

LA GUÍA DE DAVE STOCKTON PARA
DESBLOQUEAR TU GOLPE MÁS PERSONAL

PATEAR

DESDE
EL INCONSCIENTE

«[Rory McIlroy] atribuye a Stockton su éxito al leer los greens, y su confianza con el put bajo presión.»
—*Golf Digest*



DAVE STOCKTON

y MATTHEW RUDY

PRÓLOGO DE PHIL MICKELSON

Patear Desde El Inconsciente Golf

JACK G. HEISE.



Patear Desde El Inconsciente Golf:

Patear desde el inconsciente Dave Stockton, Matthew Rudy, 2012-11 El swing de golf David Leadbetter, John Huggan, 1992 Intrinsic Golf - It's Within You Bill Denehy, 2003 Intrinsic Golf It's Within You How to Play Better Golf When You Don't Have Time to Practice or Take Lessons will help all golfers beginners as well as seasoned players discover that it's easier to find their own swing and play by feel than it is to learn and play with someone else's methods and mechanics. Former Major League Pitcher and professional college coach Bill Denehy was taught the underlying theory behind the basic swing exercises described and demonstrated in Intrinsic Golf by Baseball Hall of Famer Ted Williams. These exercises provide a simple method for golfers to find or rediscover the rhythmic flowing swing motion that's within them. By using their own intrinsic swing instead of today's modern mechanical hitting motion, golfers will come to realize that improvements in both distance and accuracy are derived from consistency, tempo and speed, not power. And since swinging the club is physically less taxing than hitting at the ball, golfers will discover that their new relaxed swing will result in improved ball striking and lower scores even when they don't have time to practice or take lessons. Throughout the book, Bill utilizes various facts and notable quotes to validate his theory, including the following excerpt from a recent Golf Digest article by NBC Golf Analyst Johnny Miller: "We're living in an age of power in which distance is king. Young players are taught to just murder the ball and their swings have become incredibly fast and violent. This is fine for world class players with superb hand-eye coordination, but for the average golfer, it often spells trouble since accuracy is every bit as important as distance. Something has been lost, a thing called grace. The rhythmic flowing type of swing that golfers used to envy and try to emulate has fallen by the wayside. It's too bad because the majority of golfers would play better if they practiced with a languid flowing swing in mind. They would hit the ball more solidly, have better timing and be more consistent." We could not have stated the case for reading Intrinsic Golf any better. Learn how to find your own rhythmic swing in just two minutes a day. Intrinsic Golf It's Within You. For more information, please visit www.intrinsicgolf.com. The Golf Channel will be airing a segment of Golf Academy Live featuring author Bill Denehy and the concepts behind Intrinsic Golf Monday November 7th 2005 at 7:30 pm eastern time.

Nuevo Swing de Putt Keen Morgan, 2014-04-21 El putt, el juego dentro del juego, la hora de la verdad donde se gana o se pierde un partido. En su aparente sencillez se descuida la técnica de esta parte fundamental del juego que requiere, como en las otras partes, juego largo y juego corto, técnica y práctica en la que podamos basar nuestro set de habilidades para desarrollarlas en el green. En este libro intento establecer una técnica consistente y reproducible en cualquier situación y la que se debe recurrir como referencia en el momento que afrontamos el putt, automatizando la técnica para dejar fluir el instinto de pateador que todos llevamos dentro. *HOW YOU CAN PLAY BETTER GOLF USING SELF-HYPNOSIS*. JACK G. HEISE., **ATTENTION!! The SECRET to YOU playing GREAT golf** Karl Morris, 2014-06-14 Discover within these pages the tools and practical techniques to release the golfer you are truly capable of becoming. Understand the power of Focused

Attention and how you can improve BOTH your golf swing AND your ability to control yourself and your thinking out on the course With over 20 years of PRACTICAL experience in the REAL WORLD Karl Morris shares with you the approach that has worked with golfers at ALL levels from Major Winners to High Handicappers With a refreshing approach that is neither It s all in the mind nor It s all about the swing you will have the opportunity to create a balance in both your thinking and your technique which will reward you with better scores but above all more ENJOYMENT of this great game Golf Psyche :
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