



# MANUAL HANDLING / PATIENT MOVING COURSE

# **Patient Manual Handling Handouts**

**Preston Gralla** 

# **Patient Manual Handling Handouts:**

**Professional Development, Reflection and Decision-making** Melanie Jasper,2006 Providing an introduction to reflective practice clinical decision making and professional development this book explores the concepts in relation to professional practice and inter professional working competencies and accountability and portfolio development

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web bolt torque is calculated for a flanged assembly using the following equation applied torque  $t \ k \ f \ d \ 12$  in fps unit where t torque in ft lb k dimensionless nut factor or tightening factor f axial force in pounds d nominal bolt diameter in inches in the metric system torque applied  $t \ k \ d \ f \ 1000$  where t torque in n m f bolt load in n

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web easy handling bolt numbering shall be done clockwise around the flange with the following sequence the table below shows the torque sequence for flanges with 4 to 32 bolts number of bolt studbolt tightening sequence to follow4 bolt flange1 3 2 48 bolt flange1 5 3 7 2 6 4 812 bolt flange1 7 4 10 2 8 5 11 3 9 6 1216 bolt

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web for flanges with 12 or more bolts 1 st round 20 percent of final torque 2 nd round 40 percent of final torque 3 rd round 80 percent of final torque 4 th round 100 percent of final torque final round clockwise or counter clockwise around the flange please take note the above bolt tightening sequences are the most

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web number of bolt stud bolt tightening sequence to follow 4 bolt flange 1 3 2 4 8 bolt flange 1 5 3 7 2 6 4 8 12 bolt flange 1 7 4 10 2 8 5 11 3 9 6 12 16 bolt flange 1 9 5 13 3 11 7 15 2 10 6 14 4 12 8 16 20 bolt flange 1 11 6 16 3 13 8 18 5 15 10 20 2 12 7 17 4 14 9 19 24 bolt flange

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web ensure the bolt lengths allow for a minimum of 2 3 threads protruding beyond the top of the nut when tightened bolts must be tightened according to the below sequence options assemble bolts hand tight maximum 30 of final tightening torque as per below cross pattern sequences

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web step 1 liberally lubricate all load bearing surfaces including threads and flat washers then install and finger tighten all fasteners number the bolts flange according to the bolt torque sequence step 2 set the torque wrench to 1 3 of the target torque value and tighten in an order bolts 1 2 3 4 until all have been tightened

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