BURNOUT



Overcoming Job Burnout How To Renew Enthusiasm For Work

Beverly A. Potter, PhD

Overcoming Job Burnout How To Renew Enthusiasm For Work:

Overcoming Job Burnout How To Renew Enthusiasm For Work Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has be more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "Overcoming Job Burnout How To Renew Enthusiasm For Work," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

https://correiodobrasil.blogoosfero.cc/About/publication/default.aspx/penis power natural enlargement erections.pdf

Table of Contents Overcoming Job Burnout How To Renew Enthusiasm For Work

- 1. Understanding the eBook Overcoming Job Burnout How To Renew Enthusiasm For Work
 - The Rise of Digital Reading Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Overcoming Job Burnout How To Renew Enthusiasm For Work
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Personalized Recommendations
 - Overcoming Job Burnout How To Renew Enthusiasm For Work User Reviews and Ratings
 - Overcoming Job Burnout How To Renew Enthusiasm For Work and Bestseller Lists

- 5. Accessing Overcoming Job Burnout How To Renew Enthusiasm For Work Free and Paid eBooks
 - Overcoming Job Burnout How To Renew Enthusiasm For Work Public Domain eBooks
 - Overcoming Job Burnout How To Renew Enthusiasm For Work eBook Subscription Services
 - Overcoming Job Burnout How To Renew Enthusiasm For Work Budget-Friendly Options
- 6. Navigating Overcoming Job Burnout How To Renew Enthusiasm For Work eBook Formats
 - o ePub, PDF, MOBI, and More
 - Overcoming Job Burnout How To Renew Enthusiasm For Work Compatibility with Devices
 - o Overcoming Job Burnout How To Renew Enthusiasm For Work Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Highlighting and Note-Taking Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Interactive Elements Overcoming Job Burnout How To Renew Enthusiasm For Work
- 8. Staying Engaged with Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Overcoming Job Burnout How To Renew Enthusiasm For Work
- 9. Balancing eBooks and Physical Books Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Overcoming Job Burnout How To Renew Enthusiasm For Work
- 10. Overcoming Reading Challenges
 - o Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Setting Reading Goals Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Fact-Checking eBook Content of Overcoming Job Burnout How To Renew Enthusiasm For Work
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Overcoming Job Burnout How To Renew Enthusiasm For Work Introduction

Free PDF Books and Manuals for Download: Unlocking Knowledge at Your Fingertips In todays fast-paced digital age, obtaining valuable knowledge has become easier than ever. Thanks to the internet, a vast array of books and manuals are now available for free download in PDF format. Whether you are a student, professional, or simply an avid reader, this treasure trove of downloadable resources offers a wealth of information, conveniently accessible anytime, anywhere. The advent of online libraries and platforms dedicated to sharing knowledge has revolutionized the way we consume information. No longer confined to physical libraries or bookstores, readers can now access an extensive collection of digital books and manuals with just a few clicks. These resources, available in PDF, Microsoft Word, and PowerPoint formats, cater to a wide range of interests, including literature, technology, science, history, and much more. One notable platform where you can explore and download free Overcoming Job Burnout How To Renew Enthusiasm For Work PDF books and manuals is the internets largest free library. Hosted online, this catalog compiles a vast assortment of documents, making it a veritable goldmine of knowledge. With its easy-to-use website interface and customizable PDF generator, this platform offers a userfriendly experience, allowing individuals to effortlessly navigate and access the information they seek. The availability of free PDF books and manuals on this platform demonstrates its commitment to democratizing education and empowering individuals with the tools needed to succeed in their chosen fields. It allows anyone, regardless of their background or financial limitations, to expand their horizons and gain insights from experts in various disciplines. One of the most significant advantages of downloading PDF books and manuals lies in their portability. Unlike physical copies, digital books can be stored and carried on a single device, such as a tablet or smartphone, saving valuable space and weight. This convenience makes it possible for readers to have their entire library at their fingertips, whether they are commuting, traveling, or simply enjoying a lazy afternoon at home. Additionally, digital files are easily searchable, enabling readers to locate specific information within seconds. With a few keystrokes, users can search for keywords, topics, or phrases, making research and finding relevant information a breeze. This efficiency saves time and effort, streamlining the learning process and allowing individuals to focus on extracting the information they need. Furthermore, the availability of free PDF books and manuals fosters a culture of continuous learning. By removing financial barriers, more people can access educational

resources and pursue lifelong learning, contributing to personal growth and professional development. This democratization of knowledge promotes intellectual curiosity and empowers individuals to become lifelong learners, promoting progress and innovation in various fields. It is worth noting that while accessing free Overcoming Job Burnout How To Renew Enthusiasm For Work PDF books and manuals is convenient and cost-effective, it is vital to respect copyright laws and intellectual property rights. Platforms offering free downloads often operate within legal boundaries, ensuring that the materials they provide are either in the public domain or authorized for distribution. By adhering to copyright laws, users can enjoy the benefits of free access to knowledge while supporting the authors and publishers who make these resources available. In conclusion, the availability of Overcoming Job Burnout How To Renew Enthusiasm For Work free PDF books and manuals for download has revolutionized the way we access and consume knowledge. With just a few clicks, individuals can explore a vast collection of resources across different disciplines, all free of charge. This accessibility empowers individuals to become lifelong learners, contributing to personal growth, professional development, and the advancement of society as a whole. So why not unlock a world of knowledge today? Start exploring the vast sea of free PDF books and manuals waiting to be discovered right at your fingertips.

FAQs About Overcoming Job Burnout How To Renew Enthusiasm For Work Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Overcoming Job Burnout How To Renew Enthusiasm For Work is one of the best book in our library for free trial. We provide copy of Overcoming Job Burnout How To Renew Enthusiasm For Work in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Overcoming Job Burnout How To Renew Enthusiasm For Work online for free? Are you looking for Overcoming Job Burnout How To Renew Enthusiasm For Work PDF? This is definitely going to save you time and cash in something you should think about.

Find Overcoming Job Burnout How To Renew Enthusiasm For Work:

penis power natural enlargement erections

pennsylvania volunteer round up harrisburg together per bast a tale of cats in ancient egypt perkins 1300 workshop manual pentecost activities ks2

perkins p6 manual

penn state nittany lions 2015 vintage football calendar

per and the dala horse

pennsylvania civil service exam study guide caseworker

perfekte reden halten berzeugende pr sentationen

personal finance effective budgeting management perkins vd51332 engine manual

perezs door la puerta roja para el ratoncito perez

performance task weather 1st grade peoria illinois commitment

Overcoming Job Burnout How To Renew Enthusiasm For Work:

first sums age 3 5 wipe clean activity book ideal for home - Dec 30 2022

web buy first sums age 3 5 wipe clean activity book ideal for home learning by collins easy learning online at alibris we have new and used copies available in 0 edition starting at shop now

first sums age 3 5 wipe clean activity book introduc banking - Aug 26 2022

web first sums age 3 5 wipe clean activity book introduc downloaded from banking finance gov ie by guest malone madelynn first counting age 3 5 wipe clean activity book ideal for home learning collins easy learning preschool cambridge university press

download solutions first sums age 3 5 wipe clean activity book introduc - Mar 01 2023

web first sums age 3 5 wipe clean activity book introduc learning letters pre k wipe clean workbook jun 13 2022 kids go wild for wipe cleans help your preschooler master letters with this colorful fun new wipe clean workbook featuring their friends at the reading house spiral bound for easy use and includes reusable pages

first sums age 3 5 wipe clean activity book introduc pdf 2023 - May 23 2022

web jun 23 2023 this first sums age 3 5 wipe clean activity book introduc pdf but stop taking place in harmful downloads rather than enjoying a good book in the same way as a cup of coffee in the afternoon on the other hand they juggled in the manner of some harmful virus inside their computer first sums age 3 5 wipe clean activity book introduc pdf first sums age 3 5 wipe clean activity book introduc pdf - Oct 28 2022

web first sums age 3 5 wipe clean activity book introduc wipe clean telling the time jessica greenwell 2013 05 a fun way for children to master the art of telling the time allowing them to complete the activities over and over again using the special wipe clean pen wipe clean under the sea activities kirsteen robson 2018 04

first sums age 3 5 wipe clean activity introduc jessica - Aug 06 2023

web we offer first sums age 3 5 wipe clean activity introduc and numerous book collections from fictions to scientific research in any way accompanied by them is this first sums age 3 5 wipe clean activity introduc that can be your partner pen control age 3 5 wipe clean activity book collins easy learning 2017 03 13

first sums age 3 5 wipe clean activity book introduc pdf - Jul 25 2022

web may 17 2023 first sums age 3 5 wipe clean activity book introduc 1 4 downloaded from uniport edu ng on may 17 2023 by guest first sums age 3 5 wipe clean activity book introduc right here we have countless book first sums age 3 5 wipe clean activity book introduc and collections to check out

first sums age 3 5 wipe clean activity book prepare for - Oct 08 2023

web first sums age 3 5 wipe clean activity book prepare for preschool with easy home learning collins easy learning preschool collins easy learning amazon com tr kitap

first sums age 3 5 wipe clean activity book ideal for home - Jun 04 2023

web mar 13 2017 buy first sums age 3 5 wipe clean activity book ideal for home learning online on amazon eg at best prices fast and free shipping free returns cash on delivery available on eligible purchase

first sums age 3 5 wipe clean activity book collins easy - Sep 26 2022

web maths age 3 5 on the app store sum of first 50 odd numbers getcalc com the sum of ages of 5 children born at the intervals first sums age 3 5 first sums age 3 5 wipe clean activity book collins easy learning preschool downloaded from ams istanbul edu tr by guest lloyd melany

first sums age 3 5 wipe clean activity book introduc pdf ai - Nov 28 2022

web first sums age 3 5 9780008212940 first sums age 3 5 wipe clean activity book wipe clean first sums at usborne children s books math age 3 5 on the app store $\ddot{i} \frac{1}{2} \ddot{i} \frac{1}{2}$ first sums age 3 5 wipe clean activity collins first sums age 3 5 wipe clean activity book introduc downloaded from ai classmonitor com by guest santos

first sums age 3 5 wipe clean activity book collins easy - Feb 17 2022

web nov 11 2022 curse the percy jackson and the olympians book 3 maths ages ages 4 5it s kind of a funny storyhelping children learn mathematicsthe sum of usmoderator topicswipe clean first sumslower case letters age 3 5 wipe clean activity bookfirst sums age 3 5 wipe clean activity booknot if i see you firstthe encyclopædia

first sums age 3 5 wipe clean activity collins easy learning - Jun 23 2022

web first sums age 3 5 wipe clean activity collins easy learning preschool unveiling the magic of words a overview of first sums age 3 5 wipe clean activity collins easy learning preschool in a world defined by information and interconnectivity the enchanting power of words has acquired unparalleled significance

wipe clean first sums educatorsden com supporting - Jan 31 2023

web first sums is a highly entertaining first numbers book which will help pre school children to improve their number recognition and counting skills

first sums age 3 5 wipe clean activity book ideal for home - Apr 02 2023

web first sums age 3 5 wipe clean activity book ideal for home learning collins easy learning amazon com au books books first sums wipe clean activity book collins easy learning - May 03 2023

web jun 1 2017 first sums wipe clean activity book collins easy learning preschool product bundle june 1 2017 by collins uk author 4 7 out of 5 stars 1 282 ratings

first sums age 3 5 wipe clean activity book introduc api - Mar 21 2022

web first sums age 3 5 wipe clean activity book introduc free math sums math sums for kids of all ages math blaster math activities for ages 3 5 scholastic parents

first sums age 3 5 wipe clean activi collins - Sep 07 2023

web mar 7 2022 learn first sums at home with this motivating wipe clean book lots of practice opportunities to help children develop adding and subtracting skills wipe clean pages and pen so that children can try simple sums again and again colourful motivating activities to help boost confidence

first sums age 3 5 wipe clean activity book introduc pdf - Apr 21 2022

web sep 12 2023 first words age 3 5 wipe clean activity book collins easy learning 2017 03 13 introduce young learners to writing with this fun and engaging wipe clean activity book lots of practice

first sums age 3 5 wipe clean activity book ideal for home - Jul 05 2023

web first sums age 3 5 wipe clean activity book ideal for home learning collins easy learning preschool collins easy learning amazon co uk books children s books

sample industrial training application letter fast service - Jun 20 2022

web oct 18 2022 sample industrial training application letter the most serious problem in the world essay case study product life cycle persuasive essay on free college education liberal arts essay examples professional research paper writers website for school read other essays on this topic ethics

examples of application letter for industrial training - Apr 30 2023

web examples of application letter for industrial training this profile significantly reduces distractions to help people with adhd and neurodevelopmental disorders browse read and focus on the essential elements of the website more easily **example of an application letter for industrial training** - Feb 14 2022

web example of an application letter for industrial training difference between cover letter and statement of interest how to personal statement university write a fraction in excel literature review welding resume skills section for sales resume template for mba freshers

sample of an industrial training application letter - Apr 18 2022

web sample of an industrial training application letter best writing service orders prepared 24 99 id 14317 essay coursework research paper questions answers discussion board post term paper research proposal powerpoint presentation online test book review case study case brief letter book report annotated

application letter sample for industrial training fast service - Aug 23 2022

web application letter sample for industrial training best outline for a personal essay how to write a conclusion paragraph for an expository essay english essay pen is mightier than sword how to write a business email template general objective of a thesis if you haven t checked out software to help you create and manage your content

how to write a training request letter samples inside - Sep 04 2023

web jan 24 2022 salutation dear sir madam introduction state the purpose of the letter request for training and reasons for the training list of options and fees make your pick and show how it would help the company conclusion show appreciation yours sincerely your names

examples of application letter for industrial training - Dec 27 2022

web feb 15 2021 examples of application letter for industrial training these kinds of my essay writing require a strong stance to be taken upon and establish arguments that would be in favor of the position taken also these arguments must be backed up and our writers know exactly how such writing can be efficiently pulled off

example application letter for industrial training fast service - Feb 26 2023

web example application letter for industrial training fast service learn how the scanlan center for school mental health is improving outcomes for iowa s youth and educators and how our students faculty staff and alumni are making a positive impact and improving lives in the 2021 22 college of education annual report pricing

sample application letter for industrial training fast service - Jul 22 2022

web dec 12 2022 sample application letter for industrial training fast service on i enjoy tutoring because it allows for a slower pace of learning than the student gets in the classroom and gives the opportunity for students to ask questions they may not want to speak up about in front of the entire class hannah mckinney exercise science

sample of an application letter for industrial training - Nov 25 2022

web sample of an application letter for industrial training business plan fitness centre precis writing service dc good things to write a memoir about literature review teamwork spending money or saving money essay of course this may sound unrealistic

industrial training application letter methods career trend - Jul 02 2023

web dec 28 2018 if you are applying voluntarily list your reasons for doing so describe how receiving the training will be beneficial to you in the long run this shows the letter reader that you are focused on what you want and understand the purpose and advantages of industrial training explain why you are applying to this specific training industrial training application letter sample essay service - Oct 25 2022

web industrial training application letter sample accreditation logo the purpose of a universal public education system can be debated but originally in the 1830 s horace mann reformed the american school system in order to give all children the find your program looking for inspiration

example of an application letter for industrial training - Mar 18 2022

web example of an application letter for industrial training level college university high school master s phd undergraduate so caring about what i expect

sample of an application letter for industrial training - Aug 03 2023

web sample of an application letter for industrial training nuclear power essay introduction cover letter for training development position international marketing essay topic dissertation hospitality industry how to write short pass when the world i was used to was so insular a meeting of people from such different places and cultures industrial training application letter sample fast service - May 20 2022

web industrial training application letter sample 30 tips for successful academic research and writing professional university essay editing site us top dissertation introduction writers website for masters digital camera case study slideshare do you italicize or quote essay titles this story is a good example of the kind of books that we

example of application for industrial training placement pdf - Oct 05 2023

web sample cover letters for student reference to seek industrial training placement date name of contact person designation name of company address of company dear sir madam application for industrial training placement with regards to the above

matter i am writing in seeking

example of an application letter for industrial training - Jun 01 2023

web source sls construction building solutions my take profoundly disconnected the industry me blog sls construction com july 9 2013 example of an application letter for industrial training

sample industrial training application letter pdf uniport edu - Jan 28 2023

web sample industrial training application letter as recognized adventure as well as experience very nearly lesson amusement as with ease as accord can be gotten by just checking out a book sample industrial training application letter after that it is not directly done you could take even more around this life in relation to the world sample application letter for industrial training fast service - Sep 23 2022

web learn how to address all aspects of a grant proposal from how to write the introduction and how to compose the cover letter the course will also teach you some of the basics of writing a functional budget what every budget needs to cover and when and how you need to break down your budget

industrial training application letter samples fast service - Mar 30 2023

web industrial training application letter samples fast service back core courses sample 1 based on 2 documents letter of acknowledgement for cheque received free letters - Feb 09 2023

web oct 3 2017 letter of acknowledgement for cheque received when your customer makes the payment in form of a cheque you are suppose to send a formal acknowledgement of payment received which can be a payment received confirmation letter format for acknowledgement letter for money receipt

acknowledgement letter templates and examples - Jun 01 2022

web an acknowledgment letter is an official document that is used formally by businesses to acknowledge that they have received something an invoice is an example of such a document and can be used as a courtesy note for records or to raise a query issue with whatever product service was received

cheque receipt acknowledgement letter template templates - Jan 08 2023

web an easy way to start is to download this sample cheque receipt acknowledgement letter template now an acknowledgement receipt letter is a letters that states the confirmation of receipt of goods delivered acknowledgement letter format samples template how to - Sep 04 2022

web mar 3 2023 sample acknowledgement letter the format of acknowledgement letter for receiving money is given below acknowledgement letter from employer the company sends the acknowledgement letter to their employees when they demand some documents for internal procedures the format is shown below acknowledgement

14 receipt acknowledgement letter templates - Aug 03 2022

web free download sample letter for acknowledgement of receipt details file format word apple pages google docs free download letter for acknowledgement of receipt of payment details file format word apple pages google docs free download acknowledgement email 5 examples and template flowrite - Apr 30 2022

web how to acknowledge an email with 5 samples and template if received an email document invoice or something else you should let the sender know you got it here we describe how to acknowledge an email and provide 5 examples payment acknowledgement letter template net - Nov 06 2022

web download this payment acknowledgement letter design in google docs word pdf apple pages outlook format easily editable printable downloadable create a letter that serves as an acknowledgement of payment received at a particular date this template is print and digital ready it is also easy to edit and fully customizable

letter of acknowledgment of cheque or payment received - Aug 15 2023

web sample letter of acknowledgment of cheque or cash payment received from clients as loan advance payment installment membership fee or school fee this acknowledgment can be sent for any payment received from clients suppliers customers business partners etc with thanks

how to write an acknowledgment letter 24 free templates - Oct 05 2022

web the company is acknowledging the receipt of the following i am writing to confirm the receipt of i am writing about our conversation to confirm the we received your return shipment of we wish to thank you for sending us good quotation documents etc

sample acknowledgement letter for cheque received slideshare - Feb 26 2022

web nov 20 2017 owner at letters free business sample letter of acknowledgement of cheque received this letter format can be used for any kind of payment received from clients suppliers customers business partners etc

free acknowledgement letter template get 2023 sample - Dec 27 2021

web be as specific as possible and list out all details that relate to the document you ve received including the contact information of the people involved and any risks and responsibilities that come with receiving the document dear mr mrs or ms sender firstname sender lastname

acknowledgement letter for a cheque received 52editions - Mar 10 2023

web dear name this letter is to inform you that we received your cheque dated date for the amount amount and invoice number invoice number we hereby acknowledge that we have received full payment for your purchase made on reason of purchase via the cheque numbered cheque number

30 best acknowledgement receipt templates letters - Apr 11 2023

web oct 12 2020 an acknowledgement receipt is a document that one person signs to verify that they have received a

document payment or item employers also have various uses for this document in the workplace although an acknowledgement receipt letter is not considered an official document it is nevertheless useful for documenting that quidelines

11 payment acknowledgment letter templates free pdf - Jul 02 2022

web 12 payment acknowledgment letter templates if you have ever needed to write letters you may have seen a need to keep some letter templates in order to make the job of writing all the easier for yourself after all it should be a fairly simple task to find hr acknowledgment letter templates along with other examples of different

acknowledgement letter how to write with sample format - Mar 30 2022

web acknowledgement letter sample format an acknowledgment letter is part of the normal day to day activities in the formal sector the letter confirms receipt of documents and highlights actions to be taken as requested in the letter another name for acknowledgment letters is a letter of receipt these letters are also part of legal

how to write a professional letter of acknowledgment thoughtco - Jan 28 2022

web jun 23 2019 sample letter it can be helpful to view a sample letter template feel free to copy the format below for your letter of acknowledgment though it does not print as such in this article note that you should generally make your address and the date flush right joseph smith acme trading company 5555 s main street anywhere california 90001

how to write an acknowledgment letter samples examples - Dec 07 2022

web sample payment received acknowledgement letter we sincerely acknowledge your payment of rs xxxxx which we received from you through cheque no chech dated date for the recompense of your withstanding amount for cheque received acknowledgement letter sample letter of - Jul 14 2023

web dear sir madam i your name resident of address write this letter in order to acknowledge that i have received a cheque from your end in the name of mention name amounting amount having cheque number mention cheque number acknowledgement letter for receipt of money - Jun 13 2023

web feb 25 2014 sample acknowledgement letter for receipt of money or receiving amount cash or cheque from company or bank its a format template acknowledgement letter for receipt of payment can be used as submit fee or paid cheque or cash amount for any official or personal purpose

acknowledgment letter for receiving payment cheque - May 12 2023

web acknowledgment letter for receiving payment cheque email and a sample letter to acknowledge the received payment or cheque from your clients business partner or customers the first letter recognizes the payment and then pays gratitude and thanks to the sender of the cheque