

EVIDENCE-BASED

DECIPHERED EMOTIONS

JAMES REYNOLDS

Nice Deciphered Emotions 2015 Affective Turns

Lauren H. Kerstein



Nice Deciphered Emotions 2015 Affective Turns:

Affective and Emotional Economies in Medieval and Early Modern Europe Andreea Marculescu, Charles-Louis Morand Métivier, 2017-11-05 This book analyzes how acts of feeling at a discursive somatic and rhetorical level were theorized and practiced in multiple medieval and early modern sources literary medical theological and archival It covers a large chronological and geographical span from eleventh century France to fifteenth century Iberia and England and ending with seventeenth century Jesuit meditative literature Essays in this book explore how particular emotional norms belonging to different socio cultural communities courtly academic urban elites were subverted or re shaped engage with the study of emotions as sudden but impactful bursts of sensory experience and feelings and analyze how emotions are filtered and negotiated through the prism of literary texts and the socio political status of their authors Postcolonial Turn and Geopolitical Uncertainty Ahmet Atay, Yea-Wen Chen, 2020-10-16 Postcolonial Turn and Geopolitical Uncertainty Transnational Critical Intercultural Communication Pedagogy connects and interweaves critical communication pedagogy and critical intercultural communication to create a new pedagogy transnational critical communication pedagogy that emphasizes the importance of postcolonial and global turns as they are molded into a new area of critical global and intercultural communication pedagogies Contributors take a transnational approach that requires a deep commitment to acknowledging the importance of the role of geopolitics as it applies to voice articulation power and oppression This pedagogy ultimately focuses on the social change and social justice that are central to the critical and cultural communication work that aims to decolonize existing communication pedagogies and academia from a more global perspective Scholars of communication education and decolonial studies will find this book particularly useful **Language and Emotion. Volume 2** Gesine Lenore Schiewer, Jeanette Altarriba, Bee Chin Ng, 2022-11-07 The handbook Language and Emotion is intended to give a historical and systematic profile of the area It will aim to connect contemporary and historical theories approaches and applications and to cover eastern and western perspectives of language communication and emotion It will present all relevant aspects of language and emotion and thus contribute significantly to research in the field of linguistics and semiotics of emotion Emotion Regulation Lauren H. Kerstein, 2025-08-05 Take Charge of Your Emotions Effective emotion management can lead to more successful relationships increase the positive feelings kids have about themselves and even help their daily lives run more smoothly This book is designed to be used by adults who are helping children or teens identify strategies to help them increase their ability to regulate their own emotions Working with children and adolescents struggling to manage their emotions is a special privilege that brings with it reward constant recalibration and the reality that for all of us the road to emotion regulation requires tenacity and the proper tools The emotion regulation strategies and workbook activities described throughout this resource have roots in cognitive behavioral therapy CBT dialectical behavior therapy DBT and positive psychology CBT DBT and positive psychology are models that show much promise in aiding

struggling students You will find activities throughout the book to complete with your child These activities could also be completed independently by children up to the task Special note for caregivers and therapists Please take a moment to congratulate your children If they recognize they need help managing their emotions they have taken the biggest step in this process awareness

The Nature of Emotion Andrew S. Fox, Regina C. Lapate, Alexander J. Shackman, Richard J. Davidson, 2018-08-23 Building on the legacy of the groundbreaking first edition the Editors of this unique volume have selected more than 100 leading emotion researchers from around the world and asked them to address 14 fundamental questions about the nature and origins of emotion For example What is an emotion How are emotions organized in the brain How do emotion and cognition interact How are emotions embodied in the social world How and why are emotions communicated How are emotions physically embodied What develops in emotional development At the end of each chapter the Editors Andrew Fox Regina Lapate Alexander Shackman and Richard Davidson highlight key areas of agreement and disagreement In the final chapter The Nature of Emotion A Research Agenda for the 21st Century the Editors outline their own perspective on the most important challenges facing the field today and the most fruitful avenues for future research Not a textbook offering a single viewpoint The Nature of Emotion reveals the central issues in emotion research and theory in the words of many of the leading scientists working in the field today from senior researchers to rising stars providing a unique and highly accessible guide for students researchers and clinicians

The Psychology of Women and Gender Nicole M. Else-Quest, Janet Shibley Hyde, 2021-01-20 A psychology of women textbook that fully integrates transgender research issues and concerns With clear comprehensive and cutting edge coverage The Psychology of Women and Gender Half the Human Experience delivers an authoritative analysis of classical and up to date research from a feminist psychological viewpoint Authors Nicole M Else Quest and Janet Shibley Hyde examine the cultural and biological similarities and differences between genders noting how these characteristics can affect issues of equality Students will come away with a strong foundation for understanding the dynamic influences of gender sexual orientation and ethnicity in the context of psychology and society The Tenth Edition further integrates intersectionality throughout every chapter updates language for more transgender inclusion and incorporates new content from guidelines put forth from the American Psychological Association

Utilizing Consumer Psychology in Business Strategy Dalgic, Tevfik, Unal, Sevtap, 2018-04-13 Consumer behavior is becoming increasingly complex in the current global market A broader understanding of the psychologically driven motivation of consumers and characteristics of the consumer decision making process is vital for effective customer engagement Utilizing Consumer Psychology in Business Strategy provides emerging research on consumer behavior and decision making processes through the lens of business advancement and innovation While highlighting topics such as brand personality consumer perception and marketing strategy this publication explores various types of consumer behavior and methods to maximize benefits and efficiency This book is an important resource for business administrators managers

practitioners academics and students seeking emerging research on the consumer markets Evolution of the Brain, Cognition, and Emotion in Vertebrates Shigeru Watanabe, Michel A Hofman, Toru Shimizu, 2017-09-05 This book presents a new view on the evolution of the brain cognition and emotion Around a half century ago Professor Harry Jerison published a seminal book entitled Evolution of the Brain and Intelligence Since then there has been a series of dramatic methodological and conceptual changes which have led to many new insights into the understanding of brain evolution and cognition This book is particularly focused on three significant aspects of such changes First taking advantage of a new integrated approach called evolutionary developmental biology or Evo Devo researchers have started to look into vertebrate brain evolution from the developmental perspective Second comparative neuroanatomists have accumulated a large amount of information about the brains of diverse animal groups to refute the old fashioned idea that vertebrate brains evolved linearly from non mammals to mammals Third comparative behavioral studies have demonstrated that sophisticated cognition and emotion are not unique to some primates but are also found in many non primate and even non mammalian species This work will appeal to a wide readership in such fields as neuroscience cognitive science and behavioral science **Cognition, Emotion, and Aesthetics in Contemporary Serial Television** Ted Nannicelli, Héctor J. Pérez, 2021-11-25 This book posits an interconnection between the ways in which contemporary television serials cue cognitive operations solicit emotional responses and elicit aesthetic appreciation The chapters explore a number of questions including How do the particularities of form and style in contemporary serial television engage us cognitively emotionally and aesthetically How do they foster cognitive and emotional effects such as feeling suspense anticipation surprise satisfaction and disappointment Why and how do we value some serials while disliking others What is it about the particularities of serial television form and style in conjunction with our common cognitive emotional and aesthetic capacities that accounts for serial television s cognitive socio political and aesthetic value and its current ubiquity in popular culture This book will appeal to postgraduates and scholars working in television studies as well as film studies cognitive media theory media psychology and the philosophy of art

Emotions and Virtues in Feature Writing Jennifer Martin, 2021-03-22 This book provides an important and original way of understanding how journalists use emotion to communicate to readers posing the deceptively simple question how do journalists make us feel something when we read their work Martin uses case studies of award winning magazine style features to illuminate how some of the best writers of literary journalism give readers the gift of experiencing a range of perspectives and emotions in the telling of a single story Part One of this book discusses the origins and development of narrative journalism and introduces a new theoretical framework the Virtue Paradigm and a new textual analysis tool the Virtue Map Part Two includes three case studies of prize winning journalism demonstrating how the Virtue Paradigm and the Virtue Map provide fresh insight into narrative journalism and the ongoing conversation of what it means to live well together in community *Understanding Motivation and Emotion* Johnmarshall Reeve, 2024-10-08 Comprehensive reference

on the nature of motivation and emotion thoroughly updated with the latest research and findings in the field Understanding Motivation and Emotion seeks to answer perennial questions such as What do people want and How do I motivate self and others through evidence based recommendations that enable readers to solve practical concerns This newly updated and revised Eighth Edition addresses applied issues speaking more to daily motivational problems and situations such as how to promote high quality motivation in self and others and emphasizes high interest motivational constructs that have been most actively researched in the last three years including grit mental toughness resilience wellbeing boredom self concept identity and GLP 1 hormones for weight loss With shorter chapters and one fewer chapter than the previous edition the goal of this edition is to provide a less overwhelming but also more inviting interesting engaging and satisfying understanding of motivation and emotion As with previous editions resources for instructors include an Instructor s Manual and Test Bank featuring discussion questions activities central principles PowerPoint slides and other tools Written by an acclaimed professor and researcher in the field Understanding Motivation and Emotion discusses topics including Biological and psychological needs extrinsic motivation and internalization goal setting and goal striving mindsets personal control beliefs and the Self and its strivings Six perennial questions on the nature of emotion various aspects of emotion and the importance of individual emotions and feelings Growth motivation and positive psychology unconscious motivation interventions and implicit motives and attitudes The challenge threat mindset how to control and regulate emotions and the pros and cons of using money as a motivating factor Understanding Motivation and Emotion is an essential reference for all professionals and students seeking to understand the nebulous concepts of motivation and emotion and apply their findings in schools the workplace clinical settings healthcare sports and their own lives

Neuroscience of Human Attachment Anna Buchheim ,Carol George,Harald Gündel,Roberto Viviani,2017-08-15 Attachment is a biologically emotion regulation based system guiding cognitive and emotional processes with respect to intimate and significant relationships Secure relationships promote infants exploration of the world and expand their mastery of the environment Adverse attachment experiences like maltreatment loss and separation have long been known to have enduring unfavorable effects on human mental health Research on the neurobiological basis of attachment started with animal studies focusing on emotional deprivation and its behavioral molecular and endocrine consequences The present book presents an interdisciplinary synthesis of existing knowledge and new perspectives on the human neuroscience of attachment showing the tremendous development of this field The following chapters include innovative studies that are representative of the broad spectrum of current approaches These involve both differing neurobiological types of substrates using measures like fMRI EEG psychophysiology endocrine parameters and genetic polymorphisms as well as psychometric approaches to classify attachment patterns in individuals The findings we have acquired in the meanwhile on the neural substrates of attachment in healthy subjects lay the foundation of studies with clinical groups The final section of the book addresses evidence on changes in the functioning of these neural

substrates in psychopathology Cognitive Processes in Individual and Collective Creativity: A Cross-Cultural Perspective Chang Liu, Linden John Ball, Haiying Long, Wangbing Shen, 2019-12-30 Creativity the highest level of human wisdom has become an increasingly important concept in different fields of psychological enquiry particularly because it is portrayed as contributing to many aspects of society including personal development economic prosperity and technological advancement However although considerable research attention from a wide range of disciplinary backgrounds has focused on trying to understand creativity the specific nature of creativity its theoretical underpinnings and cognitive mechanisms remain unclear not least when it comes to the understanding of creativity at the individual level and creativity at the collective level On the one hand there are crucial distinctions between individual and collective creativity On the other hand the process of being creative involves not only independent or individual efforts but also interdependent or collective efforts Understanding these differences and interrelationships is crucially important in studies of creativity In this Research Topic we bring together research from a wide variety of cognitive and psychological approaches and perspectives in order to provide a comprehensive and in depth understanding of creativity at both the individual and collective levels Furthermore cognitive mechanisms in the creativity process are unavoidably affected by sociocultural factors and these mechanisms look different across cultures particularly between Eastern cultures and Western cultures two worlds that often imply dramatically dissimilar values and perspectives Despite the fact that many studies have compared and contrasted these two cultures in various respects little research has focused on the specific topic of cultural variation in creative cognition In addition very few studies have examined the differences in the cognitive mechanisms underpinning the cultural variations that can be observed at a surface level This Research Topic aims to fill this gap in the literature and examine the cognitive processes and mechanisms in the creativity process at both individual and collective levels across different cultures by using theoretical and empirical evidence Explicit and Implicit Emotion Processing: Neural Basis, Perceptual and Cognitive Mechanisms Giulia Mattavelli, Alessia Celeghin, Noemi Mazzoni, 2021-06-23 **Disorders of Emotion in Neurologic Disease**, 2021-08-11 Disorders of Emotion in Neurologic Disease Volume 183 in the Handbook of Clinical Neurology Series informs clinicians on which neurologic diseases are likely to have a secondary effect on emotion what to look for in diagnosis and best practices for treatment The book begins with an understanding of the neurological basis for emotions in order to better understand what goes awry in neurological disease It then discusses specific neurologic diseases and disorders affecting emotion Reviews the neurology of emotions Specifies neurologic diseases that affect emotional expression Informs clinicians on how to diagnose along with best practices for treatment Includes coverage of stroke dementia epilepsy Huntington's Parkinson's TBI and more **Protest and the Ambiguous Politics of Indignation** Louise Knops, 2025-02-14 What makes indignation political And why should we care about it Drawing on field work among four movements in Belgium 2017 2021 The Youth for Climate movement the Citizen platform for refugee support the Yellow Vests movement and the radical right movement

Schild in others it is rooted in historical forms of injustice and discrimination It triggers some of the most disruptive forms of contention while also reinforcing hegemonic norms and beliefs Indignation overall is one of the most explicitly political affects of mobilization while also reinforcing broader trends of depoliticization By unveiling the affective complexity of indignation the author shows the multiple ways in which the indignation expressed by social movements both politicizes and depoliticizes and what this means for the role played by emotions and affects in today s landscape of conflictuality The Oxford Handbook of Dialectical Behaviour Therapy Michaela A. Swales,2018-10-25 Dialectical behavior therapy DBT is a specific type of cognitive behavioral psychotherapy developed in the late 1980s by psychologist Marsha M Linehan to help better treat borderline personality disorder Since its development it has also been used for the treatment of other kinds of mental health disorders The Oxford Handbook of DBT charts the development of DBT from its early inception to the current cutting edge state of knowledge about both the theoretical underpinnings of the treatment and its clinical application across a range of disorders and adaptations to new clinical groups Experts in the treatment address the current state of the evidence with respect to the efficacy of the treatment its effectiveness in routine clinical practice and central issues in the clinical and programmatic implementation of the treatment In sum this volume provides a desk reference for clinicians and academics keen to understand the origins and current state of the science and the art of DBT

Passion killers: The art of passion killing in the age of stress and anxiety Phillip Walden Bowen,2021-09-07 There is growing pressure and stress placed on organisations to fight for customers and service product placement in an increasingly competitive global marketplace It has therefore never been more important to get the best out of the workforce To achieve this the role of the leader can be a fundamental factor in organisational success or failure Leaders need to have the requisite skills to reflect the demands placed upon them in the 21st century There are the accidental managers who just drop into the role of leadership and others who may develop skills and knowledge in readiness for a leadership role There are also those who may have the innate ability to lead Within the mix are those who are characterised by traits associated with the dark triad or who may use pathocratic influence on others to conform reinforcing values or lack of values associated with toxic leadership They create damage and harm They become passion killers The result can lead to a pathocracy This book discusses the role emotional intelligence plays in helping people deal with stressful and challenging experiences suggesting different ways to cope The author reflects on the values that are integral to the success or failure of an organisation Passion is identified as an added value that can differentiate one organisation from another If passion is harmed it can affect motivation creativity output performance and productivity Therefore this book provides the reader with examples of passion killing while making suggestions as to factors that can be adopted to engage and encourage passion Conclusions are drawn and recommendations made to support those faced with passion killers This book is aimed at those of all ages and educational backgrounds interested in developing their leadership knowledge and skills It is also aimed at those interested in learning more about

differences in personality emotional intelligence stress coping values and the importance of understanding the impact of passion killers

Rethinking the Body in Global Politics Kandida Purnell, 2021-04-04 This book rethinks the body in global politics and the particular roles bodies play in our international system foregrounding processes and practices involved in the continually contested re embodiment of both human bodies and collective bodies politic Purnell provides a new innovative and detailed theory of bodily re making and un making that shows how bodies are simultaneously re made and moved and re make and move other bodies and things Presented in the form of reflective reflexive and theoretically innovative essays the book explores bodies in general and their precarious excessive ontologically insecure and emotional facets the fleshing out of contemporary necro body politics and the visual emotional politics embodied through the COVID 19 pandemic The empirical analyses feed into contemporary IR debates on British and American politics and international relations and the Global War on Terror while also speaking to broader and interdisciplinary theoretical literature on bodies embodiment visual politics biopolitics necropolitics and affect emotion and feelings

Handbook of Self-Compassion Amy Finlay-Jones, Karen Bluth, Kristin Neff, 2023-03-23 This handbook examines contemporary issues in self compassion science and practice It describes advances in the conceptualization and measurement of self compassion as well as current evidence from cross sectional and experimental research The volume addresses the foundational issues of self compassion including its relationship to self esteem and mindfulness In addition it considers the developmental origins of self compassion and its relevance across the life course including among adolescents and older adults The handbook explores the role of self compassion in promoting well being and resilience and addresses new frontiers in self compassion research such as the neural underpinnings and psychophysiology of compassionate self regulation Key areas of coverage include The meaning of self compassion for gender and sexuality minority groups The cultivation of self compassion among young people The use of interventions to promote self compassion The role of compassion based interventions in clinical contexts Important insights for using self compassion based interventions in practice The Handbook of Self Compassion is a must have resource for researchers professors and graduate students as well as clinicians therapists and other practitioners in psychology complementary and alternative medicine and social work as well as all interrelated research disciplines and clinical practices

Embracing the Beat of Expression: An Mental Symphony within **Nice Deciphered Emotions 2015 Affective Turns**

In a global consumed by displays and the ceaseless chatter of quick transmission, the melodic splendor and emotional symphony created by the written word often fade into the background, eclipsed by the relentless noise and disruptions that permeate our lives. However, set within the pages of **Nice Deciphered Emotions 2015 Affective Turns** a stunning literary prize brimming with raw emotions, lies an immersive symphony waiting to be embraced. Crafted by a masterful composer of language, this charming masterpiece conducts readers on an emotional journey, skillfully unraveling the hidden tunes and profound influence resonating within each carefully constructed phrase. Within the depths with this emotional examination, we shall examine the book is main harmonies, analyze their enthralling writing fashion, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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