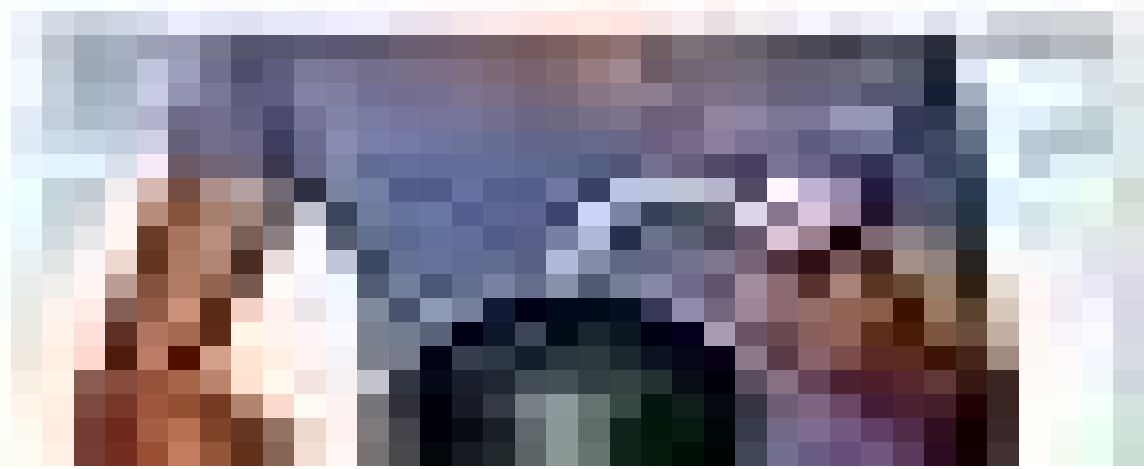


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Outsmarting Anger 7 Strategies For Defusing Our Most Dangerous Emotion

Wolfgang Guggemos



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