

Not tonight

Migraine and the politics of gender and health

Reviewed by Maria Siemann

Joanna Kempner, *Not Tonight: Migraine and the Politics of Gender and Health*. Chicago: University of Chicago Press, 2014. Paperback, 232 pp., \$27.50. ISBN: 9780226179155.

Not Tonight: Migraine and the Politics of Gender and Health is a multisited ethnography by Joanna Kempner that examines how migraine headaches – despite its biomedicalization and the current understanding of the phenomenon as a neurological disease – still deals with a ‘legitimacy deficit’ (p. 10). As a disease that disproportionately affects women, doctors and society at large question the pain involved and associate it with ‘feminine’ characteristics like neuroticism and hysteria, which leads to migraines often being trivialized. The book is written in the field of medical anthropology and sociology, focuses mostly on the United States, and is a compelling contribution to understanding the role notions of gender play in medicine.

Kempner starts by clarifying the continuous questioning throughout history of the legitimacy of migraines, noting it is a disease where pain is not observable and ‘interrupts mind/body dualisms in ways that can make it hard for others to understand’ (p. 3). She gives an impressive overview of medical diagnosing and framing of migraines, which convincingly shows the impact of medical structures on how the phenomenon of migraines has been seen throughout time, reinforcing social structures along gendered cultural norms. In the eighteenth and nineteenth centuries, migraines were seen as a disease associated with a ‘nervous temperament’ and symptoms of hysteria, both long associated with women. In the 1940s came psychological explanations of the ‘migraine personality’ (seen as perfectionist

Not Tonight Migraine And The Politics Of Gender And Health

Joanna Kempner



Not Tonight Migraine And The Politics Of Gender And Health:

Not Tonight Joanna Kempner, 2014-10-08 Migraine is an extraordinarily common disabling and painful disorder that affects over 36 million Americans and costs the US economy at least 32 billion per year Nevertheless it is frequently dismissed ignored and delegitimized In this book Joanna Kempner argues that this general dismissal of migraine can be traced back to the gendered social values embedded in the way we talk about understand and make policies for people in pain

Not Tonight Joanna Kempner, 2014-10-09 An insightful and eloquent account of our evolving understandings of migraine from a condition of weak nerved women to a real disease Elizabeth Mitchell Armstrong Princeton University Pain Vomiting Hours and days spent lying in the dark Migraine is an extraordinarily common disabling and painful disorder that affects over 36 million Americans and costs the US economy at least 32 billion per year Nevertheless it is a frequently dismissed ignored and delegitimized condition In *Not Tonight* sociologist Joanna Kempner argues that this general dismissal of migraine can be traced back to the gendered social values embedded in the way we talk about understand and care for people in pain The symptoms that accompany headache disorders like head pain visual auras and sensitivity to sound lack objective markers of distress that can confirm their existence Therefore doctors must rely on the perceived moral character of their patients to gauge how serious their complaints are Kempner shows how this subjective dimension of diagnosis has shaped the history of migraine In the nineteenth century migraine was seen as a disorder of upper class intellectual men and hysterical women In the 1940s the concept of migraine personality developed in which women with migraine were described as uptight neurotics who withheld sex Even today we see depictions of people with highly sensitive migraine brains *Not Tonight* casts new light on how cultural beliefs about gender pain and the distinction between mind and body influence not only whose suffering we legitimate but which remedies are marketed how medicine is practiced and how knowledge about disease is produced

Sexual and Gender Minority Health Brea L. Perry, Allen J. LeBlanc, 2021-01-15 This volume of *Advances in Medical Sociology* showcases rich theoretical and empirical contributions on SGM health and wellbeing The chapters address a variety of topics drawing from classic and contemporary sociological frameworks and constructs and reflecting intersecting interdisciplinary approaches to SGM health

The Sociology of Health and Illness Peter Conrad, Valerie Leiter, 2023-06-12 This anthology for Medical Sociology courses brings together a collection of readings from the scholarly literature on health medicine and health care covering some of the most timely health issues of our day

Nursing History Review, Volume 25 Patricia D'Antonio, PhD, RN, FAAN, 2016-08-09 *Nursing History Review* an annual peer reviewed publication of the American Association for the History of Nursing is a showcase for the most significant current research on nursing history Regular sections include scholarly articles over a dozen book reviews of the best publications on nursing and health care history that have appeared in the past year and a section abstracting new doctoral dissertations on nursing history Historians researchers and individuals fascinated with the rich field of nursing will find this

an important resource Included in Volume 25 Compassionate Care Through the Centuries Highlights in Nursing History Endeavoring to Carry On Their Work The National Debate Over Midwives and Its Impact in Rhode Island 1890 1940 A Powerful Protector of the Japanese People The History of the Japanese Fishermen s Hospital in Steveston British Columbia Canada 1896 1942 Confectionery Care The Child as a Category of Historical Analysis Doctors Don t Do So Much Good Traditional Practices Biomedicine and Infant Care in the 20th Century United States *Living with Headaches (Headline Health series)* Mark Weatherall,2024-01-04 Headaches are a common part of many people s lives for the most part causing the occasional inconvenience However for some headaches can be a major burden Around 10 million adults in the UK experience migraines and more than 500 000 people are living with daily or near daily headaches In Headaches Dr Mark Weatherall explains the current scientific understanding of what headaches are what causes them and why certain people get them This book covers the headache basics the common types and how they are diagnosed how to manage headaches the treatment options available and answers commonly asked questions This easy to understand guide will give you all the information you need to better understand headaches and take the next steps in managing or seeking treatment for this condition *The Migraine Relief Plan* Stephanie Weaver,2017-02-14 A must have guide to reducing symptoms related to migraine vertigo and Meniere s disease including over 75 trigger free recipes Mark Hyman MD director of the Cleveland Clinic Center for Functional Medicine In The Migraine Relief Plan certified health and wellness coach Stephanie Weaver outlines a new step by step lifestyle approach to reducing migraine frequency and severity Using the latest research extensive testing and her own experience with a migraine diagnosis Weaver has designed an accessible plan to help those living with migraine headaches or Meniere s disease Over the course of eight weeks the plan gradually transitions readers into a healthier lifestyle including key behaviors such as regular sleep trigger free eating gentle exercise and relaxation techniques The book also collects resources shopping lists meal plans symptom tracking charts and kitchen tested recipes for breakfast lunch snacks and dinner to provide the necessary tools for success The Migraine Relief Plan encourages readers to eat within the guidelines while still helping them follow personal dietary choices like vegan or Paleo and navigate challenges such as parties work and travel An essential resource for anyone who lives with head pain or their loved ones this book will inspire you to rethink your attitude toward health and wellness *Reproduction, Health, and Medicine* Elizabeth Mitchell Armstrong,Susan Markens,Miranda R. Waggoner,2019-11-22 At a moment when reproduction is increasingly politicized the volume explores the breadth of contemporary research on reproduction from the perspective of medical sociology illuminating the lived experience of reproduction and offering insights to inform sociology and health policy *Disabilities and the Life Course* Heather E. Dillaway,Carrie L. Shandra,Alexis A. Bender,2023-07-31 Featuring a framework rarely applied in the field of disability studies this book explores not only a range of disabilities and impairments but also a diverse array of life course experiences deepening knowledge across both fields for the widest possible impact **Child Pain,**

Migraine, and Invisible Disability Susan Honeyman, 2016-11-03 Cover Title Copyright Dedication Contents List of figures Permissions Preface A note to readers Acknowledgments Introduction 1 Migraine as invisible disability 2 A history of pediatric pain and the politics of pill culture 3 Materia medica and literary migraine 4 Testifying against trigemony 5 Visibility machines and pain proxies Conclusion Animality empathy and interdependence Afterword Scars a migraine diary Appendix Works cited Index "Save My Kid" Amanda M. Gengler, 2020-01-21 A frank analysis of the medical and emotional inequalities that pervade the healthcare process for critically ill children Families who have a child with a life threatening illness face a daunting road ahead of them one that not only upends their everyday lives but also strikes at the very heart of parenthood In *Save My Kid* Amanda M Gengler traces the emotional difficulties these families navigate as they confront a fundamentally unequal healthcare system in the United States Gengler reveals the unrecognized everyday inequalities tangled up in the process of seeking medical care showing how different families manage their children s critical illnesses She also uncovers the role that emotional goals deeply rooted in the culture of illness and medicine play in medical decision making healthcare interactions and the end of children s lives A deeply compassionate read *Save My Kid* is an inside look at inequality in healthcare among those with the most at stake Migraine Katherine Foxhall, 2019-06-18 A cultural social and medical history of migraine For centuries people have talked of a powerful bodily disorder called migraine which currently affects about a billion people around the world Yet until now the rich history of this condition has barely been told In *Migraine* award winning historian Katherine Foxhall reveals the ideas and methods that ordinary people and medical professionals have used to describe explain and treat migraine since the Middle Ages Touching on classical theories of humoral disturbance and medieval bloodletting Foxhall also describes early modern herbal remedies the emergence of neurology and evolving practices of therapeutic experimentation Throughout the book Foxhall persuasively argues that our current knowledge of migraine s neurobiology is founded on a centuries long social cultural and medical history This history she demonstrates continues to profoundly shape our knowledge of this complicated disease our attitudes toward people who have migraine and the sometimes drastic measures that we take to address pain *Migraine* is an intimate look at how cultural attitudes and therapeutic practices have changed radically in response to medical and pharmaceutical developments Foxhall draws on a wealth of previously unexamined sources including medieval manuscripts early modern recipe books professional medical journals hospital case notes newspaper advertisements private diaries consultation letters artworks poetry and YouTube videos Deeply researched and beautifully written this fascinating and accessible study of one of our most common disabling and yet often dismissed disorders will appeal to physicians historians scholars in medical humanities and people living with migraine alike **Common Enemies** Rachel Kahn Best, 2019-07-01 For over a hundred years millions of Americans have joined together to fight a common enemy by campaigning against diseases In *Common Enemies* Rachel Kahn Best asks why disease campaigns have dominated a century of American philanthropy and health policy and how the fixation

on diseases shapes efforts to improve lives Combining quantitative and qualitative analyses in an unprecedented history of disease politics Best shows that to achieve consensus disease campaigns tend to neglect stigmatized diseases and avoid controversial goals But despite their limitations disease campaigns do not crowd out efforts to solve other problems Instead they teach Americans to give and volunteer and build up public health infrastructure bringing us together to solve problems and improve our lives Silencing Migraines Dr. Felix Fielding,2024-10-04 Transforming Pain into Power Your Path to Migraine Mastery Migraines are more than just headaches they are life altering forces that impact daily living Silencing Migraines A Survivor s Guide offers a lifeline to those who feel like prisoners to their own pain This comprehensive guide opens with a deep dive into understanding the science and triggers of migraines providing a foundation of knowledge that empowers you to reclaim control over your health Explore the intricacies of diagnosing migraines where recognizing symptoms and building a rapport with healthcare providers becomes your first step towards a tailored treatment plan The book guides you through essential lifestyle adjustments from perfecting your sleep routine to managing dietary impacts to diminish migraine occurrences significantly Delve into stress management techniques and mindfulness practices along with safe exercise routines designed with migraine sufferers in mind Discover the myriad of treatment options available from traditional medical treatments to alternative therapies like acupuncture and herbal remedies making informed choices easier than ever before But the journey doesn t stop at treatments Gain insights into coping strategies that aid not just in pain relief but also in navigating social and work situations with confidence Learn to communicate effectively about your condition to build a supportive network around you both personally and professionally Interweaving scientific insights with real life patient stories this guide also helps in crafting a personalized migraine action plan and delving into the world of holistic healing Whether you re seeking to understand chronic conditions or learning to manage seasonal triggers this book is your indispensable companion in transforming suffering into strength Take the first step today toward a pain free tomorrow

The Oxford Handbook of the Sociology of Disability Robyn Lewis Brown,Michelle Maroto,David Pettinicchio,2023 The Oxford Handbook of the Sociology of Disability provides foundational chapters on where we have been where we are now and where we must go with research on and in the sociology of disability In doing so the Handbook chapters wrestle with important questions around inequality poverty exclusion political activism and empowerment cultural attitudes global policies and practices and much more **Meaningless Citizenship** Sally Wesley Bonet,2022-11-22 A searing critique of the freedom that America offers to the victims of its imperialist machinations of war and occupation Meaningless Citizenship traces the costs of America s long term military involvement around the world by following the forced displacement of Iraqi families unveiling how Iraqis are doubly displaced first by the machinery of American imperialism in their native countries and then through a more pernicious war occurring on U S soil the dismantling of the welfare state Revealing the everyday struggles and barriers that texture the lives of Iraqi families recently resettled to the United States Sally Wesley Bonet draws

from four years of deep involvement in the refugee community of Philadelphia An education scholar Bonet s analysis moves beyond the prevalent tendency to collapse schooling into education Focusing beyond the public school to other critical institutions such as public assistance resettlement programs and healthcare she shows how encounters with institutions of the state are an inherently educative process for both refugee youths and adults teaching about the types of citizenship they are expected to enact and embody while simultaneously shaping them into laboring subjects in service of capitalism An intimate in depth ethnography *Meaningless Citizenship* exposes how the veneer of American values freedom democracy human rights exported to countries like Iraq disintegrates to uncover what is really beneath a nation state that prioritizes the needs of capitalism above the survival and wellbeing of its citizens [The Zero Trimester](#) Miranda Waggoner,2017-09-12 A healthy pregnancy is now defined well before pregnancy even begins Public health messages promote pre pregnancy health and health care by encouraging reproductive age women to think of themselves as mothers before they think of themselves as women This happens despite little evidence that such an approach improves maternal and child health This book examines the dramatic shift in ideas about reproductive risk and birth outcomes over the last several decades unearthing how these ideas intersect with the politics of women s health and motherhood at the beginning of the twenty first century

Routledge International Handbook of Ignorance Studies Matthias Gross, Linsey McGoey,2015-05-15 Once treated as the absence of knowledge ignorance today has become a highly influential topic in its own right commanding growing attention across the natural and social sciences where a wide range of scholars have begun to explore the social life and political issues involved in the distribution and strategic use of not knowing The field is growing fast and this handbook reflects this interdisciplinary field of study by drawing contributions from economics sociology history philosophy cultural studies anthropology feminist studies and related fields in order to serve as a seminal guide to the political legal and social uses of ignorance in social and political life Chapter 33 of this book is freely available as a downloadable Open Access PDF under a Creative Commons Attribution Non Commercial No Derivatives 4.0 license available here [https://tandfbis.s3.us-west-2.amazonaws.com/rt/files/docs/Open Access Chapters 9780415718967_oachapter33.pdf](https://tandfbis.s3.us-west-2.amazonaws.com/rt/files/docs/Open%20Access%20Chapters/9780415718967_oachapter33.pdf) **The Handbook of Science and Technology Studies, fourth edition** Ulrike Felt, Rayvon Fouche, Clark A. Miller, Laurel Smith-Doerr,2016-12-23 The fourth edition of an authoritative overview with all new chapters that capture the state of the art in a rapidly growing field Science and Technology Studies STS is a flourishing interdisciplinary field that examines the transformative power of science and technology to arrange and rearrange contemporary societies The Handbook of Science and Technology Studies provides a comprehensive and authoritative overview of the field reviewing current research and major theoretical and methodological approaches in a way that is accessible to both new and established scholars from a range of disciplines This new edition sponsored by the Society for Social Studies of Science is the fourth in a series of volumes that have defined the field of STS It features 36 chapters each written for the fourth edition that capture the state of the art in a rich and rapidly growing field

One especially notable development is the increasing integration of feminist gender and postcolonial studies into the body of STS knowledge. The book covers methods and participatory practices in STS research mechanisms by which knowledge people and societies are coproduced, the design, construction and use of material devices and infrastructures, the organization and governance of science and STS, and societal challenges including aging, agriculture, security, disasters, environmental justice, and climate change.

Holding It Together Jessica Calarco, 2024-06-04

Other countries have social safety nets. The U.S. has women. *Holding It Together* chronicles the causes and dire consequences America runs on women, women who are tasked with holding society together at the seams and fixing it when things fall apart. In this tour de force, acclaimed Sociologist Jessica Calarco lays bare the devastating consequences of our status quo. *Holding It Together* draws on five years of research in which Calarco surveyed over 4,000 parents and conducted more than 400 hours of interviews with women who bear the brunt of our broken system. A widowed single mother struggles to patch together meager public benefits while working three jobs; an aunt is pushed into caring for her niece and nephew at age fifteen once their family is shattered by the opioid epidemic; a daughter becomes the backstop caregiver for her mother, her husband, and her child because of the perceived flexibility of her job; a well-to-do couple grapples with the moral dilemma of leaning on overworked, underpaid childcare providers to achieve their egalitarian ideals. Stories of grief and guilt abound. Yet they are more than individual tragedies. Tracing present-day policies back to their roots, Calarco reveals a systematic agreement to dismantle our country's social safety net and persuade citizens to accept precarity while women bear the brunt. She leads us to see women's labor as the reason we've gone so long without the support systems that our peer nations take for granted and how women's work maintains the illusion that we don't need a net. Weaving eye-opening original research with revelatory sociological narrative, *Holding It Together* is a bold call to demand the institutional change that each of us deserves and a warning about the perils of living without it.

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Not Tonight Migraine And The Politics Of Gender And Health Introduction

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