

THE NATIONAL BESTSELLER

Patti LaBelle

and Laura Randolph Lancaster

Diabetic
Exchanges
Developed and
Approved by the
American Dietetic
Association and the
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Patti
LaBelle's
Lite.
Cuisine

"...MORE THAN 100 ORIGINAL RECIPES FOR HEALTHY MEALS THAT ARE NOT ONLY GOOD FOR YOU BUT TASTE GREAT TOO."—*Ebony* magazine

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