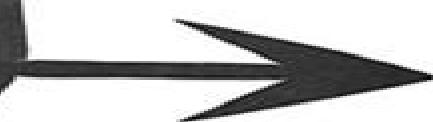




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learn some basics of the game the most important rule don t let the ball hit the floor on your side of the net each side gets up to three contacts with the ball said hailey harward a professional beach volleyball player and two time ncaa champion before they have to hit it over the net belén castillo a former indoor volleyball player

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nov 15 2022 image taken by slidesharecdn com volleyball is a sport that is played by two teams of six players on a court the object of the game is to score points by grounding the ball on the other team s court and to prevent the other team from grounding the ball on your court