

The background of the book cover is a light beige color, overlaid with a grid of thin, dark lines. Within the grid cells, there are various line drawings of human anatomy, including hands, feet, and limbs, some with arrows indicating movement or direction. These drawings are rendered in a simple, illustrative style.

# Ortho-Bionomy®

## A PRACTICAL MANUAL



by Kathy L. Kain  
*with Jim Berns*

# Ortho Bionomy A Practical Manual

**Robert R. Redfield**



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