# NUTRITION for Developing Countries

EDITED BY

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3RD EDITION



## **Nutrition Developing Countries Felicity Savage**

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#### **Nutrition Developing Countries Felicity Savage:**

Nutrition for Developing Countries Felicity Savage King, Ann Burgess, 1993 Nutrition for Developing Countries is both a textbook of nutrition covering the essential facts about nutrients nutrient needs foods ane meals and at the same time a practical guide for nutrition workers be they health workers agricultural workers home economists or school teachers or their trainers It explains in clear simple language and practical detail how nutrition workers can help families with nutrition problems how to treat malnourished children and how to work in communities and in schools This information is not easily available elsewhere and no othermanual covers the subject so comprehensively The manual is liberty illustrated with many new drawings as well as some from the old edition of the book This new edition of a popular and widely used book brings the subject up to date and takes it to a slightly more advanced level and includes new ideas on working in and with communities and about nutrition education It includes many ideas for exercises for training nutrition workers Nutritionfor Developing Countries fills the role of the first edition and retains its simple approach but covers the subject in greater depth and more Nutrition for Developing Countries Felicity Savage King, Ann Burgess, Victoria J. Quinn, Akoto K. Osei, 2015-10-15 Nutrition is an essential component of the work of all health and community workers including those involved in humanitarian assistance and yet it is often neglected in their basic training Drawn from the experiences of an international editor team with extensive field experience Nutrition for Developing Countries brings together the essential basics of nutrition in an easily accessible form which is accurate up to date and practical and suitable for a wide range of readers at different levels. The book covers the whole life cycle including pregnancy breastfeeding complementary feeding older children adolescents adults and the elderly with an emphasis on the most vulnerable women and children The fully revised and updated edition addresses both the long standing problems of undernutrition and malnutrition and the growing epidemic of overnutrition and obesity which are responsible for the rapid increase in non communicable diseases of later life Generously illustrated Nutrition for Developing Countries explains in clear simple language and practical detail how nutrition workers can help families with nutrition problems including many ideas for exercises for training nutrition workers

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