

# **Online Nutrition You Joan Salge Blake**

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#### **Online Nutrition You Joan Salge Blake:**

Nutrition & You Joan Salge Blake, 2016-03-21 A visual approach to Introduction to Nutrition for Non Majors Guide students to a deeper understanding of nutrition The 4th Edition of Nutrition Mastering Nutrition does not come packaged with this content Mastering Nutrition is not a self paced technology and should only be purchased when required by an instructor Students if interested in purchasing this title with Mastering Nutrition ask your instructor for the correct package ISBN and Course ID Instructors contact your Pearson representative for more information If you would like to purchase both the physical text and Mastering Nutrition search for 013416749X 9780134167497 Nutrition You Plus Mastering Nutrition with MyDietAnalysis with Pearson eText Access Card Package 4 e Package consists of 0134167546 9780134167541 Nutrition You 0134209389 9780134209388 Mastering Nutrition plus MyDietAnalysis with Pearson eText ValuePack Access Card for Nutrition You Nutrition You 4th Edition is also available via Pearson eText a simple to use mobile personalized reading experience that lets instructors connect with and motivate students right in their eTextbook Learn more You Joan Salge Blake, 2014-01-10 ALERT Before you purchase check with your instructor or review your course syllabus to ensure that you select the correct ISBN Several versions of Pearson's MyLab check with the seller before completing your purchase Used or rental books If you rent or purchase a used book with an access code the access code may have been redeemed previously and you may have to purchase a new access code Access codes Access codes that are purchased from sellers other than Pearson carry a higher risk of being either the wrong ISBN or a previously redeemed code Check with the seller prior to purchase The Third Edition of Nutrition You provides you with a personalized approach to understanding nutrition and teaches you to become informed consumers of nutrition information through interactive lessons practical applications and visual study tools Joan Salge Blake writes in a very engaging style you directly using visual analogies in order to explain concepts and captivating the reader with humor Blake encourages you to relate the science of nutrition to their own dietary habits enabling you to separate fact from fiction and to distinguish high quality nutrient sources from those of lesser quality Blake's approach teaches you to think critically about information sources and the claims made in the popular press and online The Third Edition features MasteringNutrition tm an online homework assessment and tutorial system that allows instructors to personalize the nutrition course like never before with next generation course management tools You can master topics through interactive mini lessons guizzing and immediate wrong answer feedback Teaching and Learning Experience This text and supplemental package will provide a better teaching and learning experience for you and your students Here's how Personalize learning with Mastering Nutrition Get results and quickly master concepts with self paced tutorials that feature immediate wrong answer feedback and hints that emulate the office hour experience to keep you on track Focus on visual learning Identify key objectives in a consistent easy to study format Emphasize critical thinking Think critically about information sources and the claims made in the popular press and online Emphasize applications

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readable engaging and motivating presentation introduces each vitamin and mineral in self contained spreads called Visual Summary Tables that appeal to today s visual learners Students learn to identify the key aspects of each nutrient at a glance and in a consistent easy to study format Blake encourages students to relate the science of nutrition to their own dietary habits enabling them to separate fact from fiction and to distinguish high quality nutrient sources from those of lesser quality Blake s approach teaches students to think critically about information sources and the claims made in the popular press and online The MyPlate Edition features a write to fit update so that students and instructors have the latest nutrition information right within their book and instructors don t have to change their syllabus New information includes the new MyPlate graphic which replaces the former MyPyramid the 2010 Guidelines and the new Dietary Reference Intakes Nutrition & You -- Access Card Joan Salge Blake, 2017-12-20 Guide students to a deeper understanding of nutrition The 4th Edition of Pearson eText for Nutrition You provides students with a personalized approach to understanding nutrition and teaches them to become informed consumers of nutrition information through interactive lessons practical applications and visual study tools Joan Salge Blake writes in a very engaging style addressing the student directly using visual analogies in order to explain concepts and captivating students with humor Blake encourages students to think critically and relate the science of nutrition to their own dietary habits enabling them to separate fact from fiction and to distinguish high quality nutrient sources from those of lesser quality New additions to the 4th Edition include a clearly defined learning path with the inclusion of learning outcomes throughout the chapter cutting edge content on the latest dietary guidelines and Nutrition Facts Panel along with food waste and sustainability making the text relevant and interesting for today s students A visual approach to Introduction to Nutrition for Non Majors Pearson eText offers an affordable simple to use mobile reading experience that lets instructors and students extend learning beyond class time Students can study highlight and take notes in their Pearson eText on Android and iPhone mobile phones and tablets even when they are offline Educators can also add their own notes and highlights directly in the eTextbook so that students see what is important for their particular course NOTE This ISBN is for the Pearson eText access card For students purchasing this product from an online retailer Pearson eText is a fully digital delivery of Pearson content and should only be purchased when required by your instructor In addition to your purchase you will need a course invite link provided by your instructor to register for and use Pearson eText

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