

Mountains Of The Heart A Natural History Of The Appalachians

Martin V. Melosi, Charles Reagan Wilson

Mountains Of The Heart A Natural History Of The Appalachians:

Mountains of the Heart Scott Weidensaul, 2016-05-01 Part natural history part poetry Mountains of the Heart is full of hidden gems and less traveled parts of the Appalachian Mountains Stretching almost unbroken from Alabama to Belle Isle Newfoundland the Appalachians are one of the oldest mountain ranges in the world In Mountains of the Heart renowned author and avid naturalist Scott Weidensaul shows how geology ecology climate evolution and 500 million years of history have shaped one of the continent's greatest landscapes into an ecosystem of unmatched beauty. This edition celebrates the book s 20th anniversary of publication and includes a new foreword from the author A Natural History of the Central **Appalachians** Steven L. Stephenson, 2013 A Handbook to Appalachia Grace Toney Edwards, JoAnn Aust Asbury, Ricky L. Cox,2024-07-31 Scholars who teach write or speak on the history and culture of the Appalachian region are frequently asked by students administrators or colleagues to recommend a relatively short comprehensive book about Appalachia Until now there has been no interdisciplinary introductory text in Appalachian studies A Handbook to Appalachia comprises a collection of concise accessible overviews of the region written by top academics in a variety of fields all directed at a general audience Accompanied by dozens of inviting photographs the essays offer information to those becoming acquainted with Appalachia for the first time as well as to more experienced observers of the region The essays are arranged to show how various features of Appalachia are related Each essay is followed by a list of suggested readings for further study A Handbook to Appalachia provides a clear concise first step toward understanding the expanding field of Appalachian studies from the history of the area to its sometimes conflicted image from its music and folklore to its outstanding literature Chapters History The Peoples of Appalachia Natural Resources and Environment Economics Politics of Change Health Care Education Folklife Literature Religion Visual Arts and Appalachians Outside the Region The Central Appalachians Mark Hendricks, 2024-02-28 The book will be the first to specialize on the Appalachians of the Chesapeake Bay Watershed Interspersed amongst seasonal portfolios of images will be stories of characters scientists conservationists and a thru hiker on the Appalachian Trail No other project on these ancient mountains has used traditional photography as well as camera trapping underwater photography and drones to attempt to tell a complete story Tourism is booming in the mountains and this could be an important compilation for the four states that it documents The New Encyclopedia of Southern Culture Martin V. Melosi, Charles Reagan Wilson, 2014-02-01 From semitropical coastal areas to high mountain terrain from swampy lowlands to modern cities the environment holds a fundamental importance in shaping the character of the American South This volume of The New Encyclopedia of Southern Culture surveys the dynamic environmental forces that have shaped human culture in the region and the ways humans have shaped their environment Articles examine how the South s ecology physiography and climate have influenced southerners not only as a daily fact of life but also as a metaphor for understanding culture and identity This volume includes ninety eight essays that explore both broadly and specifically

elements of the southern environment Thematic overviews address subjects such as plants animals energy use and development and natural disasters Shorter topical entries feature familiar species such as the alligator the ivory billed woodpecker kudzu and the mockingbird Also covered are important individuals in southern environmental history and prominent places in the landscape such as the South's national parks and seashores New articles cover contemporary issues in land use and conservation environmental protection and the current status of the flora and fauna widely associated with A Literary Field Guide to Northern Appalachia Todd Davis, Noah Davis, Carolyn Mahan, 2024-09-15 Northern Appalachia is one of the most biodiverse regions on Earth and home to a broad range of ecological and human cultures With A Literary Field Guide to Northern Appalachia editors Todd Davis and Noah Davis recognize and celebrate this diversity and the fact that humans are storytelling creatures who develop relationships with their landscapes at the intersection of art and science A companion volume to A Literary Field Guide to Southern Appalachia this guide introduces the reader to seventy indigenous species found in Northern Appalachia a region comprising parts of Ohio Pennsylvania New York Connecticut New Jersey Massachusetts Vermont New Hampshire and Maine As a hybrid literary and natural history anthology the book consists of descriptions and notes on habitat range and ecology provided by six scientists with expertise in the region s flora and fauna In addition eleven artists and seventy poets have provided original artwork and poetry that illuminate the lives of the greater than human world Defying easy stereotypes the guide presents trees shrubs wildflowers and mammals birds and fish reptiles and amphibians and invertebrates and fungi Love and wonder for these ancient mountains and their ever evolving residents flood the pages of this book inviting the reader into a deeper way of knowing a place and the lives dependent on it America's Natural Places: South and Southeast Stacy S. Kowtko, 2009-11-25 From the Texas Blackland Prairies to the Middle Atlantic Coastal Plain of the Carolinas this volume provides a snapshot of the most spectacular and important natural places in the southern United States America's Natural Places South and Southeast examines over 50 of the most spectacular and important areas of this region with each entry describing the importance of the area the flora and fauna that it supports threats to the survival of the region and what is being done to protect it Organized by state within the volume this book informs readers about the wide variety of natural areas across the south and southeast and identifies places near them that demonstrate the importance of preserving such regions Wildflowers and Plant Communities of the Southern Appalachian Mountains and Piedmont Timothy P. Spira, 2011-05-16 This richly illustrated field guide serves as an introduction to the wildflowers and plant communities of the southern Appalachians and the rolling hills of the adjoining piedmont Rather than organizing plants including trees shrubs and herbaceous plants by flower color or family characteristics as is done in most guidebooks botanist Tim Spira takes a holistic ecological approach that enables the reader to identify and learn about plants in their natural communities. This approach says Spira better reflects the natural world as plants like other organisms don t live in isolation they coexist and interact in myriad ways Full

color photo keys allow the reader to rapidly preview plants found within each of the 21 major plant communities described and the illustrated species description for each of the 340 featured plants includes fascinating information about the ecology and natural history of each plant in its larger environment With this new format readers can see how the mountain and piedmont landscapes form a mosaic of plant communities that harbor particular groups of plants The volume also includes a glossary illustrations of plant structures and descriptions of sites to visit Whether you re a beginning naturalist or an expert botanist this guidebook is a useful companion on field excursions and wildflower walks as well as a valuable reference Southern Gateways Guide is a registered trademark of the University of North Carolina Press Wilderness A to Z Rachel Carley, 2001 The Whole Earth Catalog meets the Boy Scout Manual in this comprehensive and irresistible compendium of wilderness wisdom natural history and practical know how Illustrations maps photos throughout Appalachian Summer Marcia Bonta, 2011-12-01 As she did in Appalachian Spring and Appalachian Autumn Bonta offers a day by day account of the natural life of one place her 648 acre property in south central Pennsylvania In Appalachian Summer Bonta's first grandchild spends her first summer on earth and her growth is compared with that of the forest animals Another important event in this Appalachian summer is the disappearance of a local girl As the mountain is thoroughly searched Bonta poses questions about the safety of women in the woods Do women stay out of the woods because they fear attack by men or wild creatures and the unknown Should they have such fears In her minute observations of one place one season Marcia Bonta lays bare the connections we retain to the natural world which is finally our own **America's Natural Places: East and Northeast** Donelle Nicole Dreese, 2009-11-25 From Maine's Acadia National Park to Kentucky's Natural Bridge State Park Nature Preserve this volume provides a snapshot of the most spectacular and important natural places in the East and Northeast America's Natural Places East and Northeast examines over 50 of the most spectacular and important areas of this region with each entry describing the importance of the area the flora and fauna that it supports threats to the survival of the region and what is being done to protect it Organized by state within the volume this work informs readers about the wide variety of natural areas across the east and northeast and identifies places that may be near them that demonstrate the importance of preserving such regions Aerial Geology Mary Caperton Morton, 2025-05-01 Get your head into the clouds with Aerial Geology The New York Times Book Review Aerial Geology is an up in the sky exploration of North America s 100 most spectacular geological formations Crisscrossing the continent from the Aleutian Islands in Alaska to the Great Salt Lake in Utah Mary Caperton Morton brings you on a fantastic tour sharing aerial and satellite photography explanations on how each site was formed and details on what makes each landform noteworthy Maps and diagrams help illustrate the geological processes and help clarify scientific concepts Fact filled curious and way more fun than the geology you remember from grade school Aerial Geology is a must have for the insatiably curious armchair geologists million mile travelers and anyone who has stared out the window of a plane and wondered what was below **Wonderful Weeds and Various Varmints**

Bob Collier, 2024-01-12 Immersed in a world of sprawling concrete and hyper advancing technology we can begin to see the natural landscape as a thing of the past All the more reason suggests Bob Collier a self professed nature lover to set out on the often unrecognized bridge that still connects human beings with their natural surroundings In Wonderful Weeds and Various Varmints readers encounter a myriad of stories as if on a leisurely stroll through the seasons Each chapter in this collection revives articles from Collier's beloved syndicated Nature Notes column written for East Tennessee's Shopper News From birding with his spouse to sharing family lore from childhood Collier by turns informs and enchants as we learn his way of looking at the world In the section on spring he reflects on days gardening with his grandmother birding in the mountains and what it means to meet and appreciate the gifts the season brings Summer launches a warmer section of stories as Collier discusses the sounds of summer firefly watching and the fascinating insects all around The colors of autumn are described with admiration and wonder as Collier relates stories about a sneaky groundhog creatures of the night and the marvels of pumpkin season The book concludes with the winter season Collier's chilly outdoor adventures and a rejuvenating crystalline view of the world Something in These Hills John M. Coggeshall, 2022-09-07 What is the something in these hills that ties mountain families to family land in the southern Appalachians This ethnographic examination challenges contemporary theory and explores two interrelated themes the duality of the southern Appalachians as both a menacing and majestic landscape and the emotional relationship to family land characteristic of long term residents of these mountains To most outsiders the area conjures images of a beautiful yet dangerous place typified by the movie Deliverance To long term residents these mountains have a fundamental emotional hold so powerful that many mourn the sale or loss of family land as if it were a deceased relative How can the same geographical space be both Using a carefully crafted cultural lens John M Coggeshall explains how family land anthropomorphizes metaphorically becoming another member of kin groups He establishes that this emotional sense of place existed prior to recent land losses contrary to some contemporary scholars Utilizing the voices and perspectives of long term residents the book provides readers with a more fundamental understanding of the something in these hills that holds people in place The Appalachian Trail Reader David Emblidge, 1996 A collection of trail diaries poems and essays by well known writers such as Henry David Thoreau James Dickey Aldo Leopold James MacGregor Burns Richard Wilbur and many not so well known people The Heart of America Tim Palmer, 1999-09 From the cliffs of Big Sur to the dunes at Cape Hatteras from the bogs of the Boundary Waters to the deserts of the Rio Grande the landscape of America has shaped us into the people we are Not only is it central to ecological health and essential to the economy it has helped form our culture and serves as a basis of national pride The heart of America lies in the rock and soil the mountains and the plains that surround us In this illuminating portrait of America at the threshold of the new millennium author Tim Palmer explores and assesses the landscape of the United States both timeless wonders of natural beauty and lost places scarred by human exploitation He takes the reader on an informative and

inspirational tour of our most vital landscapes including mountains forests grasslands deserts rivers lakes wetlands and seashores He introduces us to the basic geography and ecological value of each landscape describes historical patterns of land use considers the most serious threats and discusses what is being done to protect the landscape for future generations Throughout he instills a deeper understanding of the importance of the land a sense of outrage at the damage that has been done and a feeling of hope that those working to correct past abuses will succeed Weaving together geographical historical and ecological information and insights Palmer draws on thirty years of professional experience as a writer photographer conservationist planner landscape architect and veteran traveler to present a fresh look at the past present and future of our land Resounding in its account of these landscapes compelling in the force of its information and the hope of its timely message The Heart of America offers a fascinating measure of the land around us and a unique look at the place we call A World on the Wing: The Global Odyssey of Migratory Birds Scott Weidensaul, 2021-03-30 New York Times Bestseller Finalist for the Los Angeles Times Book Prize A Library Journal Best Science and Technology Book of the Year An exhilarating exploration of the science and wonder of global bird migration In the past two decades our understanding of the navigational and physiological feats that enable birds to cross immense oceans fly above the highest mountains or remain in unbroken flight for months at a stretch has exploded What we ve learned of these key migrations how billions of birds circumnavigate the globe flying tens of thousands of miles between hemispheres on an annual basis is nothing short of extraordinary Bird migration entails almost unfathomable endurance like a sparrow sized sandpiper that will fly nonstop from Canada to Venezuela the equivalent of running 126 consecutive marathons without food water or rest avoiding dehydration by drinking moisture from its own muscles and organs while orienting itself using the earth's magnetic field through a form of quantum entanglement that made Einstein queasy Crossing the Pacific Ocean in nine days of nonstop flight as some birds do leaves little time for sleep but migrants can put half their brains to sleep for a few seconds at a time alternating sides and their reaction time actually improves These and other revelations convey both the wonder of bird migration and its global sweep from the mudflats of the Yellow Sea in China to the remote mountains of northeastern India to the dusty hills of southern Cyprus This breathtaking work of nature writing from Pulitzer Prize finalist Scott Weidensaul also introduces readers to those scientists researchers and bird lovers trying to preserve global migratory patterns in the face of climate change and other environmental challenges Drawing on his own extensive fieldwork in A World on the Wing Weidensaul unveils with dazzling prose the miracle of nature taking place over our heads Appalachia John Alexander Williams, 2002 In this comprehensive history of the Appalachian region Williams weaves social political environmental economic and popular history together to present a readable narrative that spans four and a half centuries The Spirit of the Appalachian Trail Susan Power Bratton, 2013-08-30 Want to know what wilderness means to people who live it for over two thousand miles Then read this extremely interesting informative intelligent and thoughtful book Roger S Gottlieb author of Engaging Voices

Tales of Morality and Meaning in an Age of Global Warming There is no doubt that Bratton's book will be of value to students and scholars of leisure studies recreation and religion Those who are familiar with the Appalachian Trail sense intuitively that a journey along its length kindles spiritual awakening this book provides the hard data to prove it s true David Brill author of As Far as the Eye Can See Reflections of an Appalachian Trail Hiker The Appalachian Trail covers 2 180 miles passing through fourteen states from Georgia to Maine Each year an estimated 2.3 million people visit the trail and almost two thousand attempt a thru hike walking the entire distance of the path For many the journey transcends a mere walk in the woods and becomes a modern day pilgrimage In The Spirit of the Appalachian Trail Community Environment and Belief Susan Power Bratton addresses the spiritual dimensions of hiking the Appalachian Trail AT Hikers often comment on how their experience as thru hikers changes them spiritually forever but this is the first study to evaluate these religious or quasireligious claims critically Rather than ask if wilderness and outdoor recreation have benefits for the soul this volume investigates specifically how long distance walking might enhance both body and mind Most who are familiar with the AT sense intuitively that a trek along its length kindles spiritual awakening Using both a quantitative and qualitative approach this book provides the hard data to support this notion Bratton bases her work on five sources an exhaustive survey of long distance AT hikers published trail diaries and memoirs hikers own logs and postings her own personal observations from many years on the trail and conversations with numerous members of the AT community including the trail angels residents of small towns along the path who attend to hikers need for food shelter or medical attention. The abundant photographs reinforce the text and enable visualization of the cultural and natural context This volume is fully indexed with extensive reference and notes sections and detailed appendixes Written in an engaging and accessible style The Spirit of the Appalachian Trail presents a full picture of the spirituality of the AT Susan Power Bratton is professor of environmental studies She is the author of Six Billion and More Human Population Regulation and Christian Ethics Environmental Values in Christian Art and Christianity Wilderness and Wildlife The Original Desert Solitaire Wildflowers of the Appalachian Trail Leonard Adkins, 2006-08-10 With a new cover more extensive index and list of organizations the new edition of Wildflowers of the Appalachian Trail is the go to resource for anyone interested in the wildflowers found along the 2 175 mile long Appalachian National Scenic Trail Stunning full page color photos by Joe Cook and Monica Cook accompany the detailed descriptions by author Leonard Adkins that include bloom season leaves and stem description geographic range of growth and location of the flower along the AT Also included for many of the 94 flowers profiled in the book is the fascinating role the flower has played through history and its value in folkloric as well as modern medicine

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