

N-nutrition gives you a healthy body

U-us, me, and also you.

T-the amount of this you have can

R-really affect the things you do.

I-if you have nutrition

T-then your health will be in shape.

I-if you lack this then you're

O-on the verge of being overweight

N-nutrition can impact your lives.

Nutrition Acrostic Poem

Guillaume Favre



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