FOUNDATIONS OF OBJECT RELATIONS FAMILY THERAPY



Edited by Jill Savege Scharff, M.D.

Object Relations Family Therapy The Library Of Object Relations

David E. Scharff, Jill Savege Scharff

Object Relations Family Therapy The Library Of Object Relations:

Object Relations Family Therapy David E. Scharff, Jill Savege Scharff, 1977-07-07 Offers an indepth and thoughtful exploration of the relevance of psychoanalysis to family therapy The Primer of Object Relations Iill Savege Scharff, David E. Scharff, 2005-05-03 In their groundbreaking A Primer of Object Relations Jill Savege Scharff and David E Scharff answered readers questions about this burgeoning field in remarkably clear and readable prose It is difficult to imagine any other team of authors who could provide such a comprehensive survey of the broad applications of object relations theory and in the second edition of this authoritative work the Scharffs draw from their years of clinical experience to create an inclusive and up to date manual for object relations theory that is certain to become a classic in the field **Foundations of Object** Relations Family Therapy David Berkowitz, 1989 TABLE OF CONTENTS Part 1 The Foundations of Object Relations Family Therapy 1 The Development of Object Relations Family Therapy Ideas 2 Object Relations Theory and Its Application to Family Therapy Part 2 Adolescent Development in the Family Context 3 Maintenance of Stereotyped Roles in the Families of Schizophrenics 4 Identity and Ego Autonomy in Adolescence 5 The Origin of Adolescent Disturbances in the Family Some Considerations in Theory and Implications for Therapy Part 3 Shared Unconscious Fantasy and Projective Identification 6 Family Organization and Adolescent Development 7 Projective Identification as a Mode of Perception and Behavior in Families of Adolescents 8 The Influence of Family Experience on Borderline Personality Development 9 The Implications of Projective Identification for Marital Interaction 10 Who Are You and What Have You Done with My Wife Part 4 The Analytic Group Interpretive Approach 11 The Family Group as Single Psychic Entity Implications for Acting Out in Adolescence 12 The Adolescent the Family and the Group Boundary Considerations 13 Family Dynamics and Object Relations Theory An Analytic Group Interpretive Approach to Family Therapy 14 The Influence of Shared Unconscious Fantasy on Family Communication Part 5 Integration of Individual and Family Therapy 15 Concurrent Family Treatment of Narcissistic Disorders in Adolescence 16 The Borderline Ego and the Working Alliance Indications for Family and Individual Treatment in Adolescence 17 The Effects of Parental Self Esteem on Adolescent Individuation A Dimensional View 18 The Use of Concurrent Therapies Therapeutic Strategy or Reenactment 19 The Re Creation of the Family in the Mind of the Individual Therapist and the Re Creation of the Individual in the Mind of the Family Therapist Part 6 An Object Relations Approach to Sexuality in Family Life 20 The Role of Transitional Experience in Development in Healthy and Incestuous Families 21 Adolescent Sexuality in Family Therapy 22 An Object Relations Approach to Sexuality in Family Life Part 7 Object Relations Family Therapy 23 Transference Countertransference and Technique in Object Relations Family Therapy 24 Play An Aspect of the Therapist s Holding Capacity Object Relations Theory and Practice David E. Scharff, 1996 Object relations theory has caused a fundamental reorientation of psychodynamic thought In Object Relations Theory and Practice Dr David E Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected

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Love and Hate in the Analytic Setting Glen O. Gabbard, 2000-04-01 Passionate feelings of love and hate are stirred in psychotherapy Paradoxically these passions may either undermine the therapist catastrophically or serve as the crucible in which profound understanding is forged

Transferences and countertransferences of love and hate occur on a spectrum that includes unobjectionable negative and positive feelings relatively benign forms of love and hate and more malignant intractable versions of love and hate that present formidable challenges to the therapist Each of these variations is explored in different chapters of this book Gender configurations gender fluidity adolescent transferences the link between love and lust and passive forms of hating are among the topics discussed Most of all the author noted psychoanalyst Glen Gabbard depicts what it is like to be in the eye of the hurricane when passions are aroused He provides a practical yet theoretically sophisticated guide to the management of love and hate as they are experienced by both patient and therapist Body and Soul Harold Bronheim, Harold E. Bronheim, 1998 Previously under represented in the literature of therapy the topics of religious belief faith and the state of grace are becoming matters of great interest to the apists at a time when our culture is moving in the opposite direction toward a biological short term and mechanistic view of the human condition So it s a delight to find this gem of a book Body and Soul Harold Bronheim puts together an analytic view of body image and of the development of mind connects it with shame develops an object relational approach to healing body and soul and presents therapy as a caring confrontation with reality that calls for a leap of faith Cogent clinical examples vividly illustrate the scholarly aspects of the text It s a well organized set of original essays that hang together in a logical progression and add up to a mature reflection on the life of the flesh and the spirit Comprehensive deeply philosophical and complex Body and Soul nevertheless manages to be short and easy to read Bronheim redresses the split between mind and body and the avoidance of religion in psychoanalytic writing Body and Soul does not present a philosophy it challenges the seasoned therapist to ask questions get beyond the confines of previous orientations and develop a broader perspective on the whole person That's refreshing Jill Savege Scharff Crisis at Adolescence Sally Box, 1994 There is the danger of severe fragmentation but at the same time a chance to reintegrate the unmanageable aspects rather than deal with them via projection and acting out However the only way this can happen is if those split off feelings and functions can be contained and integrated at a feeling level as well as at a verbal level Cruelty, Violence, and Murder Arthur Hyatt-Williams, 1998 Convicted murderers their death sentences commuted to life in prison when England abolished the death penalty are some of the subjects of this psychological study of what makes people kill Psychiatrist Arthur Hyatt Williams worked for many years in long term psychotherapy with these murderers and others who tried to kill or were troubled by thoughts of killing The result an investigation into the depths of the criminal mind and the line that separates those who kill from those who only think about killing or those who only injure themselves Close Encounters Robert Winer, 1994 The traditional view of the therapeutic interaction fails to capture the heart of the process when it pictures the therapist as disinterested and distanced agent of change Growing interest in the helpful use of countertransference reflects a shift toward a two person view of treatment There has been surprisingly little effort however to explore systematically the full potential of such a model for making sense of the therapeutic process Emphasis on the

relational aspect of treatment has too often been derisively equated with the idea that cure occurs through a sophisticated form of parental caring with the role of interpretation being essentially incidental The fear of being discredited in this way has kept therapists from trying to conceptualize the ways in which a two person process in fact underlies the patient's and therapist's search for meaning Contrasts a One person and a Two person Analysis of an Initial Interview In Close Encounters Dr Robert Winer takes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrikes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustrkes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf

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Repairing Intimacy Judith P. Siegel,1992 Couples therapy is greatly enhanced when both the intrapsychic and interpersonal realms can be utilized Object relations theory allows linkages between the spouses subjective realities and their relationship in a way that allows the two worlds to be mutually informing In Repairing Intimacy the theories of the American object relations theorists are applied to couple dynamics The representational world is used to explain how

primitive defense mechanisms and other intrapsychic phenomena contribute to marital conflict The structure function and content of the representational world all contribute to spousal expectations and the couple's capacity for intimacy Esteem soothing and the propensity of splitting strongly affect the ways in which spouses interact Projective identifications similarly provide explanations of the couple's interaction internalized conflicts and relationships with earlier objects This book explains how object relations concepts can be used in assessment and in planning treatment goals Treatment can provide stability or help the couple relate to each other with deepened understanding Object relations dynamics can help therapists assess which treatment objectives and goals are most applicable to the couples they treat The beginning and middle phases of couples treatment are given special consideration and include issues such as assessing the couple's commitment to each other and the importance of empathic listening Other treatment topics include analysis of projective identification and the use of countertransference Planned and unplanned terminations are also explored In each treatment section case material is provided to explicate the therapist's role The book also examines common therapy issues from an object relations perspective These include the consequences and advantages of conjoint concurrent and collateral treatment approaches Consideration is also given to the choice of focusing on the couple when the initial presenting problem is the family or an individual Individual psychotherapy and family therapy can no longer be viewed as competing and disparate treatment approaches This book creates an integrated approach so that couples can be understood in their totality A Jason Aronson Book Engagements Steven A. Frankel, 2004 In this fine book Dr Steven A Frankel paints the portraits of his collaborating patients vividly graphically and with consummate compassion Treatment for Frankel is never a discussion and surely not one filled with the therapist s abstinence it is a vital interactive and changing experience for both partners He is no less skillful in engaging and educating the reader His review of psychoanalytic theories and research is in itself a prodigious and productive education It is tempting to suggest that this important contribution to psychoanalysis and psychoanalytic therapy is one illustration of theory finally catching up to sensitive and effective practice Frankel closes his lovely book with thanks to the reader for coming on this part of my journey Shirley Cooper LCSW Object Relations Family Therapy David E. Scharff, Jill Savege Scharff, 1987-02-01 Offers an indepth and thoughtful exploration of the relevance of psychoanalysis to family therapy

The Primer of Object Relations Therapy Jill Savege Scharff, David E. Scharff, 1995 In the last two decades object relations theory has crossed the Atlantic and taken America by storm The enthusiasm among American clinicians for the British School however has led to a host of problems related to the need to master a new terminology The difficulty in assimilating object relations theory is one more example of the aphorism that America and England are two countries separated by a common language The Scharffs have taken a giant step forward in assisting American therapists in their efforts to master the language of object relations theory With this primer they have anticipated the reader's questions at every turn and have answered them in remarkably clear and readable prose Terms like projective identification holding

containment and self are freed from obscurity and made entirely understandable to even the novice clinician The authors then apply these concepts to a variety of clinical settings The Scharffs are equally at home when doing individual family marital group or sex therapy It is difficult to imagine any other team of authors who could provide such a comprehensive survey of the broad applications of object relations theory Students in all the mental health professions will find this slim volume to be an extraordinarily useful introduction to the field The Relational Origins of Prejudice Ron B. Aviram, 2008-12-16 Prejudice occurs between large groups and is experienced by members of those groups Within the individual these large group identifications are integrated into a dimension of the self concept called collective identity When collective identity is salient people tend to perceive themselves and others as large group members rather than as individuals At those times there is less differentiation between the self and the large group We can say that the person is overidentified with the large group Prejudice is an outcome of this overidentification Our effort to understand the problem of prejudice requires that we examine both intrapsychic and environmental factors that may lead to an overidentification In particular a relational perspective directs our attention to the relationship between the individual and the large groups that make up his or her collective identity This is called an ingroup as opposed to outgroups not part of one s collective identity From this perspective prejudice can be understood to be an aberration between the person and the ingroup in which an overidentification occurs rather than a problem between the person and an outgroup How this occurs developmentally intrapsychically and environmentally and affects individuals is the subject of the book Throughout the book Aviram integrates empirical work from social psychology with theoretical and clinical examples from psychoanalysis in order to show the potential overlap of concepts used in both disciplines Object Relations Therapy of Physical and Sexual Trauma Iill Savege Scharff, David E. Scharff, 2008 Rising above the polemics surrounding sexual and physical abuse David and Jill Savege Scharff bring a relational perspective to the integration of psychoanalytic and trauma theories in order to understand the effects of overwhelming physical and psychological trauma including sexual abuse injury and birth defect The Scharffs draw from their object relations therapy with individuals families and couples recovering from trauma and abundance of relevant clinical examples described in their characteristically personal and vivid style Their treatment approach influenced by Fairbairn Klein and Winnicott is respectful of the patient's experience They advise avoiding premature interpretations that impose their own reality on patients because this traumatizes them just as their abuser did In order to work well with these traumatized people the clinician must be able to tolerate ambiguity and sustain long term therapy for it takes the patience of waiting and wondering to recover deeply repressed memories explore them thoroughly and evaluate their meaning and importance for the patient The Scharffs demonstration of clinical processes helps therapists contain their own countertransference to trauma so as to be fully present with their clients and consistently able to confront abuse patterns in society The object relations approach not only deals with trauma s impact on the individual but views it in its cultural and

interpersonal context as well Society alternately emphasizes and ignores trauma so that an encapsulated traumatic experience festers until the next eruption just as dissociative defenses segmentally protect and exaggerate traumatic experience in the individual case The Scharffs review Kramer's Mahlerian approach McDougall's insights into the silence of the psyche and the words of the soma and Anzieu s elaboration of the body ego They resuscitate Freud s seduction hypothesis and the traumatic basis of the repetition compulsion They compare and contrast the concepts of re Interpersonal Unconscious David E. Scharff, Jill Savege Scharff, 2011-09-16 In The Interpersonal Unconscious the Scharffs explore the construction and expression of the unconscious in interpersonal interaction. The authors draw from individual analysis conjoint psychotherapy with families and couples and from the use of group process in teaching They introduce chaos theory applied to dynamical systems and South American theories of the link and the analytic field now available in English Advances in development neuroscience ethology and attachment theory all contribute to their expanded view of the unconscious mind and its relationships In turn the Scharffs view of the interpersonal unconscious revises current views of development clinical theory and unconscious psychic organization. The unconscious is not individual as Freud thought. It is fundamentally interpersonal at the same time that it feels intensely our own We live in an unconscious field Each of us contributes to it and each is structured and enriched by it We are social creatures not only in our behaviors and interactions but in the deepest recesses of our minds We can no longer conceive of the unconscious as an individual property according to Freud's original topographic and structural theories Even though the individual unconscious is unique paradoxically it is also shared in reciprocal interactions with intimate partners work groups and social groups In this state of mutual influence our unconscious minds are constantly under construction across the life cycle

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