



Diana Kennedy

# México

## Una odisea culinaria

Traducción de Laura Emilia Pacheco

PLAZA  JANÉS

# Mexico Una Odisea Culinaria Spanish Edition

**Patricia Quintana**



## **Mexico Una Odisea Culinaria Spanish Edition:**

**Críticas** ,2003      **Books in Print Supplement** ,2002      *Mexico* Diana Kennedy,2001-01-01 A personal look at the culinary traditions of Mexico from the best selling author of *Art of Mexican Cooking* introduces more than three hundred delectable and authentic recipes accompanied by commentary on each dish and the culture that spawned them      **México: una odisea culinaria** Diana Kennedy,2014-09-15 Pasi n por la comida mexicana Nunca me siento tan feliz como cuando me dirijo a alg n sitio en mi camioneta para descubrir cosas nuevas porque hace mucho me percat de que la riqueza de la comida mexicana y la variedad de formas en que se prepara son infinitas Diana Kennedy Fruto de los numerosos recorridos que ha realizado la autora por todos los rincones de M xico este libro es un apasionante viaje al coraz n de la cocina nacional y un tributo a la riqueza culinaria del pa s en una poca en la cual dicho legado se encuentra en peligro de perderse y desvirtuarse Mucho m s que un valioso conjunto de recetas tradicionales es tambi n un compendio que recoge an cdotas informaci n geogr fica datos hist ricos y detalles sobre las costumbres folclor y cultura de los distintos estados de la rep blica La obra est dividida en varios cap tulos que se corresponden con las regiones de M xico Cada cap tulo contiene una fascinante colecci n de sabores colores y aromas que reflejan el amor de Diana Kennedy por nuestra cocina      México Diana Kennedy,2014-09 Fruto de los numerosos recorridos que ha realizado la autora por todos los rincones de M xico este libro es un apasionante viaje al coraz n de la cocina nacional y un tributo a la riqueza culinaria del pa s en una poca en la cual dicho legado se encuentra en peligro de perderse y desvirtuarse Mucho m s que un valioso conjunto de recetas tradicionales es tambi n un compendio que recoge an cdotas informaci n geogr fica datos hist ricos y detalles sobre las costumbres folclor y cultura de los distintos estados de la rep blica La obra est dividida en varios cap tulos que se corresponden con las regiones de M xico Publisher      *My Mexico* Diana Kennedy,2013-10-20 A deeply knowledgeable celebration of the diverse regional cuisines of Mexico A tour de force with the emphasis on authenticity Publishers Weekly By universal acclaim Diana Kennedy is the world s authority on the authentic cuisines of Mexico For decades she has traveled the length and breadth of the country seeking out the home cooks local ingredients and traditional recipes that make Mexican cuisines some of the most varied and flavorful in the world Kennedy has published eight classic Mexican cookbooks including the James Beard Award winning *Oaxaca al Gusto* But her most personal book is *My Mexico* a labor of love filled with more than three hundred recipes and stories that capture the essence of Mexican food culture as Kennedy has discovered and lived it First published in 1998 *My Mexico* is now back in print with a fresh design and photographs ready to lead a new generation of gastronomes on an unforgettable journey through the foods of this fascinating and complex country *My Mexico* is a masterwork No other writer has come close to Diana Kennedy in communicating the variety richness and delights of the cuisines of Mexico Naomi Duguid author of *Burma Rivers of Flavor* Open any pages of *My Mexico* and be transported to a waking dream Food Wine This book is as much a work of cultural anthropology as it is a recipe reference Publishers Weekly Many of these recipes are unusual

and have not been recorded anywhere else Kennedy is passionate about preserving these historical recipes And she has followed her quest from large thriving city marketplaces to tiny remote villages Essential Library Journal      **Mexican And Spanish Cookbook** Emma Yang, 2021-06-04 Are you looking for a cookbook with 140 tasty and healthy recipes In this 2 books in 1 edition by Emma Yang you will learn how to prepare at home 140 recipes for traditional and delicious food from Spain and Mexico In the first book Tapas Cookbook you will learn how to prepare at home 70 Spanish recipes for traditional and delicious food from Spain A tapa is dish usually served in a small plate typical from Spain and Andalusia region Considering Spanish people usually have dinner very late in the evening tapas are a way to start eating sooner usually in pre dinner restaurants that serve cocktail or wine and beer There are several reasons for being that famous worldwide It is a happy way to eat trying several different dishes in small portions It is also a quintessential mediterranean experience being tapas so deeply linked with the Spanish tradition and the Mediterranean flavors Last but not least Tapas can be easily prepared at home making them ideal for a dinner with friends and family From fish to meat and vegetables there are dozens of authentic tapas and you will have to try them all before deciding which one is the best In Tapas Cookbook by Emma Yang you will learn How to prepare 70 easy and joyful recipes from Spain 70 true recipes from classic and modern Spanish dishes How to prepare classic and traditional Tapas and Spanish recipes at home If you want to cook easy and tasty Tapas and Spanish food at home for friends and family this cookbook is for you In the second book Mexican Cookbook you will learn how to prepare at home 70 Mexican recipes for traditional spicy Mexican recipes One word that comes to mind when thinking about Mexican cuisines Joy The colors are impactful The tastes are complex bitter sweet spicy and sour but balanced like a perfect concert The way itself in which Mexican food is eaten is joyful shared small bite 100% flavors From tacos to burritos from quesadillas to fajitas Mexican food is perfect to be prepared at home and served to friends and family The ingredients can be easily found at the local supermarket and the process of creating your own tacos or fajitas is pure fun Wit a large use of meat fish and vegetables alongside mais and rice the Mexican cuisine is balanced and even in the rich garnish such as guacamole and pico del gallo the flavors are spot on and the ingredients not processed In Mexican Cookbook by Emma Yang you will learn How to prepare 70 easy recipes for tacos burritos and more 70 true recipes from classic and modern Mexican dishes How to prepare classic and traditional Mexican recipes at home If you want to cook easy and spicy Mexican food at home for friends and family this cookbook is for you Scroll up click on buy it now and get your copy today

*Taste of Mexico* Patricia Quintana, 1998-10-25 With more than 255 exquisite regional recipes 225 photographs this book is truly a gastronomical tour of Mexico The author is a world renowned chef who will familiarize you with the ingredients how to prepare each dish in an easy to follow text Beautiful pictures of places dishes as well as a cultural description of the cuisine of each region make this an invaluable thoroughly enjoyable cookbook      **The Taste of Mexico** Patricia Quintana, 1993

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