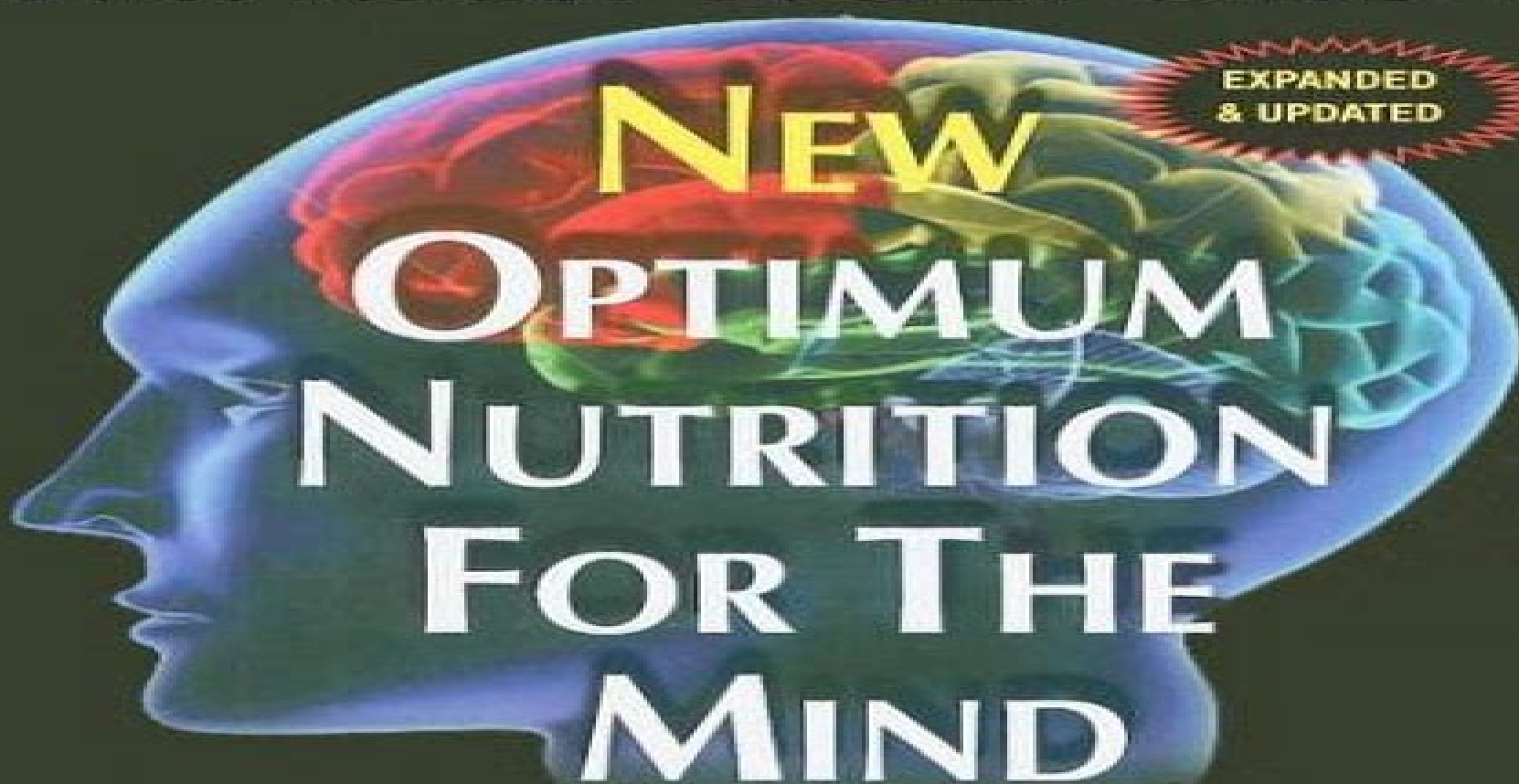


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Patrick Holford

Optimum Nutrition For The Mind

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