Nondigestible Carbohydrates and Digestive Health



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Helmut Traitler, Birgit Coleman, Karen Hofmann

Nondigestible Carbohydrates And Digestive Health:

Nondigestible Carbohydrates and Digestive Health Teresa M. Paeschke, William R. Aimutis, 2011-06-09 Featuring authors from academia as well as industry this book provides a broad view of carbohydrates influencing digestive health Part 1 is a general overview of carbohydrates that function as prebiotics or fermentable carbohydrates Part 2 is a more in depth examination of specific carbohydrates for digestive health and applications This book provides an in depth review and thorough foundation for food scientists product developers and nutrition scientists seeking to understand the digestive health implications of carbohydrates Key features Analyzes the most active fields of research currently performed on nondigestible carbohydrates Focuses on the growing opportunity to deliver digestive health benefits through fibers and other novel carbohydrates Authors include highly recognized researchers from academe and industry experts Explores new possibilities in prebiotics and fermentable carbohydrates **Carbohydrate Chemistry for Food Scientists** James N. BeMiller, 2018-10-01 Carbohydrate Chemistry for Food Scientists Third Edition is a complete update of the critically acclaimed authoritative carbohydrate reference for food scientists The new edition is fully revised expanded and redesigned as an easy to read resource for students and professionals who need to understand this specialized area The new edition provides practical information on the specific uses of carbohydrates the functionalities delivered by specific carbohydrates and the process for choosing carbohydrate ingredients for specific product applications Readers will learn basic and specific applications of food carbohydrate organic and physical chemistry through clearly explained presentations of mono oligo and polysaccharides and their chemistry This new edition includes expanded sections on Maillard browning reaction dietary fiber fat mimetics and polyols in addition to discussions of physical properties imparted functionalities and actual applications Carbohydrate Chemistry for Food Scientists serves as an invaluable resource on the chemistry of food carbohydrates for advanced undergraduate and graduate students and a concise user friendly applied reference book for food science professionals Identifies structures and chemistry of all food carbohydrates monosaccharides oligosaccharides and polysaccharides Covers the behavior and functionality of carbohydrates within foods Extensive coverage of the structures modifications and properties of starches and individual hydrocolloids Microbiome, Immunity, Digestive Health and Nutrition Debasis Bagchi, Bernard William Downs, 2022-07-21 Microbiome Immunity Digestive Health and Nutrition Epidemiology Pathophysiology Prevention and Treatment addresses a wide range of topics related to the role of nutrition in achieving and maintaining a healthy gut microbiome Written by leading experts in the field the book outlines the various foods minerals vitamins dietary fibers prebiotics probiotics nutritional supplements phytochemicals and drugs that improve gut health It specifically addresses molecular and cellular mechanisms and pathways by which these nutritional components contribute to the physiology and functionality of a healthy gut microbiome and gut health Intended for nutrition researchers and practitioners food experts gastroenterologists nurses general practitioners public health officials and health

professionals this book is sure to be a welcomed resource Outlines the nutritional guidelines and healthy lifestyle that is important to boost gut health Demonstrates the effects of diverse environmental stressors in the disruption of the gastrointestinal ecology Discusses the molecular and immunological mechanisms associated with healthy gut microbiome functions Addresses how to boost healthy gut microflora and microbiome Suggests areas for future research of microbiome based nutrition and therapies Microbiology and Technology of Fermented Foods Robert W. Hutkins, 2018-11-20 The revised and expanded text on food fermentation microbiology With this second edition of Microbiology and Technology of Fermented Foods Robert Hutkins brings fresh perspectives and updated content to his exhaustive and engaging text on food fermentations The text covers all major fermented foods devoting chapters to fermented dairy meat and vegetable products as well breads beers wines vinegars and soy foods These insights are enhanced by detailed explanations of the microbiological and biochemical processes that underpin fermentation while an account of its fascinating history provides readers with richly contextualizing background knowledge New to this edition are two additional chapters One discusses the role that fermentation plays in the production of spirits and other distilled beverages whereas another focuses on cocoa coffee and fermented cereal products Furthermore key chapters on microorganisms and metabolism have been expanded and elaborated upon and are complemented by other relevant revisions and additions made throughout the book ensuring that it is as up to date and applicable as possible This essential text includes Discussions of major fermented foods from across the globe Background information on the science and history behind food fermentation Information on relevant industrial processes technologies and scientific discoveries Two new chapters covering distilled spirits and cocoa coffee and cereal products Expanded chapters on microorganisms and metabolism Microbiology and Technology of Fermented Foods Second Edition is a definitive reference tool that will be of great interest and use to industry professionals academics established or aspiring food scientists and anyone else working with fermented foods Mathematical and Statistical Methods in Food Science and Technology Daniel Granato, Gastón Ares, 2014-03-03 Mathematical and Statistical Approaches in Food Science and Technology offers an accessible guide to applying statistical and mathematical technologies in the food science field whilst also addressing the theoretical foundations Using clear examples and case studies by way of practical illustration the book is more than just a theoretical guide for non statisticians and may therefore be used by scientists students and food industry professionals at different levels and with varying degrees of statistical skill Improving Import Food Safety Wayne Ellefson, Lorna Zach, Darryl Sullivan, 2012-10-22 Food safety has been a global concern for many years While global sourcing of foods and ingredients provides great opportunity for variety and diversity of cultural products there are significant risks Programs that regulate food safety and quality in countries around the world vary in their scope and effectiveness with many being underfunded Rapidly developing countries may lack the expertise laboratory resources for testing and established inspection programs to adequately promote the safety of foods Rather these countries may be more

focused on providing enough food for their citizens Lack of documentation or traceability in the exporting country can further exacerbate the situation Of course safety problems in food imported from more developed countries also occur and the source of food borne disease outbreaks are found regularly within the United States Improving Import Food Safety gathers together vital information on the food safety programs of national governments the food industry and the testing industry Chapters have been contributed by authors from the United States Latin America Europe and Asia Readers will learn about a variety of regulatory approaches to food safety at the federal and state levels in the United States as well as in selected countries and within the food industry itself They will also gain insights into the nature and source of safety problems in addition to approaches to food safety around the world The book is divided into three sections Highlighting Key Issues authors illustrate the millions of permutations for the origin of ingredients discussing the difficulty if policing imports providing a unique perspective on the economic situation in China and insight into development of support for small farm producers in Mexico Legal and Regulatory Issues Structures in the USA and Abroad describes the legal and regulatory system in the European Union the United States and China plus a chapter addressing global approaches to fraud Potential Strategies to Improve Import Safety presents strategies to deal with what are ultimately global issues but on multiple levels Perspectives are provided by authors from Industry and industry trade association academia and a recently semi retired global ambassador or food safety Readers will find this book noteworthy because of the diverse topics and perspectives offered on the challenges of keeping food safe in a global economy Authors come from a variety of backgrounds and each has provided a unique perspective on this critical topic The volume is aimed at importers and exporters of food and ingredients food microbiologists food safety and QC QA personnel regulatory and legal personnel in food manufacturing companies food policy makers and regulatory officials and facility and graduate students in food science Food Industry Design, Technology and Innovation Helmut Traitler, Birgit Coleman, Karen Hofmann, 2014-11-17 Food products have always been designed but usually not consciously Even when design has been part of the process it has often been restricted to considerations of packaging logos fonts and colors But now design is impacting more dramatically on the complex web that makes up our food supply and beginning to make it better Ways of thinking about design have broad applications and are becoming central to how companies compete To succeed food designers need to understand consumers and envision what they want and to use technology and systems to show they can deliver what has been envisioned They also need to understand organizations in order to make innovation happen in a corporation The authors of this book argue that design has been grossly underestimated in the food industry. The role of design in relation to technology of every kind materials mechanics ingredients conversion transformation etc is described discussed challenged and put into proper perspective The authors deftly analyze and synthesize complex concepts inspiring new ideas and practices through real world examples The second part of the book emphasizes the role of innovation and how the elements described and discussed in the first parts

design technology business must join forces in order to drive valuable innovation in complex organizations such as large and not so large food companies Ultimately this groundbreaking book champions the implementation of a design role in defining and executing business strategies and business processes Not only are designers tremendously important to the present and future successes of food corporations but they should play an active and decisive role at the executive board level of any food company that strives for greater success Packaging for Nonthermal Processing of Food Melvin A. Pascall, Jung H. Han, 2018-02-19 A comprehensive review of the many new developments in the growing food processing and packaging field Revised and updated for the first time in a decade this book discusses packaging implications for recent nonthermal processing technologies and mild food preservation such as high pressure processing irradiation pulsed electric fields microwave sterilization and other hurdle technologies It reviews typical nonthermal processes the characteristics of food products after nonthermal treatments and packaging parameters to preserve the quality and enhance the safety of the products In addition the critical role played by packaging materials during the development of a new nonthermal processed product and how the package is used to make the product attractive to consumers is discussed Packaging for Nonthermal Processing of Food Second Edition provides up to date assessments of consumer attitudes to nonthermal processes and novel packaging both in the U S and Europe It offers a brand new chapter covering smart packaging including thermal microbial chemical and light sensing biosensors radio frequency identification systems and self heating and cooling packaging There is also a new chapter providing an overview of packaging laws and regulations in the United States and Europe Covers the packaging types required for all major nonthermal technologies including high pressure processing pulsed electric field irradiation ohmic heating and others Features a brand new chapter on smart packaging including biosensors thermal microbial chemical and light sensing radio frequency identification systems and self heating and cooling packaging Additional chapters look at the current regulatory scene in the U S and Europe as well as consumer attitudes to these novel technologies Editors and contributors bring a valuable mix of industry and research experience Packaging for Nonthermal Processing of Food Second Edition offers many benefits to the food industry by providing practical information on the relationship between new processes and packaging materials to academia as a source of fundamental knowledge about packaging science and to regulatory agencies as an avenue for acquiring a deeper understanding of the packaging requirements for new processes Organic Meat Production and Processing Steven C. Ricke, Ellen J. Van Loo, Michael G. Johnson, Corliss A. O'Bryan, 2012-02-08 Organic Meat Production and Processing describes the challenges of production processing and food safety of organic meat The editors and international collection of authors explore the trends in organic meats and how the meat industry is impacted Commencing with chapters on the economics market and regulatory aspects of organic meats coverage then extends to management issues for organically raised and processed meat animals Processing sensory and human health aspects are covered in detail as are the incidences of foodborne pathogens in organic beef swine

poultry and other organic meat species The book concludes by describing pre harvest control measures for assuring the safety of organic meats Organic Meat Production and Processing serves as a unique resource for fully understanding the Practical Ethics for Food Professionals J. Peter current and potential issues associated with organic meats Clark, Christopher Ritson, 2013-07-29 This book offers a practical guide to the most pressing ethical issues faced by those working in food manufacturing and associated industries Early chapters look at the fundamentals of ethical thinking and how lessons of medical ethics might be applied to the food industry. The book then addresses some issues specifically relevant to the food industry including treatment of animals the use of genetically modified organisms food product advertising health claims and sustainability Several further chapters present case studies which show how ethical thinking can be applied in real life examples This volume should be on the desk of every food industry professional responsible for important decisions about science marketing resources sustainability the environment and people Processing and Nutrition of Fats and Oils ,2013-10-28 Processing and Nutrition of Fats and Oils reviews current and new practices of fats and oils production The book examines the different aspects of fats and oils processing how the nutritional properties are affected and how fats interact with other components and nutrients in food products Coverage includes current trends in the consumption of edible fats and oils properties of fats oils and bioactive lipids techniques to process and modify edible oils nutritional aspects of lipids and regulatory aspects labeling and certifications of fats and oils in foods Sensory and Consumer Research in Food Product Design and Development Howard R. Moskowitz, Jacqueline H. Beckley, Anna V. A. Resurreccion, 2012-01-24 During the past thirty years companies have recognized the consumer as the key driver for business and product success This recognition has in turn generated its own drivers sensory analysis and marketing research leading first to a culture promoting the expert and then evolving into the systematic acquisition of consumer relevant information to build businesses Sensory and Consumer Research in Food Product Design and Development is the first book to present from the business viewpoint the critical issues faced by business leaders from both the research development and business development perspective This popular volume now in an updated and expanded second edition presents a unique perspective afforded by the author team of Moskowitz Beckley and Resurreccion three leading practitioners in the field who each possess both academic and business acumen Newcomers to the field will be introduced to systematic experimentation at the very early stages to newly emerging methods for data acquisition knowledge development and to points of view employed by successful food and beverage companies The advanced reader will find new ideas backed up by illustrative case histories to provide another perspective on commonly encountered problems and their practical solutions This book is aimed at professionals in all sectors of the food and beverage industry Sensory and Consumer Research in Food Product Design and Development is especially important for those business and research professionals involved in the early stages of product development where business opportunity is often the greatest Functional Foods and Beverages Nicolas Bordenave, Mario G. Ferruzzi, 2018-06-22 A much needed guide to

in vitro food functionality evaluation principles processes and state of the art modeling There are more than a few books devoted to the assessment of food functionality but until now there were no comprehensive guides focusing on the increasingly important subject of in vitro food evaluation With contributions from the world's foremost experts in the field this book brings readers up to speed on the state of the art in in vitro modeling from its physiological bases to its conception current uses and future developments Food functionality is a broad concept encompassing nutritional and health functionality food safety and toxicology as well as a broad range of visual and organoleptic properties of food In vitro techniques bridge the gap between standard analytical techniques including chemical and biochemical approaches and in vivo human testing which remains the ultimate translational goal for evaluation of the functionality of food Although it is a well established field in vitro food testing continues to evolve toward ever more accurate predictions of in vivo properties and outcomes Both ethical and highly economical these approaches allow for detailed mechanistic insights into food functionalities and therefore a better understanding of the interactions of food and human physiology Reviews the core concepts of food functionality and functionality evaluation methodologies Provides an overview of the physiology of the gastrointestinal tract including host microbial interactions within it Delves into the physiology of sensory perception of food taste and texture as they relate to in vitro modeling Explores the challenges of linking in vitro analysis of taste aroma and flavor to their actual perception Addresses in vitro models of the digestion and absorption of macronutrients micronutrients and phytonutrients Describes in vitro evaluations of toxicants allergens and other specific food hazards Functional Foods and Beverages is an indispensable working resource for food scientists as well as researchers working in government facilities dedicated to tracking food safety Natural Food Flavors and Colorants Mathew Attokaran, 2017-01-03 In this book the author utilizes his over fifty years of experience in food chemistry and technology in order to produce the most detailed and comprehensive guide on natural food flavors and colors Unique coverage of natural flavors and natural colorants in the same volume Includes chemical structures of all principal constituents and CAS FEMA and E numbers Wherever available FCC Food Chemicals Codex Includes techniques and characteristics of extracts such as solvent extraction dispersion and solubitization nutraceutical function and effect of heat Nanotechnology and Functional Foods Cristina Sabliov, Hongda Chen, Rickey Yada, 2015-04-21 The continued advancement in the sciences of functional foods and nutraceuticals has clearly established a strong correlation between consumption of bioactives and improved human health and performance However the efficacy and bioavailability of these bioactive ingredients e g omega 3 oils carotenoid antioxidants vitamins and probiotic bacteria in foods often remains a challenge due to their instability in food products and gastrointestinal tract as well as their limited bioavailability In some cases these bioactive ingredients may impart an undesirable organoleptic characteristic to the final product which hinders acceptance by consumers In addressing these challenges development of effective delivery systems is critical to meet the consumer needs for effective bioactives. The scientific knowledge behind developing effective

delivery of bioactive components into modern and wide ranging food products will be essential to reap their health promoting benefits and to support the sustained growth of the functional foods market Nanotechnology and Functional Foods Effective Delivery of Bioactive Ingredients explores the current data on all aspects of nanoscale packing carrying and delivery mechanisms of bioactives ingredients to functional foods The book presents various delivery systems including nano emulsions solid lipid nanoparticles and polymeric nano particles their properties and interactions with other food components and fate in the human body Later chapters emphasize the importance of consumers attitude towards nano delivery for the success of the technology and investigate the challenges faced by regulatory agencies to control risks and harmonize approaches worldwide The wide applicability of bioactive delivery systems with the purpose of improving food quality food safety and human health will make this book a worthy reference for a diverse range of readers in industry Food Texture Design and Optimization Yadunandan Lal Dar, Joseph M. Light, 2014-04-07 Food research and academia texture has evolved to be at the forefront of food formulation and development Food Texture Design and Optimization presents the latest insights in food texture derived from advances in formulation science as well as sensory and instrumental measurement This unique volume provides practical insights for professionals who are starting in the field as well as experts looking to enhance their knowledge or expand into new areas The first part of this book presents case studies on formulating products in a broad variety of application segments such as cheese ice cream baked goods gluten free products low fat non fat dairy products and more Challenges related to maintaining texture while optimizing nutritional content cost flavor and other attributes of the food product are investigated. The book also highlights the importance of texture design and optimization in several types of food products and demonstrates how experts have applied this knowledge in the industry Part two provides an overview of the latest advances in tools and techniques for food texture design and optimization focusing on the use of instrumental techniques the application of sensory techniques and the use of marketing and consumer insight tools in the design and optimization of food products The ability to use advanced characterization techniques in this field is critical for both new and established practitioners in tackling the problems they face Food Texture Design and Optimization serves as an important reference for technical practitioners on how to adopt advanced techniques in food texture research This information is invaluable in reviewing establish the state of the art in this field and providing a minimum recommended standard for food formulators **Accelerating New Food Product Design and Development** Jacqueline H. Beckley, Leslie J. Herzog, M. Michele Foley, 2017-07-26 Written primarily for directors and managers of food design and development food scientists technologists and product developers this book explains all the necessary information in order to help meet the increasing demands for innovation in an industry that is providing fewer resources This updated edition by a group of seasoned food industry business professionals and academics provides a real world perspective of what is occurring in the food industry right now offers strategic frameworks for problem solving and R D strategies and presents

methods needed to accelerate and optimize new product development Accelerating New Food Product Design and Development Second Edition features five brand new chapters covering all the changes that have occurred within the last decade A Flavor Supplier Perspective An Ingredient Supplier Perspective Applying Processes that Accelerate New Product Development Looking at How the University Prepares Someone for a Career in Food and Innovative Packaging and Its Impact on Accelerated Product Development Offers new perspectives on what really goes on during the development process Includes updated chapters fully describing the changes that have occurred in the food industry both from a developer s point of view as well as the consumer requirements Features a completely rewritten chapter covering the importance of packaging which is enhanced through 3D printing All of this against the impact on speed to market Filled with unique viewpoints of the business from those who really know and a plethora of new information Accelerating New Food Product Design and Development Second Edition will be of great interest to all professionals engaged in new food product design and development Spray Drying Techniques for Food Ingredient Encapsulation C. Anandharamakrishnan, Padma Ishwarya S.,2015-07-23 Spray drying is a well established method for transforming liquid materials into dry powder form Widely used in the food and pharmaceutical industries this technology produces high quality powders with low moisture content resulting in a wide range of shelf stable food and other biologically significant products Encapsulation technology for bioactive compounds has gained momentum in the last few decades and a series of valuable food compounds namely flavours carotenoids and microbial cells have been successfully encapsulated using spray drying Spray Drying Technique for Food Ingredient Encapsulation provides an insight into the engineering aspects of the spray drying process in relation to the encapsulation of food ingredients choice of wall materials and an overview of the various food ingredients encapsulated using spray drying The book also throws light upon the recent advancements in the field of encapsulation by spray drying i e nanospray dryers for production of nanocapsules and computational fluid dynamics CFD modeling Addressing the basics of the technology and its applications the book will be a reference for scientists engineers and product developers in the industry Nanotechnology Research Methods for Food and Bioproducts Graciela Wild Padua, PhD,Qin Wang, PhD,2012-02-08 Food nanotechnology is an expanding field This expansion is based on the advent of new technologies for nanostructure characterization visualization and construction Nanotechnology Research Methods for Food and Bioproducts introduces the reader to a selection of the most widely used techniques in food and bioproducts nanotechnology This book focuses on state of the art equipment and contains a description of the essential tool kit of a nanotechnologist Targeted at researchers and product development teams this book serves as a quick reference and a guide in the selection of nanotechnology experimental research tools Wine Jokie Bakker, Ronald J. Clarke, 2011-11-30 Wine Flavour Chemistry brings together a vast wealth of information describing components of wine their underlying chemistry and their possible role in the taste smell and overall perception It includes both table wines and fortified wines such as Sherry Port and the

newly added Madeira as well as other special wines This fully revised and updated edition includes new information also on retsina wines ros s organic and reduced alcohol wines and has been expanded with coverage of the latest research Both EU and non EU countries are referred to making this book a truly global reference for academics and enologists worldwide Wine Flavour Chemistry is essential reading for all those involved in commercial wine making whether in production trade or research The book is of great use and interest to all enologists and to food and beverage scientists and technologists working in commerce and academia Upper level students and teachers on enology courses will need to read this book wherever food and beverage science technology and chemistry are taught libraries should have multiple copies of this important book

Whispering the Techniques of Language: An Mental Quest through Nondigestible Carbohydrates And Digestive Health

In a digitally-driven world where screens reign great and quick interaction drowns out the subtleties of language, the profound secrets and psychological subtleties concealed within words often move unheard. Yet, nestled within the pages of **Nondigestible Carbohydrates And Digestive Health** a fascinating fictional prize blinking with organic thoughts, lies an extraordinary journey waiting to be undertaken. Penned by a skilled wordsmith, that marvelous opus encourages readers on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within the very cloth of each and every word. Within the psychological depths with this moving review, we shall embark upon a heartfelt exploration of the book is primary subjects, dissect its charming writing design, and succumb to the effective resonance it evokes deep within the recesses of readers hearts.

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