

THE MINDFUL COACH

Seven Roles for Facilitating Leader Development

NEW AND REVISED EDITION



DOUG SILSBEE

WITH A FOREWORD BY MARSHALL GOLDSMITH

**Mindfulcoachthe Mindful Coach Seven Roles For
Facilitating Leader Developmenthardcover2010bydoug
Silsbee**

Douglas K. Silsbee



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The Mindful Coach Doug Silsbee, 2010-01-21 REGARDLESS OF YOUR LEVEL of coaching experience you are likely to be asked to support the development of people with whom you share a professional or personal relationship In this thoroughly revised and updated edition of his best selling book The Mindful Coach expert coach Doug Silsbee presents his practical Septet Model as an ideal tool for conducting coaching conversations with executives leaders and other professionals The model differentiates seven roles or Voices that anyone in a coaching role can use when engaging in these learning conversations Master Partner Investigator Reflector Teacher Guide and Contractor In this important book Silsbee illuminates the dynamic relationship among these seven roles and shows how to integrate them into an intelligent strategy that can be applied to any coaching conversation Designed as a down to earth resource The Mindful Coach is filled with practical exercises and sample dialogues for learning and applying the model Throughout the book Silsbee s strong emphasis on self knowledge and mindfulness integrates with the Septet Model in a transformational approach to coaching that has consistently produced significant and sustainable results for leaders in Fortune 100 companies nonprofit organizations business schools education and government

The Mindful Coach Douglas K. Silsbee, 2004 Drawing from modern Buddhist perspectives on mindfulness this important book skillfully integrates the key practice of self awareness with seven essential roles played by any professional charged with supporting learning growth and change With exercises sample dialogues and application models The Mindful Coach offers a systematic approach for developing yourself as a coach

Presence-Based Coaching Doug Silsbee, 2008-11-17 Presence Based Coaching offers coaches a hands on resource for developing the capacities and skills needed to be reliably present in all situations and shows how to let go of habitual and often ineffective ways of responding As author and leadership expert Doug Silsbee explains once a coach has mastered the inner moves of directing their own attention they can work to develop the same capability in their clients The ability of a coach to facilitate lasting sustainable development in leaders rests on the presence a coach offers to the coach client relationship

Uncover the mysteries within Crafted by is enigmatic creation, Discover the Intrigue in **Mindfulcoachthe Mindful Coach Seven Roles For Facilitating Leader Developmenthardcover2010bydoug Silsbee** . This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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