

## Quick Start Guide

### OneTouch Verio Flex™ Blood Glucose Monitoring System

Use this guide to get to know your meter, and follow the steps inside to get started.

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⚠️ **IMPORTANT:** Please read the User's Bulletin that comes with your system.



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## Intended use

The OneTouch Verio Flex™ Blood Glucose Monitoring System is intended to be used for the accurate measurement of glucose levels in individuals with diabetes under close medical supervision.

The OneTouch Verio Flex™ Blood Glucose Monitoring System is intended for self-testing under close medical supervision and for people with diabetes at home as a means to monitor effectiveness of diabetes control.

## Limitations

The OneTouch Verio Flex™ Blood Glucose Monitoring System is intended to be used by a single patient and should not be shared. The system is not to be used for the diagnosis of or screening of diabetes or for medical use. The system is not for use on critically ill patients, patients in shock, severely injured/bleeding patients or hypothermic patients.

## 1

### Set the time and date on your meter

#### Turn on

Press and hold **ON** until the meter is on (screen lights).

See **1-1** button is still not working and press **ON** 5 times.

Set the time on the first 10 screen.

• Hour: Press **Hour** if correct or not activated.

• Minute: Press **Min** if correct or not activated.

• AM/PM: Press **AM/PM** if correct or not activated.

Set the date on the next 10 screen.

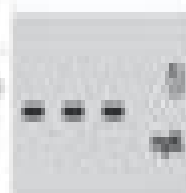
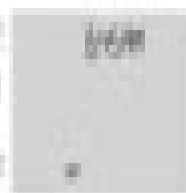
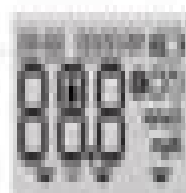
• Year: Press **Year** if correct or not activated.

• Month: Press **Month** if correct or not activated.

• Day: Press **Day** if correct or not activated.

#### Ready to test

Your meter will be ready when the screen will indicate ready.



## 2

### Take a test

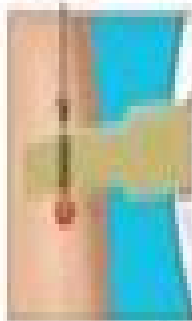
#### Wash hands



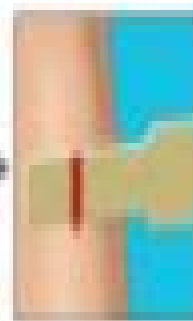
#### Test strip port

Insert test strip into slot and close cover. Bring meter to hand for test.

#### Channel



Apply blood sample to the channel on other side of the test strip. Wait for the channel to fill.



Remove test strip and wait for meter to read test result.

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# One Touch Ultra Mini User Manual

**Michael Seilmaier**



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## **Table of Contents One Touch Ultra Mini User Manual**

1. Understanding the eBook One Touch Ultra Mini User Manual
  - The Rise of Digital Reading One Touch Ultra Mini User Manual
  - Advantages of eBooks Over Traditional Books
2. Identifying One Touch Ultra Mini User Manual
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an One Touch Ultra Mini User Manual
  - User-Friendly Interface
4. Exploring eBook Recommendations from One Touch Ultra Mini User Manual
  - Personalized Recommendations
  - One Touch Ultra Mini User Manual User Reviews and Ratings
  - One Touch Ultra Mini User Manual and Bestseller Lists
5. Accessing One Touch Ultra Mini User Manual Free and Paid eBooks

- One Touch Ultra Mini User Manual Public Domain eBooks
- One Touch Ultra Mini User Manual eBook Subscription Services
- One Touch Ultra Mini User Manual Budget-Friendly Options
- 6. Navigating One Touch Ultra Mini User Manual eBook Formats
  - ePub, PDF, MOBI, and More
  - One Touch Ultra Mini User Manual Compatibility with Devices
  - One Touch Ultra Mini User Manual Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of One Touch Ultra Mini User Manual
  - Highlighting and Note-Taking One Touch Ultra Mini User Manual
  - Interactive Elements One Touch Ultra Mini User Manual
- 8. Staying Engaged with One Touch Ultra Mini User Manual
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers One Touch Ultra Mini User Manual
- 9. Balancing eBooks and Physical Books One Touch Ultra Mini User Manual
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection One Touch Ultra Mini User Manual
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine One Touch Ultra Mini User Manual
  - Setting Reading Goals One Touch Ultra Mini User Manual
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of One Touch Ultra Mini User Manual
  - Fact-Checking eBook Content of One Touch Ultra Mini User Manual
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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