

RESEARCH ARTICLE

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Separating obsessive-compulsive disorder from the self. A qualitative study of family member perceptions

Rebecca Podley^{1,2*} , Penny Bee², Katherine Berry³ and Alison Wearden³

Abstract

Background: Obsessive-compulsive disorder (OCD) is a condition which can have major effects on the life of both the sufferer and their family members. Previous research has shown that the impact of illness on family members is related to their conceptualisation of the illness. In the present study we used qualitative methods to explore illness perceptions in family members of people with OCD.

Method: Fourteen family members of people meeting diagnostic criteria for OCD within the previous year took part in a semi-structured interview. Transcribed interviews were analysed using thematic analysis.

Results: OCD was viewed as originating from non-modifiable endogenous factors, particularly personal characteristics. Ambiguity about the boundary between OCD and the person was further heightened by a lack of distinction in family members' interpretations about which behaviours were a problematic symptom of a mental health problem and which were behaviours performed for enjoyment or the purposeful pursuit of a goal. The perceived close relationship between OCD and the person appeared to lead to pessimism regarding the likelihood of recovery. Some individuals viewed OCD as presenting on a continuum such that individuals with sub-clinical symptoms exist on the same spectrum as those with the mental health problem. For some however, labelling of sub-clinical symptoms as OCD by members of the public was a source of frustration for families, who felt that the severity of OCD was unrecognised.

Conclusions: Family members' perceptions of the link between OCD and the person and of a spectrum of OCD presentation within the general population, may represent important dimensions of illness perception, which are not currently represented within existing models or assessment measures of illness perception. The perceptions that individuals hold about a health problem have been shown to be important in determining their coping responses to that condition. Further study using larger samples and quantitative methods are needed to understand whether these novel perceptions are associated with coping responses and outcomes in family members and people with OCD. If linked, clinicians may need to identify and challenge unhelpful family member perceptions as part of psychological therapy for families living with OCD.

Keywords: Obsessive-compulsive disorder, OCD, Illness perceptions, Beliefs

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Pdf When Family Member Has Obsessive Compulsive

**L. Kathleen Mahan, Sylvia Escott-
Stump, Janice L. Raymond, Marie V.
Krause**



Pdf When Family Member Has Obsessive Compulsive:

Obsessive Compulsive Disorder Leslie J. Shapiro, 2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders a condition that results in intrusive irrational thoughts and or repetitive illogical physical or mental actions Titles in this Health and Psychology Sourcebooks series address psychological physical or environmental conditions that threaten human health and wellbeing This book presents a comprehensive overview of OCD one of the five most common psychiatric disorders Obsessions range from those associated with contamination safety and order or symmetry to scrupulosity or the need to do the right thing Compulsions range from counting touching and tapping to excessive cleaning washing arranging or even hoarding Written by a therapist among the most experienced in the world in dealing with this disorder this book covers the incidence symptoms diagnosis history development and causes as well as the effects and costs of OCD It also addresses theory research and treatments and offers insight into and case studies illustrating how the disorder displays in society at work and in relationships A glossary of terms suggested further readings and resource websites and organizations listing are included

Child and Adolescent Psychopathology for School Psychology Terry Diamanduros, P. Tysinger, Jeffrey Tysinger, Pamela Fenning, 2022-02-23 This is the only text to address child and adolescent psychopathology from the viewpoint of the school psychologist Integrating comparing and distinguishing DSM 5 diagnoses from IDEA disability classifications it provides a comprehensive overview of mental health conditions in this population This book addresses the impact of these conditions at school and at home along with a description of practical evidence based educational and mental health interventions that can be implemented in school environments It addresses the role of the school psychologist and details a variety of educational supports and school based mental health services as they apply to specific conditions This resource provides comprehensive coverage of school psychologists responsibilities including assessment educational and skill based interventions and supports consulting with key stakeholders and advocacy Case studies address classification issues and varied approaches psychologists can use to support students Chapters provide a variety of features to reinforce knowledge including quick facts discussion questions and sources for additional resources Instructor s ancillaries include instructor s manual test questions and mapping to NASP domains as well as PowerPoints and a test bank Purchase includes digital access for use on most mobile devices or computers Key Features Provides a school psychological approach to addressing a full gamut of child adolescent mental health problems at school and at home Integrates compares and distinguishes DSM 5 diagnoses IDEA disability classifications and other legal protections i e Section 504 for each disorder Covers the impact of various disorders on a child s ability to learn and function in the classroom Addresses practical evidence based educational supports and school based mental health services suited to specific disorders Includes case studies addressing classification issues and delineating practical student supports

Obsessive-Compulsive Disorder in Adults Jonathan S. Abramowitz, Ryan J. Jacoby, 2025-09-22 An updated edition of the popular guide to

successfully assessing and treating adults with OCD Compact and current overview of science and practice Details the best treatment approaches Includes downloadable tools for clinical use The new edition of this concise and popular guide delivers up to date hands on guidance on the assessment and treatment of obsessive compulsive disorder OCD offering a framework for understanding and helping people with this complex and challenging condition Written by leading experts in the field this book unpacks the intricacies of diagnosing OCD and explores models that explain the onset development and persistence of the disorder as well as its various manifestations Using case studies and examples throughout the authors detail the most evidence based therapeutic approaches emphasizing two techniques that have proven most effective in clinical practice exposure and response prevention Methods such as optimizing inhibitory learning using acceptance and commitment therapy and techniques for working with couples and families affected by OCD are also integrated to address the disorder s core symptoms and collateral effects Further sections explore multicultural issues less common forms of OCD e g relationship obsessions and in person vs virtual treatment Printable tools and worksheets in the appendices provide invaluable resources allowing for immediate use in practice This is essential reading for clinical psychologists therapists psychiatrists counselors and students engaged in treating OCD *Fundamentals of Nursing - E-Book* Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, Wendy R. Ostendorf, 2025-01-15 Selected for 2025 Doody s Core Titles with Essential Purchase designation in Fundamentals Learn the concepts and skills and develop the clinical judgment you need to provide excellent nursing care Fundamentals of Nursing 12th Edition prepares you to succeed as a nurse by providing a solid foundation in critical thinking clinical judgment nursing theory evidence based practice and person centered care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework that is coordinated with clinical judgement and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Perry this bestselling nursing textbook helps you develop the understanding and clinical judgment you need to succeed in the classroom and in your career *Obsessive Compulsive Disorder* Lynne M. Drummond, Laura J. Edwards, 2018-08-02 Wide ranging and accessible this book covers all evidence based approaches to obsessive compulsive disorder in adults and children [Psychiatric-Mental Health Guidelines for Advanced Practice Nurses](#) Brenda Marshall, Julie Bliss, Suzanne Drake, 2024-11-20 Delivers a breadth of content encompassing all aspects of psych mental health care along the provider continuum This unique clinical reference supports APRNs and PMH NPs as they strive to provide high quality evidence based care to patients with mental health issues and conditions Designed to support the ongoing needs and changing practice requirements of these nursing professionals this new text provides a comprehensive examination of best practice psychiatric methods ethical concerns patient assessment and management strategies These accessible guidelines for clinicians in a variety of settings bring together scientific skills backed by theory and professional knowledge along with helpful recommendations to bolster the clinician s psychiatric skills

With an easy to navigate format the book encompasses five distinct sections covering general psychiatric nursing guidelines diagnostic specific procedures and patient treatment planning cultural and other considerations for special populations the administrative basics for establishing an APRN practice and additional topics related to mental health Reflecting expertise from authors versed in varied practice fields and numerous subspecialties the resource combines evidence based practice advanced research and practical humanistic approaches Key Features Provides comprehensive psychiatric mental health guidelines to advanced practice nurses in easy to access format Delivers step by step coverage of conducting psychiatric assessments and making referrals Covers polypharmacy differential diagnosis and patient education Includes coverage of special populations including LGBTQ homeless and indigent veterans and survivors of war and many others **The**

Behavioral Addictions Edited by Michael S. Ascher M.D., Petros Levounis M.D. M.A., 2015-04-01 The Behavioral Addictions provides a pragmatic and engaging guide to help clinicians understand and contextualize conditions that may not be clearly delineated in the DSM 5 diagnostic system Although not accorded a specific classification the behaviors addressed in this book share the accepted hallmarks of addiction continued engagement in an action despite negative consequences and loss of control over one's own life The editors begin with an overview of the behavioral addictions from neurobiological theoretical clinical and forensic perspectives and then present 12 case studies focused on a variety of behaviors from exercising to Internet gaming and from kleptomania to tanning These real life case studies are both fascinating and instructive and along with accompanying videos they help trainees and practicing clinicians alike to digest current research and gain hands on experience with the diagnosis and treatment of these conditions In the realm of behavioral addictions there is much work to be done figuring out reliable diagnostic criteria building useful assessment tools and developing effective psychosocial and pharmacological treatments to name a few critical tasks The Behavioral Addictions is an indispensable case based resource to guide clinicians in this rapidly changing field *Psychosocial Occupational Therapy -*

E-BOOK Nancy Carson, 2024-12-11 Develop the psychosocial skills to treat and address the mental health needs of clients in all practice settings Psychosocial Occupational Therapy Second Edition uses evidence based models to demonstrate effective occupational therapy for clients diagnosed with mental health conditions Clearly and logically organized the book begins with theories and concepts and follows with in depth coverage of OT interventions in both individual and group contexts Case studies and models show how to apply the fourth edition of the Occupational Therapy Practice Framework OTPF in selecting treatment strategies UPDATED AOTA's Occupational Therapy Practice Framework 4th Edition and current OT practice are reflected throughout the book to ensure alignment with the latest OT guidelines for education and practice NEW

Complementary and Integrative Health chapter provides an overview of complementary approaches that have expanded in use within health care and includes examples of how to effectively incorporate them into OT treatment UNIQUE At least two cases studies in each clinical chapter show how to apply the Occupational Therapy Practice Framework OTPF in determining

treatment options and one or more conceptual models address the psychosocial needs of clients NEW Feeding and Eating Disorders chapter offers more in depth information on eating disorders included in the DSM 5 along with the OT s role in treatment NEW Enhanced ebook version included with every new print purchase allows access to all the text figures and references with the ability to search customize content make notes and highlights and have content read aloud Using the Occupational Therapy Practice Framework chapter describes how to apply the 4th edition of the OTPF to the practice of occupational therapy Balanced approach to psychosocial occupational therapy includes thorough coverage of primary diagnoses as well as occupational and psychosocial theories models and approaches Emphasis on clinical reasoning skills provides insights on how to select treatment strategies based on the conceptual theories and models presented in the earlier chapters the information on diagnoses also references the DSM 5 A focus on psychosocial skills makes it easier to adjust the method of approaching a client the nature of the therapeutic relationship and the direction and eventual outcomes of intervention regardless of the setting or the primary diagnosis Coverage of therapeutic interaction skills and group process skills shows how to provide treatment in both individual and group settings

DSM-5-TR® and Family Systems Jessica A. Russo, J. Kelly Coker, Jason H. King, 2023-10-31 Offers useful strategies for creating rapport between the linear focused DSM 5 TR and the circular causality approach of systems oriented clinicians With a focus on clinical applications this unique text for students of diagnosis family systems counseling and other mental health disciplines demonstrates how to use the DSM 5 TR to aid assessment diagnosis treatment planning and intervention from a relational perspective With detailed descriptions the second edition is updated to foster greater understanding of interpersonal problems associated with onset progression and expression of psychiatric systems while incorporating the specific parameters of parent child sibling extended family and significant other issues in overall clinical formulation The new edition delves more deeply into relational and cultural features family systems assessment family systems interventions and ethical and legal implications when working with identified DSM 5 TR disorders New case conceptualizations address the new normal of working in a telehealth environment along with the impact of COVID 19 and racial and social injustice Every chapter encompasses the latest DSM updates and current literature and new chapter Test Banks and PowerPoints enhance the instructor resources With each chapter focusing on a specific diagnosis or category of diagnoses the book analyzes all DSM 5 TR domains discusses the impact of diagnoses on the entire family and introduces various assessments and interventions New to the Second Edition Presents relational and cultural features in each chapter Updates case conceptualizations to address emerging trends in telehealth COVID 19 and social injustice Embodies the latest DSM updates current literature and updated research New and updated chapter Test Banks and PowerPoints included in the instructor materials Key Features Guides the reader in understanding how to best integrate DSM 5 TR diagnoses from a systems perspective Applies systemic considerations to every identified disorder category in the DSM 5 TR Considers ethical and legal implications for each diagnosis Summary case conceptualization and discussion

questions included in each chapter focusing on a disorder category Includes family systems contexts assessments interventions and cultural considerations *NEET-PG PDF (Book-III)* Chandresh Agrawal Books,2024-05-28 SGN The Book NEET PG Book III Covers General Medicine 295 MCQs Psychiatry 375 MCQs Dermatology 80 MCQs Answers For All Questions **How to Practice Evidence-Based Psychiatry** C. Barr Taylor,2009-10-30 The use of evidence based guidelines and algorithms is widely encouraged in modern psychiatric settings yet many practitioners find it challenging to apply and incorporate the latest evidence based psychosocial and biological interventions Now practitioners have an outstanding new resource at their fingertips *How to Practice Evidence Based Psychiatry Basic Principles and Case Studies* accomplishes two goals it explains the methods and philosophy of evidence based psychiatry and it describes ways in which psychiatrists and other mental health specialists can incorporate evidence based psychiatry into their clinical practices Uniquely relevant to psychiatric clinicians this is the only book on evidence based medicine specific to the field of psychiatry that addresses integrated psychopharmacology and psychotherapies This new book first provides an expansion on the popular text the *Concise Guide to Evidence Based Psychiatry* updating the sections on clinical trials the teaching of evidence based medicine and the effective treatment of patients with complex comorbid conditions It then allows experts from a variety of specialty areas and practice settings to describe how they incorporate the latest evidence and outcome studies into interesting and inspiring cases of their own The book starts with the assumption that clinicians must adapt guidelines algorithms other sources of evidence and the interpretation of this evidence to each individual patient It describes basic statistical concepts in an easily understood format and offers separate chapters devoted to systematic reviews and meta analyses clinical practice guidelines diagnostic tests surveys of disease frequency and prognosis and psychometric measurement It also presents an easily relatable discussion of many of the major issues of evidence based psychiatry such as use of the Five Step evidence based medicine model The first section can be used both as an introduction to the topic and a ready reference for researching the literature and appraising evidence The second section includes relevant case examples of major psychiatric disorders and the third presents case examples from diverse treatment settings In these sections 24 contributing clinicians from a variety of practice settings discuss situations in which they followed aspects of evidence based care The text includes tables and charts throughout the text including algorithms guidelines and examples of simple therapist devised measures of progress further enhance learning retention and clinical practice *How to Practice Evidence Based Psychiatry Basic Principles and Case Studies* is a valuable new tool that will help residents practicing psychiatrists and other mental health workers find the most useful and relevant information to inform and improve their everyday practices

Krause's Food & the Nutrition Care Process L Kathleen Mahan, MS Rd Cde,Sylvia Escott-Stump, Ma Rd Ldn,Janice L Raymond, MS Rdn CSG,2011-08 Expert contributors include nearly 50 nationally recognized writers researchers and practitioners each writing on their area of specialization Clear logical organization details each step of complete nutritional

care from assessment to therapy UNIQUE Pathophysiology algorithms clarify the illness process and to ensure more effective care New Directions boxes reflect the latest research in emerging areas in nutrition therapy Focus On boxes provide additional detail on key chapter concepts Clinical Insight boxes and Clinical Scenarios with detailed Sample Nutrition Diagnosis statements help ensure the most accurate and effective interventions in practice Key terms listed at the beginning of each chapter and bolded within the text provide quick access to important nutrition terminology More than 1 000 self assessment questions on a companion Evolve website reinforce key textbook content New recommendations reflect a comprehensive approach to diet and nutrition that incorporates the USDA s MyPlate guide the Dietary Guidelines for Americans 2010 and the Eating Well with Canada s Food Guide recommendations Reorganized table of contents reinforces the Nutrition Care Process structure endorsed by the American Dietetic Association ADA MNT for Thyroid Disorders chapter details important nutrition considerations for managing thyroid disorders New calcium and vitamin D Dietary Recommended Intakes DRIs improve monitoring of nutrient intake Expanded Nutrition in Aging chapter includes assessment and nutritional care guidelines for the growing elderly patient population Growth grids for children detail proper patient nutrition during infancy and early childhood Extensively revised MNT for Food Allergies chapter highlights the importance of food allergy management in clinical nutrition therapy Updated appendices enhance assessment accuracy with the latest laboratory findings and normal values

Krause's Food & the Nutrition Care Process L. Kathleen Mahan, Sylvia Escott-Stump, Janice L. Raymond, Marie V. Krause, 2012-01-01 The most respected nutrition text for more than 50 years Krause s Food the Nutrition Care Process delivers comprehensive and up to date information from respected educators and practitioners in the field The latest recommendations of the Dietary Guidelines for Americans 2010 new and expanded chapters and a large variety of tables boxes and pathophysiology algorithms provide need to know information with ease making this text perfect for use in class or everyday practice Clear logical organization details each step of complete nutritional care from assessment to therapy UNIQUE Pathophysiology algorithms clarify the illness process and to ensure more effective care New Directions boxes reflect the latest research in emerging areas in nutrition therapy Focus On boxes provide additional detail on key chapter concepts Clinical Insight boxes and Clinical Scenarios with detailed Sample Nutrition Diagnosis statements help ensure the most accurate and effective interventions in practice Key terms listed at the beginning of each chapter and bolded within the text provide quick access to important nutrition terminology More than 1 000 self assessment questions on a companion Evolve website reinforce key textbook content Reorganized table of contents reinforces the Nutrition Care Process structure endorsed by the American Dietetic Association ADA New recommendations reflect a comprehensive approach to diet and nutrition that incorporates the Dietary Guidelines for Americans 2010 the MyPyramid food guide and the Eating Well with Canada s Food Guide recommendations MNT for Thyroid Disorders chapter details important nutrition considerations for managing thyroid disorders New calcium and vitamin D Dietary Recommended Intakes DRIs improve

monitoring of nutrient intake Expanded Nutrition in Aging chapter includes assessment and nutritional care guidelines for the growing elderly patient population Growth grids for children detail proper patient nutrition during infancy and early childhood Extensively revised MNT for Food Allergies chapter highlights the importance of food allergy management in clinical nutrition therapy Updated appendices enhance assessment accuracy with the latest laboratory findings and normal values

Chronic Mental Illness and the Changing Scope of Intervention Strategies, Diagnosis, and Treatment Prasad, Barre Vijaya, 2016-07-18 Although the epidemiology of mental illnesses is innately complex there have been many strides in the diagnosis and treatment of chronic mental illnesses as more research is being conducted in the field As more information becomes available mental health professionals are able to develop more effective plans for caring for their patients Chronic Mental Illness and the Changing Scope of Intervention Strategies Diagnosis and Treatment examines emergent research on the identification and epidemiology of various mental illnesses Featuring information on the prevalence of the disease psychopharmacological advancements and strategies for the management of chronic mental illnesses this book is ideally suited for students psychiatrists psychologists neurologists social workers rehabilitation therapists and other health professionals interested in learning more about shifting practices in the mental health sector

Evidence-Based Practice in School Mental Health James C. Raines, 2019-03-19 Using the new DSM 5 as an organizing principle this book addresses the 12 most common mental disorders of childhood and adolescence Each chapter addresses the prevalence of a disorder in school age populations appropriate diagnostic criteria differential diagnosis comorbid disorders available rapid assessment instruments school based interventions using multi tiered systems of support and easy to follow suggestions for progress monitoring

Principles and Practice of Geriatric Psychiatry Mohammed T. Abou-Saleh, Cornelius L. E. Katona, Anand Kumar, 2011-07-28 The renowned Principles and Practice of Geriatric Psychiatry now in its third edition addresses the social and biological concepts of geriatric mental health from an international perspective Featuring contributions by distinguished authors from around the world the book offers a distinctive angle on issues in this continually developing discipline Principles and Practice of Geriatric Psychiatry provides a comprehensive review of geriatric psychiatry spanning both psychiatric and non psychiatric disorders scientific advances in service development specific clinical dilemmas New chapters on genetics of aging somatoform disorders epidemiology of substance abuse somatoform disorders care of the dying patient Continuing the practice of earlier editions the major sections of the book address aging diagnosis and assessment and clinical conditions incorporating an engaging discussion on substance abuse and schizophrenic disorders Shorter sections include the presentation of mental illness in elderly people from different cultures one of the most popular sections in previous editions Learning and behavioural studies as well as models of geriatric psychiatry practice are covered extensively This book provides a detailed overview of the entire range of mental illness in old age presented within an accessible format Principles and Practice of Geriatric Psychiatry is an essential read for psychiatrists geriatricians neurologists and psychologists It is of

particular use for instructors of general psychiatry programs and their residents Your Personal Stress Profile and Activity Workbook Jerrold S. Greenberg, Professor Emeritus University of Maryland Jerrold S Greenberg, Dr, 2001-06 Enables students to develop their own personal stress profile based on their responses to various stress related scales Includes instructional activities to learn stress management knowledge and skills Icons in Comprehensive Stress Management correspond with the workbook and tell the student when to refer to the workbook The workbook can be packaged with the text at a reduced price offering savings to the student **The Psychiatric-Mental Health Nurse Practitioner Certification Review Manual** Raymond Zakhari, 2020-03-12 This review manual prepares students to successfully pass the ANCC Psychiatric Mental Health Nurse Practitioner board certification examination It encompasses all of the essential knowledge required uses a succinct outline format that highlights critical detail and systematically follows the test blueprint so that those taking the exam will be optimally prepared The Psychiatric Mental Health Nurse Practitioner Certification Review Manual begins with an overview of the certification examination self care and test tips the role of the psychiatric mental health nurse practitioner scope of practice and regulations and the theoretical foundations of care Other topics examined include the neuroanatomy and physiology of mental illness psychopharmacology and physical assessment diagnostic tests and differential diagnosis A wide range of psychiatric disorders as organized in the DSM 5 are also reviewed Each of the chapters include learning objectives and end of chapter review questions The review manual concludes with a 150 question practice test **KEY FEATURES** Reflects the latest ANCC test blueprint Includes test taking strategies and tips for preparing for the big day scope of practice and theoretical foundations of care Covers a wide range of psychiatric disorders as organized in the DSM 5 Includes end of chapter review questions and rationales **PLUS** a valuable 150 question practice test with rationales more than 400 questions in total Quality of Life Impairment in Schizophrenia, Mood and Anxiety Disorders A. George Awad, 2007-06-28 Over the past few decades health related quality of life HRQL has emerged as the new image of medicine viewed from a psychosocial perspective The concept of Quality of Life has attracted a good deal of interest not only from a clinical perspective but also from psychosocial health economics as well as cultural aspects More recently the neurobiological brain substrates that modulate many aspects of subjective experiences which is relevant to quality of life such as affect mood cognition pleasure reward responses as well as feeling of wellbeing and satisfaction has been explored and elucidated Such increased interest in HRQL is highlighted by the large number of recent publications Over the past 10 years at least 350 papers were published describing aspects of HRQL in the psychiatric and mental field Among them 78% dealt with HRQL in schizophrenia and schizoaffective disorders 21% with major depression 14% with anxiety disorders and 4% with bipolar disorder It is gratifying to witness the enhanced interest and popularity in HRQL research and publications yet the field continues to suffer from conceptual inconsistencies as well as a good deal of methodological limitations It is worrisome that we still do not have a clear understanding of the concept itself as applied to mental health and illness as well

as the complex array of its determinants Similarly there is a lag in the application of quality of life data in improving clinical practice *Atlantis Rising Magazine Issue 130 - PUSHING BACK AGAINST TECH TYRANNY PDF Download*
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