

THE IMPORTANCE OF PAIN MANAGEMENT IN PALLIATIVE CARE

- **Relief of Suffering:** Alleviates pain, enhances comfort, and improves daily activities and sleep.
- **Enhanced Quality of Life:** Reduces physical limitations, emotional distress, and social interaction challenges.
- **Improved Physical Function:** Utilizes medications and therapies to reduce stiffness, improve mobility, and support daily tasks.
- **Facilitation of Treatment Goals:** Ensures better tolerance of treatments like chemotherapy or radiation therapy.
- **Psychological and Emotional Well-being:** Addresses anxiety, depression, and helplessness through counseling and supportive therapies.
- **Support for Patients and Families:** Educates on pain management, empowers communication, and provides caregiving support.
- **Promotion of Dignity and Autonomy:** Upholds patient dignity by ensuring prompt and comprehensive pain management, aligning care with patient values and goals.



Nice Pain Management Palliative Care Comprehensive

BM King

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