

Mi guía de yoga

Teoría y práctica, paso a paso

Incluye
CD
con 3 secuencias
guiadas, una práctica
de respiración y
una relajación
profunda



Gloria Rosales
Gordana Vranjes



LA VOZ DE HELIOS
EDICIONES INVISIBLES

Mi Guia De Yoga Cd La Voz De Helios

Liyong Dong



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