographic information found in the six volumes has been compiled for the first time All of the persons included are deceased They are native North Carolinians no matter where they made the contributions for which they are noted or non natives whose contributions were made in North Carolina

America, History and Life ,2002 Provides historical coverage of the United States and Canada from prehistory to the present Includes information abstracted from over 2 000 journals published worldwide

**Library Journal** ,1917 **Literacy in the Mountains** Samantha NeCamp,2020-02-18 After the 2016 presidential election popular media branded Appalachia as Trump Country decrying its inhabitants as ignorant fearmongers voting against their own interests And since the 1880s there have been many including travel writers and absentee landowners who have framed mountain people as uneducated and hostile These stereotypes ultimately ward off potential investments in the region s educational system and skew how students understand themselves and the place they call home

Attacking these misrepresentations head on Literacy in the Mountains Community Newspapers and Writing in Appalachia reclaims the long history of literacy in the Appalachian region Focusing on five Kentucky newspapers printed between 1885 and 1920 Samantha NeCamp explores the complex ways readers in the mountains negotiated their local and national circumstances through editorials advertisements and correspondence In local newspapers community action groups announced meeting times and philanthropists raised funds for a network of hitherto unknown private schools Preserved in print these stories and others reveal an engaged citizenry specifically concerned with education Combining literacy and journalism studies NeCamp demonstrates that Appalachians are not and never have been an illiterate isolated people The Pharmaceutical Era ,1926 University Press Books Selected for Public and Secondary School Libraries ,2001

Cemeteries and the Life of a Smoky Mountain Community Gary S. Foster,William E. Lovekamp,2019-07-04 In one of the few studies to draw upon cemetery data to reconstruct the social organization social change and community composition of a specific area this volume contributes to the growing body of sociohistorical examinations of Appalachia The authors herein reconstruct the Cades Cove community in the Great Smoky Mountains of Tennessee USA a mountain community from circa 1818 to 1939 whose demise can be traced to the establishment of the Great Smoky Mountains National Park By supplementing a statistical analysis of Cades Cove s twenty seven cemeteries completed as a National Park Study GRSM 01120 with ethnographic examination the authors reconstruct the community in detail to reveal previously overlooked social patterns and interactions including insight into the death culture and death lore of the Upland South This work establishes cemeteries as window into proxies of communities demonstrating the relevance of socio demographic data presented by statistical and other analyses of gravestones for Appalachian Studies Regional Studies Cemetery Studies and Sociology and Anthropology



Uncover the mysteries within Crafted by is enigmatic creation, Embark on a Mystery with **Mountain Hands Portrait Southern Appalachia** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( Download in PDF: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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## **Table of Contents Mountain Hands Portrait Southern Appalachia**

1. Understanding the eBook Mountain Hands Portrait Southern Appalachia
  - The Rise of Digital Reading Mountain Hands Portrait Southern Appalachia
  - Advantages of eBooks Over Traditional Books
2. Identifying Mountain Hands Portrait Southern Appalachia
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Mountain Hands Portrait Southern Appalachia
  - User-Friendly Interface
4. Exploring eBook Recommendations from Mountain Hands Portrait Southern Appalachia
  - Personalized Recommendations
  - Mountain Hands Portrait Southern Appalachia User Reviews and Ratings
  - Mountain Hands Portrait Southern Appalachia and Bestseller Lists
5. Accessing Mountain Hands Portrait Southern Appalachia Free and Paid eBooks
  - Mountain Hands Portrait Southern Appalachia Public Domain eBooks
  - Mountain Hands Portrait Southern Appalachia eBook Subscription Services
  - Mountain Hands Portrait Southern Appalachia Budget-Friendly Options
6. Navigating Mountain Hands Portrait Southern Appalachia eBook Formats

- ePub, PDF, MOBI, and More
- Mountain Hands Portrait Southern Appalachia Compatibility with Devices
- Mountain Hands Portrait Southern Appalachia Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Mountain Hands Portrait Southern Appalachia
  - Highlighting and Note-Taking Mountain Hands Portrait Southern Appalachia
  - Interactive Elements Mountain Hands Portrait Southern Appalachia
- 8. Staying Engaged with Mountain Hands Portrait Southern Appalachia
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Mountain Hands Portrait Southern Appalachia
- 9. Balancing eBooks and Physical Books Mountain Hands Portrait Southern Appalachia
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Mountain Hands Portrait Southern Appalachia
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Mountain Hands Portrait Southern Appalachia
  - Setting Reading Goals Mountain Hands Portrait Southern Appalachia
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Mountain Hands Portrait Southern Appalachia
  - Fact-Checking eBook Content of Mountain Hands Portrait Southern Appalachia
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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