# Miss Craig's 10-Minute - A -Day Spot Reducing Program

Wagner, Phyllis Cerf, ed

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# Miss Craigs 10 Minute A Day Spot Reducing Program

**Daniel F McAuley** 

#### Miss Craigs 10 Minute A Day Spot Reducing Program:

Miss Craig's 10-minute-a-day Spot-reducing Program Marjorie Craig,1979 Miss Craig's 10-Minute-A-Day Spot-Reducing Program Marjorie Craig Crowley, 1979 Miss Craig's Ten Minute a Day Spot-reducing Program Marjorie Health Education Marion C. Chafetz, 1981-06-30 Summary 1197 entries to books dealing with current topics Craig, 1979 of disease prevention and health promotion Intended for layman and health personnel Covers specific areas of aging alcoholism and drug abuse fitness and exercise nutrition women s health health education environment industry and mental health Each entry gives bibliographic information and annotation Author index Time Briton Hadden, Henry Robinson The Publishers Weekly ,1982 Action Plans Linda Hughes, 1987 Luce.1980 Mademoiselle ,1980 Good Housekeeping ,1983 Saturday Review, 1980 Savvy ,1980 **Current Book Review Citations** ,1982 Index to Philippine Periodicals, 1988 The New York Times Book Review ,1982 Consumer Sourcebook ,1974 Consumer Sourcebook's subject chapters cover the full range of consumer interests from automotive matters to food and drugss credit and personal finance to environmental concerns insurance to government performance Subject indexing allows the user to access information for special categories of consumers such as aging children the disabled and veterans and offers hundreds of terms relevant to all consumers **Book Review Index** ,1985 Every 3rd issue is a guarterly cumulation Better Homes and Gardens ,1981 *TV Guide* ,1980 McCall's ,1980-04 Performing Arts, 1979

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