

# 10 Healthy & Easy School Lunch Ideas



Antipasti Kabobs Orange Silices Beet Crisps Green Bean Crisps Organic Milk:



Turkey + Cheese Pinwheels Cantaloupe Cucumbers + Ranch Fruit + Vegetable Leather Water



Sesame Noodle Salad Mandarin Orange Wedges Snappea Crisps White Cheddar Stars Water



Wheat Chips + Guac Jicama Spears Pepperlack + Cheddar Stars Strawberries + Grapes Organic Milk



Egg Salad Green Grapies Wheat Crackers Carrots + Ranch Water



Deconstructed Pizza Banana Silces Baby Carrots Red Peppers + Olives Organic Milk



**Graham Sandwiches** Red Applies Grape Tomatoes + Olives Hummus. Water



Avocado Sushi Snap Peas + Ranch Mandarin Oranges Strawberry Applesauce Organic Milk



Apple Dippers **Dried Apricots** Granola Bar. Broccoli + Banch Water



Cream Cheese + Jam Rolls Hard-boiled Egg Carrots + Hummus Apple Chips Organic Milk

#### **OUR FAVORITE SUPER SIMPLE SUPER SIDES**























# Out To Lunch The Lunch Menu Mans Guide To School Lunch

**Daniel F McAuley** 

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