# MEASURES OF HEALTH LITERACY

WORKSHOP SUMMARY

OF THE NATIONAL ACADEMIES

# **Measures Of Health Literacy Workshop Summary**

Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Literacy

#### **Measures Of Health Literacy Workshop Summary:**

Measures of Health Literacy Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Literacy, 2009-12-30 Health literacy the ability for individuals to obtain process and understand basic health information and services to facilitate appropriate health decisions is increasingly recognized as an important facet of health care and health outcomes Although research on health literacy has grown tremendously in the past decade there is no widely agreed upon framework for health literacy as a determinant of health outcomes Most instruments focus on assessing an individual s health literacy yet the scope of health literacy reaches far beyond an individual s skills and abilities Health literacy occurs in the context of the health care system and therefore measures of health literacy must also assess the demands and complexities of the health care systems with which patients interact For example measures are needed to determine how well the system has been organized so that it can be navigated by individuals with different levels of health literacy and how well health organizations are doing at making health information understandable and actionable To examine what is known about measures of health literacy the Institute of Medicine convened a workshop The workshop summarized in this volume reviews the current status of measures of health literacy including those used in the health care setting discusses possible surrogate measures that might be used to assess health literacy and explores ways in which health literacy measures can be used to assess patient centered approaches to care Health Literacy Among Older Adults Karen Kopera-Frye, 2016-08-16 The first graduate text to address health literacy in the aging population Low health literacy is a critical issue among adults with over one third found to have difficulty understanding such basic information as that found on prescription bottles. This is the first graduate textbook to address key health literacy issues as they affect the health and wellbeing of the aging population Embracing a topic spanning numerous disciplines it features a dynamic multicontextual systems approach and includes contributions from renowned scholars and practitioners in gerontology public health social work nursing and other related fields The text emphasizes increasing health literacy among older adults through the use of technological tools and features the most current research and evidence based programs and practices The book provides expansive coverage of the intersection of technology and health literacy highlighting innovative approaches and discussing how to use technology with resource limited groups The text gives special consideration to rural impoverished culturally diverse and lowliteracy elders and presents gold standard intervention programs and models Also covered are the policy implications of programs focusing on increasing health literacy and future directions for meeting the Healthy People 2020 initiative Case studies review questions learning objectives and supplemental PowerPoint presentations will reinforce learning Key Features Provides a one of a kind multidisciplinary survey of the key health literacy issues of older adults Focuses on increasing health literacy across the disciplines Addresses a priority area of Healthy People 2020 Incorporates research and practice from gerontology psychology public health social work sociology medicine and nursing Includes case

studies review questions learning objectives and PowerPoint slides for assisting instructors Health Literacy National Academies of Sciences, Engineering, and Medicine, Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Literacy, 2015-08-06 In 2004 the Institute of Medicine released Health Literacy A Prescription to End Confusion a report on the then underappreciated challenge of enabling patients to comprehend their condition and treatment to make the best decisions for their care and to take the right medications at the right time in the intended dose That report documented the problems origins and consequences of the fact that tens of millions of U S adults are unable to read complex texts including many health related materials and it proposed possible solutions to those problems To commemorate the anniversary of the release of the 2004 health literacy report the Institute of Medicine's Roundtable on Health Literacy convened a 1 day public workshop to assess the progress made in the field of health literacy over the past decade the current state of the field and the future of health literacy at the local national and international levels Health Literacy Past Present and Future summarizes the presentation and discussion of the workshop **International Handbook** of Health Literacy Ullrich Bauer, Paulo Pinheiro, Diane Levin-Zamir, Orkan Okan, Kristine Sørensen, 2019-07-31 Available Open Access under CC BY NC licence Health literacy addresses a range of social dimensions of health including knowledge navigation and communication as well as individual and organizational skills for accessing understanding evaluating and using information Particularly over the past decade health literacy has globally become a major public health concern as an asset for promoting health wellbeing and sustainable development This comprehensive handbook provides an invaluable overview of current international thinking about health literacy highlighting cutting edge research policy and practice in the field With a diverse team of contributors the book addresses health literacy across the life span and offers insights from different populations and settings Providing a wide range of major findings the book outlines current discourse in the field and examines necessary future dialogues and new perspectives Growing Community Health Literacy through Libraries Prudence W. Dalrymple, Brian Galvin, 2020-08-24 The capacity to understand and communicate health information is a major international health concern Sponsored by the Health and Biosciences Section of International Federation of Library Associations this book highlights the contribution that librarians are making to improving health literacy and enabling citizens to be active participants in the management of their own health Knowledge is power and the World Health Organization recognizes that health literacy involving effective access to and understanding of health information is essential to health and well being in society by empowering and enabling citizens to participate in their own healthcare The book presents inspiring studies from an international group of authors showing how libraries and librarians are partnering with diverse sectors of society including universities hospitals public health clinics community based organisations voluntary bodies and government agencies to help citizens understand and manage their health It provides guidance by example to suggest how libraries can help citizens participate in their healthcare and their communities by collaborating with others to

increase health literacy in society **Informing the Future** Institute of Medicine, 2011-10-12 This report illustrates the work of IOM committees in selected major areas in recent years followed by a description of IOM s convening and collaborative activities and fellowship programs The last section provides a comprehensive bibliography of IOM reports published since 2007 Health Literacy in Context- Settings, Media, and Populations Don Nutbeam, Diane Levin-Zamir, Gill Rowlands, 2019-01-23 This book is a printed edition of the Special Issue Health Literacy in Context Settings Media and **Encyclopedia of Health Communication** Teresa L. Thompson, 2014-04-18 Populations that was published in IJERPH From the dynamics of interpersonal communication between health professionals and clients to global command and control during public health emergencies that cross international borders the field of health communication bridges many disciplines and involves efforts from the micro to the macro It involves navigating personal cultural and political complexities and an ability to distill complex technical science into quickly and easily understood terms for ready distribution by the mass media or to an individual patient or to the parent of an ailing child Despite an abundance of textbooks specialized monographs and academic handbooks this is the first encyclopedic reference work in this area covering the breadth of theory and research on health communication as well as their practical application Features Nearly 600 original articles are organized A to Z within a three volume set to provide comprehensive coverage of this exciting field including such topics as theories and research traditions evaluation and assessment cultural complexities high risk and special populations message design and campaigns provider patient interaction issues media issues and more All articles were specifically commissioned for this work signed and authored by key figures in the field and conclude with cross reference links and suggestions for further reading Appendices include a Resource Guide with annotated lists of classic books and articles journals associations and web sites a Glossary of specialized terms and a Chronology offering an overview and history of the field A thematic Reader's Guide groups related articles by broad topic areas as one handy search feature on the e Reference platform which also includes a comprehensive index of search terms This A to Z three volume reference is available in both print and online formats and is a must have for libraries and researchers who seek comprehensive coverage of the theory research and applications of health communication Capturing Social and Behavioral Domains and Measures in Electronic Health Records Institute of Medicine, Board on Population Health and Public Health Practice, Committee on the Recommended Social and Behavioral Domains and Measures for Electronic Health Records, 2015-01-08 Determinants of health like physical activity levels and living conditions have traditionally been the concern of public health and have not been linked closely to clinical practice However if standardized social and behavioral data can be incorporated into patient electronic health records EHRs those data can provide crucial information about factors that influence health and the effectiveness of treatment Such information is useful for diagnosis treatment choices policy health care system design and innovations to improve health outcomes and reduce health care costs Capturing Social and Behavioral Domains and Measures in Electronic Health Records Phase 2

identifies domains and measures that capture the social determinants of health to inform the development of recommendations for the meaningful use of EHRs This report is the second part of a two part study The Phase 1 report identified 17 domains for inclusion in EHRs This report pinpoints 12 measures related to 11 of the initial domains and considers the implications of incorporating them into all EHRs This book includes three chapters from the Phase 1 report in addition to the new Phase 2 material Standardized use of EHRs that include social and behavioral domains could provide better patient care improve population health and enable more informative research The recommendations of Capturing Social and Behavioral Domains and Measures in Electronic Health Records Phase 2 will provide valuable information on which to base problem identification clinical diagnoses patient treatment outcomes assessment and population health OECD Skills Outlook 2023 Skills for a Resilient Green and Digital Transition OECD, 2023-11-06 Skills are vital for building resilient economies and societies By helping individuals develop a diverse range of skills and empowering them to apply these skills effectively skills policies play a crucial role in responding to emerging threats such as environmental degradation and harmful applications of technologies used to collect generate and exchange information This edition of the Skills Outlook highlights the importance of supporting individuals in acquiring a wide range of skills at varying levels of proficiency to promote economic and social resilience Additionally the report acknowledges the role of attitudes and dispositions in enabling skills development and effective skills use It also emphasises the need for policy makers to monitor the costs associated with policies aimed at promoting the green and digital transition and how the transition affects inequalities Training opportunities that respond to emerging labour market needs and efforts to facilitate their uptake can promote a just and inclusive green and digital transition In turn education systems that equip young people not only with skills but attitudes to manage change can ensure that the green and digital transition is sustainable in the longer term

How People Learn II National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Board on Science Education, Board on Behavioral, Cognitive, and Sensory Sciences, Committee on How People Learn II: The Science and Practice of Learning, 2018-09-27 There are many reasons to be curious about the way people learn and the past several decades have seen an explosion of research that has important implications for individual learning schooling workforce training and policy In 2000 How People Learn Brain Mind Experience and School Expanded Edition was published and its influence has been wide and deep The report summarized insights on the nature of learning in school aged children described principles for the design of effective learning environments and provided examples of how that could be implemented in the classroom Since then researchers have continued to investigate the nature of learning and have generated new findings related to the neurological processes involved in learning individual and cultural variability related to learning and educational technologies In addition to expanding scientific understanding of the mechanisms of learning and how the brain adapts throughout the lifespan there have been important discoveries about influences on

learning particularly sociocultural factors and the structure of learning environments How People Learn II Learners Contexts and Cultures provides a much needed update incorporating insights gained from this research over the past decade The book expands on the foundation laid out in the 2000 report and takes an in depth look at the constellation of influences that affect individual learning How People Learn II will become an indispensable resource to understand learning throughout the lifespan for educators of students and adults Integrative Nursing Mary Jo Kreitzer PhD, RN, FAAN, Mary Koithan PhD, RN-C.2014-02-17 Integrative medicine is defined as healing oriented medicine that takes account of the whole person body mind and spirit as well as all aspects of lifestyle It emphasizes the therapeutic relationship and makes use of appropriate therapies both conventional and alternative This volume is the first complete roadmap to integrative nursing providing a step by step guide to assess and clinically treat conditions through a variety of combined methodologies including wellness lifestyle enhancement and nutrition This text puts forth both the skills and theoretical frameworks for multidisciplinary leaders to consider and implement integrative healthcare strategies within institutions including several case studies involving practical nursing led initiatives Sections one and two cover the foundations including principles and best practices healing environments whole systems healing and measurement of outcomes The third section outlines major areas of symptom management such as pain nausea insomnia anxiety depression stress and behavioral dysfunction The fourth and fifth sections address applications to patient populations models of care and models of education The final section collects global perspectives. The academic rigor of the text is balanced by practical and relevant content that can be readily implemented into practice for both established professionals as well as students enrolled in undergraduate or graduate Promoting Health Literacy to Encourage Prevention and Wellness Institute of Medicine, Board on nursing programs Population Health and Public Health Practice, Roundtable on Health Literacy, 2011-12-01 Health literacy has been shown to affect health outcomes The use of preventive services improves health and prevents costly health care expenditures Several studies have found that health literacy makes a difference in the extent to which populations use preventive services On September 15 2009 the Institute of Medicine Roundtable on Health Literacy held a workshop to explore approaches to integrate health literacy into primary and secondary prevention Promoting Health Literacy to Encourage Prevention and Wellness serves as a factual account of the discussion that took place at the workshop The report describes the inclusion of health literacy into public health prevention programs at the national state and local levels reviews how insurance companies factor health literacy into their prevention programs and discusses industry contributions to providing health literate primary Health Literacy and School-Based Health Education Ray Marks, 2012-11-02 Examines the and secondary prevention relationship between health literacy and health outcomes and the role of schools in promoting health literacy through the curriculum This volume utilizes research literature reviews and case studies that examine how education can support health literacy development as a vital 21st century citizenship competency **Health Literacy and Child Health Outcomes** 

Rosina Avila Connelly, Teri Turner, 2017-03-30 This compact resource presents current data on health literacy as it affects child health outcomes with a sharp focus on improving communication between healthcare providers and pediatric patients and their families A frequently overlooked social determinant of health in children health literacy is shown as a critical skill for patients and families and a key aspect of patient engagement The authors evidence based survey pinpoints common problems in healthcare providers verbal and written communication with pediatric patients their parents and or caregivers Readers will learn about practical health literacy strategies for addressing and preventing miscommunication at the individual and systems levels. These improvements are linked to immediate results e.g. greater compliance fewer medication. errors as well as improved long term child health outcomes including reduced health disparities and enhanced quality of life into adulthood This transformative guide Defines optimum health communication as necessary for working with all patients Identifies common barriers to clear health communication Traces the relationship between health literacy and child health outcomes from the prenatal period and into young adulthood Offers guidelines for creating effective patient education materials and a safe health literacy oriented patient centered environment Integrates health literacy into health systems quality improvement plans Health Literacy and Child Health Outcomes informs students in MPH programs as well as public health scientists and scholars and can also serve as an introductory text for students in public health ethics or a general applied ethics course Public health professionals in diverse contexts such as local health departments and nonprofit organizations will appreciate its robust approach to ethical practice professional development and systems improvement This will be a helpful guide for introducing health communication topics in medical education and allied health Lastly clinicians taking care of pediatric patients will find concise information and practical advice to apply in the clinical setting Literacy and Numeracy Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Literacy, 2014-07-17 Although health literacy is commonly defined as an individual trait it does not depend on the skills of individuals alone Health literacy is the product of the interaction between individuals capacities and the health literacy related demands and complexities of the health care system Specifically the ability to understand evaluate and use numbers is important to making informed health care choices Health Literacy and Numeracy is the summary of a workshop convened by The Institute of Medicine Roundtable on Health Literacy in July 2013 to discuss topics related to numeracy including the effects of ill health on cognitive capacity issues with communication of health information to the public and communicating numeric information for decision making This report includes a paper commissioned by the Roundtable Numeracy and the Affordable Care Act Opportunities and Challenges that discusses research findings about people's numeracy skill levels the kinds of numeracy skills that are needed to select a health plan choose treatments and understand medication instructions and how providers should communicate with those with low numeracy skills The paper was featured in the workshop and served as the basis of discussion Integrating Health Literacy, Cultural Competence, and Language Access Services

National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Roundtable on Health Literacy, 2016-07-14 The aging and evolving racial and ethnic composition of the U S population has the United States in the midst of a profound demographic shift and health care organizations face many issues as they move to address and adapt to this change In their drive to adequately serve increasingly diverse communities health care organizations are searching for approaches that will enable them to provide information and service to all persons regardless of age race cultural background or language skills in a manner that facilitates understanding and use of that information to make appropriate health decisions To better understand how the dynamic forces operating in health care today impact the delivery of services in a way that is health literate culturally competent and in an appropriate language for patients and their families the National Academies of Sciences Engineering and Medicine conducted a public workshop on the integration of health literacy cultural competency and language access services Participants discussed skills and competencies needed for effective health communication including health literacy cultural competency and language access services interventions and strategies for integration and differing perspectives such as providers and systems patients and families communities and payers This report summarizes the presentations and discussions from the workshop

Handbook of Adolescent Health Psychology William T. O'Donohue, Lorraine T. Benuto, Lauren Woodward Tolle, 2014-07-08 Adolescence is a pivotal period of development with respect to health and illness It is during adolescence that many positive health behaviors are consolidated and important health risk behaviors are first evident thus adolescence is a logical time period for primary prevention In addition the predominant causes of morbidity and mortality in adolescence are quite different from those of adults indicating that early identification and treatment of adolescent health problems must be directed to a unique set of targets in this age group Moreover because of the particular developmental issues that characterize adolescence intervention efforts designed for adults are often inappropriate or ineffective in an adolescent population Even when chronic illnesses are congenital or begin in childhood the manner in which the transition from childhood to adolescence to young adulthood is negotiated has important implications for disease outcomes throughout the remainder of the person's life span Organized in five major sections General Issues Developmental Issues Treatment and Training Mental Health and Physical Health and 44 chapters Handbook of Adolescent Health Psychology addresses the common and not so common health issues that tend to affect adolescents Coverage includes Context and perspectives in adolescent health psychology Health literacy health maintenance and disease prevention in adolescence Physical disorders such as asthma obesity physical injury and chronic pain Psychological disorders such as substance abuse attention deficit hyperactivity disorder depression and eating disorders Congenital chronic diseases such as type 1 diabetes and spina bifida Handbook of Adolescent Health Psychology is the definitive reference for pediatricians family physicians health psychologists clinical social workers rehabilitation specialists and all practitioners and researchers working with adolescents Public

Health Promotion in University Students Pavel Dietz, Mireille Van Poppel, Ana Nanette Tibubos, Estelle D. Watson, 2022-09-30 Health Literacy in Medicines Use and Pharmacy Ahmed Awaisu, Emad Eldin Munsour, Parisa Aslani, Rabia Hussain, Zaheer-Ud-Din Babar, 2024-11-27 Health Literacy in Medicines Use and Pharmacy A Definitive Guide highlights issues related to the medication literacy from the context of pharmacist and other healthcare professionals There is a lack of adequate educational resources and textbooks on pharmacy health literacy This book provides a clear explanation of medication literacy presents different tools to assess health literacy readability and comprehensibility of written medicine information WMI elaborates on different approaches to develop customized and patient friendly WMI and assists in the global effort for harmonization and availability of quality WMI Written by experts in medical communication Health Literacy in Medicines Use and Pharmacy will help pharmacists other health professionals educators and regulators who may be ill equipped to develop customized education material and to provide effective medication literacy information especially for patients with low health literacy Focuses on applying health literacy specifically within pharmacy and medicine use context leading to a compilation of important content about medication literacy Empowers healthcare professionals with the necessary knowledge about medication literacy Provides different approaches to develop customized and patient friendly written medicines information including using pictograms in medication instructions Highlights the use of information and digital health technology in medication literacy including mHealth applications wearable devices educational videos and gamification strategies

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