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**Authors:** Elizabeth M.A. Grasby, Nina Gupta

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## Steps for Case Study Solution Analysis:

### 1. Introduction of Elite Personal Training Case Solution

The Elite Personal Training case study is a Harvard Business Review case study, which presents a simulated practical experience to the reader allowing them to learn about real life problems in the business world. The Elite Personal Training case consisted of a central issue to the organization, which had to be identified, analysed and creative solutions had to be drawn to tackle the issue. This paper presents the solved Elite Personal Training case analysis and case solution. The method through which the analysis is done is mentioned, followed by the relevant tools used in finding the solution.

The case solution first identifies the central issue to the Elite Personal Training case study, and the relevant stakeholders affected by this issue. This is known as the problem identification stage. After this, the relevant tools and models are used, which help in the case study analysis and case study solution. The tools used in identifying the solution consist of the SWOT Analysis, Porter Five Forces Analysis, PESTEL Analysis, VRIO analysis, Value Chain Analysis, BCG Matrix analysis, Ansoff Matrix analysis, and the Marketing Mix analysis. The solution consists of recommended strategies to overcome this central issue. It is a good idea to also propose alternative case study solutions, because if the main solution is not found feasible, then the alternative solutions could be implemented. Lastly, a good case study solution also includes an implementation plan for the recommendation strategies. This shows how through a step-by-step procedure as to how the central issue can be resolved.

### 2. Problem Identification of Elite Personal Training Case Solution

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# Personal Training Case Study Answers

**M Lipman**



## **Personal Training Case Study Answers:**

The book delves into Personal Training Case Study Answers. Personal Training Case Study Answers is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Personal Training Case Study Answers, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
  - Chapter 1: Introduction to Personal Training Case Study Answers
  - Chapter 2: Essential Elements of Personal Training Case Study Answers
  - Chapter 3: Personal Training Case Study Answers in Everyday Life
  - Chapter 4: Personal Training Case Study Answers in Specific Contexts
  - Chapter 5: Conclusion
2. In chapter 1, the author will provide an overview of Personal Training Case Study Answers. The first chapter will explore what Personal Training Case Study Answers is, why Personal Training Case Study Answers is vital, and how to effectively learn about Personal Training Case Study Answers.
3. In chapter 2, the author will delve into the foundational concepts of Personal Training Case Study Answers. This chapter will elucidate the essential principles that must be understood to grasp Personal Training Case Study Answers in its entirety.
4. In chapter 3, the author will examine the practical applications of Personal Training Case Study Answers in daily life. This chapter will showcase real-world examples of how Personal Training Case Study Answers can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Personal Training Case Study Answers in specific contexts. This chapter will explore how Personal Training Case Study Answers is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Personal Training Case Study Answers. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Personal Training Case Study Answers.

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