

New Leaf Guide

Michael Brown

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student and slightly spoiled semi princess is forced by her family to join the Carson Hill Ranch's annual cattle drive instead of spending her summer at the beach with her friends she plans to make sure everyone is as miserable as she is That includes Axel Carn former cowboy and brother to one of Carson Hill's own ranch hands But Laney learns to see herself in a whole new light when circumstances spiral out of even her control forcing her to see herself the way others do When her little brother gets separated from the group and is alone in the open grassland it will be up to Laney to grow up a little bit and learn to put others first if she ever wants to find him What's In This Stuff? Patricia Thomas, 2008-01-02 We all like to buy things that make our lives easier keep us healthy and provide a bit of luxury But few of us are aware that many of the products we buy every day are polluting our homes and bodies In this fascinating and sometimes shocking book Pat Thomas reveals that many widely used products contain a cocktail of cheap poorly tested chemicals that are implicated in long term health problems Many of us now scan food labels for unwanted ingredients yet we unthinkingly use toiletries and other products that contain a multitude of undesirable chemicals believing that what we put on our bodies is not as influential to health as what we put in them However scientists now believe that household and beauty products and everyday foods expose us a witches brew of chemicals that wage a kind of chemical warfare against our bodies Wide ranging and practical What's In This Stuff examines everything from food additives beauty products and household cleaners to pharmaceutical products and garden and pet supplies It also contains a glossary of chemicals and E numbers a list of the 50 chemicals you should definitely avoid and suggests non toxic alternatives to conventional products

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