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Motivational Interviewing with Adolescents and Young Adults Sylvie Naar, Mariann Suarez, 2021-07-20 The significantly revised second edition of this unique practitioner guide features 65% new material and a new organizing structure The authors show how to use motivational interviewing MI to have productive conversations about behavior change with adolescents and young adults in any clinical context Noted for its clarity the book includes extended case examples sample dialogues quick reference tables and dos and don ts It provides vital tools for helping young people open up about their struggles explore alternatives and make healthier choices around such concerns as substance use smoking anxiety medication adherence and obesity New to This Edition More integrative and cohesive every chapter weaves in diverse clinical issues replacing the prior edition s population specific chapters Chapters on MI in groups and involving caregivers in treatment Restructured around the current four process model of MI and proposes maintenance of change as a fifth process Incorporates the rapidly growing research base on MI with youth Reflects the ongoing refinement of the authors training approach includes skill building activities at the end of each chapter This book is in the Applications of Motivational Interviewing series edited by Stephen Rollnick William R Miller and Theresa B Moyers Motivational Interviewing with Adolescents and Young Adults Sylvie Naar, Mariann Suarez, 2021-08-16 The significantly revised second edition of this unique practitioner guide features 65% new material and a new organizing structure The authors show how to use motivational interviewing MI to have productive conversations about behavior change with adolescents and young adults in any clinical context Noted for its clarity the book includes extended case examples sample dialogues quick reference tables and dos and don ts It provides vital tools for helping young people open up about their struggles explore alternatives and make healthier choices around such concerns as substance use smoking anxiety medication adherence and obesity New to This Edition More integrative and cohesive every chapter weaves in diverse clinical issues replacing the prior edition s population specific chapters Chapters on MI in groups and involving caregivers in treatment Restructured around the current four process model of MI and proposes maintenance of change as a fifth process Incorporates the rapidly growing research base on MI with youth Reflects the ongoing refinement of the authors training approach includes skill building activities at the end of each chapter This book is in the Applications of Motivational Interviewing series edited by Stephen Rollnick William R Miller and Theresa B Moyers *Motivational Interviewing and CBT* Sylvie Naar, Steven A. Safren, 2017-08-23 Providing tools to enhance treatment of any clinical problem this book shows how integrating motivational interviewing MI and cognitive behavioral therapy CBT can lead to better client outcomes than using either approach on its own The authors demonstrate that MI strategies are ideally suited to boost client motivation and strengthen the therapeutic relationship whether used as a pretreatment intervention or throughout the course of CBT User friendly features include extensive sample dialogues learning exercises for practitioners and 35 reproducible client handouts Purchasers get access to

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Motivational Interviewing Antoine Douaihy, Thomas M. Kelly, Melanie A. Gold, 2023 This may be the single most important book you ever buy during your medical training that will help you learn about how to engage patients in a discussion about behavior change Whatever field you pursue patient care will be at the heart of your practice The second edition of Motivational Interviewing is transforming the way we engage with patients and colleagues alike This manual is ideal for any medical doctors at all levels in their career The text is thorough yet concise and easily accessible using clinical vignettes personal reflections self assessment guizzes and online video clips of clinical cases Motivational Interviewing in Groups Christopher C. Wagner, Karen S. Ingersoll, 2012-11-15 Subject Areas Keywords addictions ambivalence chronic health conditions group psychotherapy group therapy intimate partner violence MI motivational interviewing psychoeducational groups resistance sexual offenders substance abuse substance use disorders support groups DESCRIPTION A unique clinical resource this book shows how to infuse the methods and spirit of motivational interviewing MI into group based interventions The authors demonstrate how the four processes of MI with individuals translate into group contexts They explain both the challenges and the unique benefits of MI groups guiding practitioners to build the skills they need to lead psychoeducational psychotherapeutic and support groups successfully A wealth of clinical examples are featured Chapters by contributing authors present innovative group applications targeting specific problems substance use disorders dual diagnosis chronic health conditions weight management adolescent risk behaviors intimate partner violence and sexual offending

Therapeutic Skills for Mental Health Nurses Nicola Evans, Ben Hannigan, 2016-07-16 Most specialist mental health care is provided by nurses who use face to face helping skills with a wide range of people in a variety of contexts This book puts therapeutic skills at the heart of the nurse s role with one central aim to equip you with knowledge to use in your practice thus improving your ability to deliver care This book Will enable you to strengthen your core therapeutic skills and broaden your knowledge to include other practical therapeutic approaches Collates in one place information on a range of therapeutic approaches from person centred counselling motivational interviewing and solution focused approaches through to day to day skills of challenging unhelpful thoughts de escalating difficult situations working with families and problem solving Demonstrates application of theory to practice through a variety of practical examples Features reader activities to facilitate personal growth and learning Includes a chapter exploring clinical supervision and how this makes practice more effective Each chapter is grounded in authentic clinical experiences and focuses on equipping the reader to develop confidence in their client facing skills This text is an essential purchase for all mental health nurse students as well as qualified nurses Whilst the essential therapeutic component of mental health nursing is the nurse themselves it is also essential that they have knowledge and competencies to offer the client This valuable book offers the reader an introduction to a wide range of

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Motivational Interviewing for Leaders in the Helping Professions Colleen Marshall, Anette Søgaard Nielsen, 2020-08-04 Written expressly for leaders in health care and the social services this accessible book shows how motivational interviewing MI can transform conversations about change within an organization The authors demonstrate powerful ways to use MI to generate solutions and get employees and organizations unstuck whether mentoring a staff member in a new role addressing performance problems or redesigning procedures or programs Readers are guided to skillfully and ethically apply the core MI processes engaging focusing evoking and planning in the management context User friendly features include reproducible worksheets end of chapter self reflection exercises and extended case vignettes Purchasers get access to a companion website where they can download and print these materials in a convenient 8 x 11 size This book is in the Applications of Motivational Interviewing series edited by Stephen Rollnick William R Miller and Theresa B Moyers Adolescents and Substance Use Philip James, Catriona Kearns, Ann Campbell, Bobby nP. Smyth, 2013-09-30 Highly Commended BMA Medical Book Awards 2014This highly practical manual presents an ideal introduction to adolescent substance use It offers invaluable guidance for all professionals involved with adolescents including social workers health and social care professionals youth workers family support workers teachers counsellors mental heal

Counseling Children and Adolescents Sondra Smith-Adcock, Catherine Tucker, 2023-03-28 Counseling Children and Adolescents Second Edition reviews the most relevant theoretical approaches for counseling children CBT emotion focused therapy play therapy systems theory and developmental theories and focuses on connecting key theories to application via case studies The book has an integrated framework that focuses on development and diversity In addition a unique aspect of this text is its focus on neuroscience the developing brain and the impact of early childhood trauma on development Updates to the second edition include new coverage of the multicultural ethical decision model intersectionality implicit bias the impact of the COVID 19 pandemic and new research and citations Introduction to Global Health Promotion Rick S. Zimmerman, Ralph J. DiClemente, Jon K. Andrus, Everold N. Hosein, 2016-05-16 Introduction to Global Health Promotion

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Psychotherapy for the Advanced Practice Psychiatric Nurse Kathleen Wheeler,2020-09-10 The leading textbook on psychotherapy for advanced practice psychiatric nurses and students Award winning and highly lauded Psychotherapy for the Advanced Practice Psychiatric Nurse is a how to compendium of evidence based approaches for both new and experienced advanced practice psychiatric nurses and students This expanded third edition includes a revised framework for practice based on new theory and research on attachment and neurophysiology It advises the reader on when and how to use techniques germane to various evidence based psychotherapy approaches for the specific client problems encountered in clinical practice This textbook guides the reader in accurate assessment through a comprehensive understanding of development and the application of neuroscience to make sense of what is happening for the patient in treatment Contributed by leaders in the field chapters integrate the best evidence based approaches into a relationship based

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the impact of depression on executive function learning and memory working memory and other critical capacities and present cutting edge assessment tools and procedures The neurocognitive effects of widely used antidepressant treatments are reviewed from psychotropic medications and evidence based psychotherapies to established and emerging neuromodulation technologies Practical aspects of working with adults across the lifespan with depression are addressed including ways to strengthen treatment engagement and adherence and to incorporate cultural considerations in Behavioral Health Interventions for Children and Adolescents, An Issue of Pediatric Clinics of North America, E-Book Xiaoming Li, Sayward Harrison, 2022-08-12 In this issue of Pediatric Clinics of North America guest editors Drs Xiaoming Li and Sayward Harrison bring their considerable expertise to the topic of Progress in Behavioral Health Interventions for Children and Adolescents Nearly three quarters of adult mental health disorders have their onset during childhood where treatment becomes more difficult and has greater social educational and economic consequences over time This issue provides the information and resources needed to identify and treat mental health and clinical issues in children with the goal of improving outcomes Contains 16 relevant practice oriented topics including leveraging technology in novel interventions for autism spectrum disorder childhood obesity prevention and treatment parental rules parental routines and children's 0 12 years sleep and screen time family based preventions and interventions for child emotional and behavioral functioning in families facing stress trauma integrating behavioral health in primary care and more Provides in depth clinical reviews on behavioral health interventions for children and adolescents offering actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

Handbook of Forensic Mental Health with Victims and Offenders David W. Springer, Albert R. Roberts, 2007-01-16 Designated a Doody's Core Title Together for the first time all your forensic social work best practice needs in one volume a vitally important addition to this emerging and essential body of knowledge This compelling publication places between two covers a broad collection of informative original essays on core issues in forensic social work This engaging volume offers readers keen insights into forensic practice related to child abuse and neglect domestic violence suicide psychiatric care and mental illness juvenile justice adult corrections addictions trauma and restorative justice from the foreword by Frederic G Reamer School of Social Work Rhode Island College From expert testimony advice to treating HIV positive incarcerated women this handbook contains the most current research and tested field practices for child welfare through adulthood in the civil and criminal system Encompassing a wide range of treatments roles specialized practices research and diagnoses the Handbook of Forensic Mental Health With Victims and Offenders will guide practicing professionals through the forensic social work issues they encounter on a daily basis such as Prevention of prisoners sudden deaths Expert witness testimony in child welfare and women battering Treatment of dually diagnosed adolescents The overrepresentation of African Americans

incarcerated for juvenile delinquency Jail mental health services for adults Drug courts and PTSD in inmates with substance abuse histories Recidivism prevention Basic tasks in post trauma intervention with victims and offenders Culture and gender considerations in restorative justice Edited by Dr Albert R Roberts and Dr David W Springer with contributions by leaders in the field this handbook should top the list of must have publications for all forensic social workers

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