Men and the War on Obesity

A sociological study

Lee F. Monaghan

Men And The War On Obesity A Sociological Study

E. Rich, L. F. Monaghan, L. Aphramor

Men And The War On Obesity A Sociological Study:

Men and the War on Obesity Lee F. Monaghan, 2008-04-02 Lee F Monaghan offers a timely critical and original take on the obesity debate bringing male bodies into the frame and questioning the claim from public health that millions of people are unhealthy because they are overweight or obese Obesity Discourse and Fat Politics Lee Monaghan, Rachel Colls, Bethan Evans, 2015-12-22 There is considerable rhetoric and concern about weight and obesity across an increasing range of national contexts Alarmist claims about an obesity time bomb are continually recycled in policy reports reviews and white papers each of which begin with the assumption that fatness is fundamentally unhealthy and damaging to national economies With contributions from the UK Canada the USA and Australia this book offers alternative critical perspectives on this alleged public health crisis which were in part developed through an Economic and Social Research Council seminar series on Fat Studies and Health at Every Size HAES Written by scholars from a range of disciplines and the health professions themes include an interrogation of statistical procedures used to construct the obesity epidemic overweight and obesity as cultural signifiers for Type 2 diabetes understandings of healthy eating and healthy weight in a problem population gendered expectations on men and women to lose weight the visual representation of obesity tensions when researching anti fatness critical dietitians engagement with HAES alternative ways of promoting physical activity and representations of obesity in the media This book was originally published as a special issue of Critical Public Health Challenging Myths of Masculinity Lee F. Monaghan, Michael Atkinson, 2016-04-15 Many myths surround male bodies and associated bodywork especially when such bodywork is labelled culturally or socially atypical or problematic Bodybuilding for example has been explained in terms of gender inadequacy and an Adonis complex akin to reverse anorexia while men electing to undergo aesthetic cosmetic surgery are deemed too concerned about their appearance and thus woman like Myths also discredit men and boys who do not engage in appropriate bodywork when this is expected For instance amidst public health concerns surrounding a so called obesity epidemic men and boys who resist physical activity and or attempts to promote a healthy weight are deemed ignorant apathetic and in need of correction Drawing on extensive field research conducted in North America and Britain over a twenty year period this book challenges such masculine myth making Mindful of a rich sociological tradition that seeks to understand the social world as lived and experienced the authors provide insights that are likely to challenge common perceptions of various groups of men and boys their diverse physical cultures shared ways of being and identities Presenting empirically grounded understandings of diverse bodily practices and discourses including bodybuilding cosmetic surgery dieting and nightclub security Challenging Myths of Masculinity will appeal to scholars of sociology geography and cultural studies with interests in gender embodiment and masculinities Revisioning John Chrysostom Chris de Wet, Wendy Mayer, 2019-01-04 In Revisioning John Chrysostom Chris de Wet and Wendy Mayer harness and promote a new wave of scholarship on the life and works of this famous late antique c 350 407 CE preacher New theories from the cognitive and neurosciences cultural and sleep studies and history of the emotions among others meld with reconsideration of lapsed approaches his debt to Graeco Roman paideia philosophy and now medicine resulting in sometimes surprising and challenging conclusions Together the chapters produce a fresh vision of John Chrysostom that moves beyond the often negative views of the 20th century and open up substantially new vistas for exploration **Fat on Film** Barbara Plotz,2020-02-20 Over the last two decades fatness has become the focus of ubiquitous negative rhetoric in the USA and beyond presented under the cover of the medicalized war against the obesity epidemic In Fat on Film Barbara Plotz provides a critical analysis of the cinematic representation of fatness during this timeframe specifically in contemporary Hollywood cinema with an emphasis on the intersection of gender race and fatness The analysis is based on around 50 films released since 2000 and includes examples such as Transformers 2007 Precious 2009 Kung Fu Panda 2008 Paul Blart 2009 and Pitch Perfect 2012 Plotz maps the common cinematic tropes of fatness and also shows how commonplace notions of fatness that are part of the current obesity epidemic discourse are reflected in these tropes In this original study Plotz brings critical attention to the politics of fat representation a topic that has so far received little attention within film and cinema studies

Masculinity and Body Weight in Japan Genaro Castro-Vázguez, 2020-04-07 Drawing on the concept of the somatic self Castro V zquez explores how Japanese men think about express and interpret their experiences concerning bodyweight control Based on an extensive ethnographic investigation this book offers a compelling analysis of male obesity and overweight in Japan from a symbolic interactionism perspective to delve into structure meaning practice and subjectivity underpinning the experiences of a group of middle aged Japanese men grappling with body weight control Castro V zquez frames obesity and overweight within historical and current global and sociological debates that help to highlight the significance of the Japanese case By drawing on evidence from different locations and contexts he sustains a comparative perspective to extend and deepen the analysis A valuable resource for scholars both of contemporary masculinity and of medical sociology especially those with a particular interest in Japan **Immersion** Karen Throsby, 2016-07-01 Immersion is about the extreme sport of marathon swimming Drawing on extensive auto ethnographic data Immersion explores the embodied and social processes of becoming a marathon swimmer and investigates how social belonging is produced and policed Using marathon swimming as a lens this foundation provides the basis for an exploration of what constitutes the good body in contemporary neoliberal society across a range of sites including charitable swimming fatness gender and health The book argues that the self representations of marathon swimming are at odds with its lived realities and that this reflects the entrenched and limited discursive resources available for thinking about the sporting body in the wider social and cultural context The book is aimed primarily at readers at undergraduate level and upwards with an interest in sociology the sociology of the body the sociology of sport gender and the sociology of health and illness **Debating Obesity** E. Rich, L. F. Monaghan, L. Aphramor, 2010-11-17 This book brings together critical perspectives on some of the recent claims

associated with the obesity crisis It develops both theoretical and conceptual arguments around the obesity debate as well as taking a more practical focus in terms of implications for the health professions to outline an agenda for a critical weight studies The Biopolitics of Lifestyle Christopher Mayes, 2015-12-22 A growing sense of urgency over obesity at the national and international level has led to a proliferation of medical and non medical interventions into the daily lives of individuals and populations This work focuses on the biopolitical use of lifestyle to govern individual choice and secure population health from the threat of obesity The characterization of obesity as a threat to society caused by the cumulative effect of individual lifestyles has led to the politicization of daily choices habits and practices as potential threats This book critically examines these unquestioned assumptions about obesity and lifestyle and their relation to wider debates surrounding neoliberal governmentality biopolitical regulation of populations discipline of bodies and the possibility of community resistance The rationale for this book follows Michel Foucault's approach of problematization addressing the way lifestyle is problematized as a biopolitical domain in neoliberal societies Mayes argues that in response to the threat of obesity lifestyle has emerged as a network of disparate knowledges relations and practices through which individuals are governed toward the security of the population s health Although a central focus is government health campaigns this volume demonstrates that the network of lifestyle emanates from a variety of overlapping domains and disciplines including public health clinical medicine media entertainment school programs advertising sociology and ethics This book offers a timely critique of the continued interventions into the lives of individuals and communities by government agencies private industries medical and non medical experts in the name of health and population security and will be of interests to students and scholars of critical international relations theory health and bioethics and governmentality studies Diet and the **Disease of Civilization** Adrienne Rose Bitar, 2018-01-26 Diet books contribute to a 60 billion industry as they speak to the 45 million Americans who diet every year Yet these books don't just tell readers what to eat they offer complete philosophies about who Americans are and how we should live Diet and the Disease of Civilization interrupts the predictable debate about eating right to ask a hard question what if it s not calories but concepts that should be counted Cultural critic Adrienne Rose Bitar reveals how four popular diets retell the Fall of Man as the narrative backbone for our national consciousness Intensifying the moral panic of the obesity epidemic they depict civilization itself as a disease and offer diet as the one true cure Bitar reads each diet the Paleo Diet the Garden of Eden Diet the Pacific Island Diet the detoxification or detox diet as both myth and manual a story with side effects shaping social movements driving industry and constructing fundamental ideas about sickness and health Diet and the Disease of Civilization unearths the ways in which diet books are actually utopian manifestos not just for better bodies but also for a healthier society and a more perfect world New Directions in Social Theory, Education and Embodiment John Evans, Brian Davies, 2014-10-29 This book exemplifies the nurturing spirit of inter discursive debate with a view to opening up new theoretical and empirical insights understanding and engagement with

debates on issues relating to pedagogy policy equity and embodiment From a variety of social science perspectives an international force of contributors apply a multitude of concepts to research agendas which illustrate the multiple ways in which the body both impacts culture and is simultaneously and seamlessly positioned and shaped by it maintaining social reproduction of class and cultural hierarchies and social regulation and control They attest that once we begin to trace the flow of knowledge and discourses across continents countries regions and communities by registering their re contextualisation both within various popular pedagogies e g newspapers film TV web pages IT and the formal and informal practices of schools families and peers we are compelled to appreciate the bewildering complexity of subjectivity and the ways in which it is embodied Indeed the chapters suggest that no matter how hegemonic or ubiquitous discursive practices may be they inevitably tend to generate both intended and unexpected affects and effects people and populations cannot easily be determined suppressed or controlled This book was originally published as a special issue of Sport Education and The Cambridge Companion to Literature and Food J. Michelle Coghlan, 2020-03-19 This Companion provides an engaging and expansive overview of gustation gastronomy agriculture and alimentary activism in literature from the medieval period to the present day as well as an illuminating introduction to cookbooks as literature Bringing together sixteen original essays by leading scholars the collection rethinks literary food from a variety of critical angles including gender and sexuality critical race studies postcolonial studies eco criticism and children's literature Topics covered include mealtime decorum in Chaucer Milton's culinary metaphors early American taste Romantic gastronomy Victorian eating African American women's culinary writing modernist food experiments Julia Child and cold war cooking industrialized food in children's literature agricultural horror and farmworker activism queer cookbooks hunger as protest and postcolonial legacy and dude food in contemporary food blogs Featuring a chronology of key publication and historical dates and a comprehensive bibliography of further reading this Companion is an indispensible guide to an exciting field for students and instructors The Contemporary Reader of Gender and Fat Studies Amy Erdman Farrell, 2023-06-28 The Contemporary Reader of Gender and Fat Studies is a key reference work in contemporary scholarship situated at the intersection between Gender and Fat Studies charting the connections and tensions between these two fields Comprising over 20 chapters from a range of diverse and international contributors the Reader is structured around the following key themes theorizing gender and fat narrating gender and fat historicizing gender and fat institutions and public policy health and medicine popular culture and media and resistance It is an intersectional collection highlighting the ways that gender and fat always exist in connection with multiple other structures forms of oppression and identities including race ethnicity sexualities age nationalities disabilities religion and class The Contemporary Reader of Gender and Fat Studies is essential reading for scholars and advanced students in Gender Studies Sexuality Studies Sociology Body Studies Cultural Studies Psychology and Health The Open Access version of this book available at http www taylorfrancis com has been made

available under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4 0 license Muscular India: Masculinity Mobility & The New Middle Class Michiel Baas. 2024-03 About the Book MICHIEL BAAS BRINGS ALIVE A WORLD OF MEN SCULPTING BODIES REDEFINING MASCULINITIES AND CONFRONTING THEIR VULNERABILITIES IN THE GYMS OF URBAN INDIA The gyms of urban new India are intriguing spaces While they cater largely to well off clients these shiny modern institutions also hold the promise of upward mobility for the personal trainers who work there By improving their English upgrading their dressing style and developing a deeper understanding of the lives of their upmarket customers they strategise to climb the middle class ladder Their lean muscular bodies which Bollywood has set the tone for are crucial to this Diverging from an older masculine ideal represented by pehlwani wrestlers these bodies not only communicate sexual attractiveness but also professionalism control and even cosmopolitanism With the gym aspiring to be a safe space for women trainers must also find a way to break with the toxic masculinity that dominates life outside Yet the more things change the more they remain the same Class barriers are less permeable than they appear The use of bodily capital to breach them is more fraught with danger than one might anticipate And the profession is riddled with pitfalls and contradictions Michiel Baas has spent a decade studying gyms trainers and bodybuilders and finds in them a new way to investigate India He walks us through the homes and workspaces of these men yes they are almost all men to bodybuilding competitions and also into their most intimate worlds of ambitions desires and struggles An unusual study of an unusual subject Baas unveils a fascinating world hidden in plain sight Rethinking Society in the 21st Century, Fourth Edition Kate Bezanson, Michelle Webber, 2016-09-01 Rethinking Society in the 21st Century is a critical collection of readings that provides students with a foundational knowledge base in sociology The fourth edition has been thoroughly updated to include significant Canadian content with a greater focus on indigeneity gender and sexuality and a new section dedicated to social movements social change and emerging fields This anthology introduces students to the fundamental elements of sociology with a balance of classical theory Marx Weber Durkheim Mills and more contemporary approaches found in the works of Michel Foucault and Dorothy Smith Building on this theoretical grounding the text outlines core concepts in sociology as well as major social institutions such as families the economy and labour education health care and media Covering a wide breadth of topics including chapters on animals the environment crime trans issues class ethnicity and race this new edition explores critical debates in Canadian society with an emphasis on intersectional approaches to social inequalities This volume is rich with pedagogical features that promote critical understanding including detailed introductions that speak to the contextual history of the source material and discussion questions for each section Uniquely designed for introductory courses Rethinking Society in the 21st Century is the ideal reader for Canadian students of sociology <u>Interpreting the Body</u> Ben Spatz, 2024-03-12 Written by leading social scientists this ambitious volume asks what individuals handling of bodies reveal about inequality social order and cultural change in societies Fatness and the

Maternal Body Maya Unnithan-Kumar, Soraya Tremayne, 2011-07-01 Obesity is a rising global health problem On the one hand a clearly defined medical condition it is at the same time a corporeal state embedded in the social and cultural perception of fatness body shape and size Focusing specifically on the maternal body contributors to the volume examine how the language and notions of obesity connect with or stand apart from wider societal values and moralities to do with the body fatness reproduction and what is considered natural A focus on fatness in the context of human reproduction and motherhood offers instructive insights into the global circulation and authority of biomedical facts on fatness as risky anti fit for example As with other social and cultural studies critical of health policy discourse this volume challenges the spontaneous connection being made in scientific and popular understanding between fatness and ill health World Research in Sports Studies Andy Smith, Ivan Waddington, 2013-10-23 Traditional research methods textbooks tend to present an idealized and simplistic picture of the research process This ground breaking text however features leading international sport researchers explaining how they actually carried out their real life research projects highlighting the practical day to day problems false starts and setbacks that are a normal part of the research process This book focuses on ten pieces of research that have made a distinctive and valuable contribution to the study of sport For each one the author of that research explains how the project was conducted and the issues that they faced In addition each piece of research has a commentary from a leading sport scholar outlining why it is regarded as being an important contribution to the discipline of sport studies and how that research can inform studies being carried out today Contributors to the book describe how in their own real life research projects they initially conceptualized and defined their research projects secured funding and or sponsorship from relevant bodies handled enforced changes to the research plans confronted overcame obstacles presented by outside bodies managed inter personal emotional relationships in the research encounter managed possible threats to their personal safety or physical integrity managed good luck bad luck and serendipitous findings dealt with favourable and hostile media reaction to research findings Doing Real World Research in Sport Studies enables students and researchers to develop a more realistic understanding of what the research process actually involves It charts the development of key research projects in sport and should be essential reading for any sport research methods course **Weighty Problems** Laura Backstrom, 2019-04-05 By investigating how contemporary cultural discourses of childhood obesity are experienced by children Laura Backstrom illustrates how deeply fat stigma is internalized during the early socialization experiences of children Weighty Problems finds that embodied inequality is constructed and negotiated through a number of interactional processes including resocialization stigma management social comparisons and attribution **Feminist Perspectives on** Building a Better Psychological Science of Gender Tomi-Ann Roberts, Nicola Curtin, Lauren E. Duncan, Lilia M. Cortina, 2016-10-15 This timely and thought provoking collection explores the ways in which psychological science interacts with and addresses gender across varied subdisciplines in the field from a feminist viewpoint A particular aim of this volume

is to move the conversation of gender in psychology beyond a difference only paradigm Veteran and emerging feminist scholars survey the handling of sex and gender issues across psychology and describe how feminist perspectives and methodologies can and should be applied to enhance the field itself but also in the service of social justice in the various cultures of corporations academia and the global stage Contributions span theoretical advances latest empirical findings and real world advocacy with instructive and illuminating first person accounts detailing challenges and rewards of feminist scholarship and practice in psychology Throughout the volume chapters document a dynamic field in its evolution from the traditional two dimensional study of gender based differences to concerted multidisciplinary approaches to cutting edge feminist theoretical and methodological advances such as intersectionality to understand gender in context The volume is divided into three distinct sections The first covers current theory and research in psychological science that considers gender beyond a difference only paradigm Then leading feminist scholars reflect upon their own experiences in their respective subdisciplines Finally the third section explores innovative best practices and applications for feminist psychological science Highlights of the coverage Beyond difference Gender as a quality of social settings Adventures in feminist health psychology Teaching about and conducting feminist psychological science Mind the thigh gap Bringing feminist psychological science to the masses Feminist psychologists and institutional change in universities With its stimulating compilation of theories research and applications Feminist Perspectives On Building A Better Psychological Science of Gender is one of the most forward thinking and innovative treatments of the field in recent years It is a significant and important text for all psychologists women s and gender studies specialists social science researchers and all those interested in using evidence based psychological science to create a more just and equitable world

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Table of Contents Men And The War On Obesity A Sociological Study

- 1. Understanding the eBook Men And The War On Obesity A Sociological Study
 - The Rise of Digital Reading Men And The War On Obesity A Sociological Study
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Men And The War On Obesity A Sociological Study
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Men And The War On Obesity A Sociological Study
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Men And The War On Obesity A Sociological Study
 - Personalized Recommendations
 - Men And The War On Obesity A Sociological Study User Reviews and Ratings
 - Men And The War On Obesity A Sociological Study and Bestseller Lists

- 5. Accessing Men And The War On Obesity A Sociological Study Free and Paid eBooks
 - Men And The War On Obesity A Sociological Study Public Domain eBooks
 - Men And The War On Obesity A Sociological Study eBook Subscription Services
 - Men And The War On Obesity A Sociological Study Budget-Friendly Options
- 6. Navigating Men And The War On Obesity A Sociological Study eBook Formats
 - ∘ ePub, PDF, MOBI, and More
 - Men And The War On Obesity A Sociological Study Compatibility with Devices
 - Men And The War On Obesity A Sociological Study Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Men And The War On Obesity A Sociological Study
 - Highlighting and Note-Taking Men And The War On Obesity A Sociological Study
 - Interactive Elements Men And The War On Obesity A Sociological Study
- 8. Staying Engaged with Men And The War On Obesity A Sociological Study
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Men And The War On Obesity A Sociological Study
- 9. Balancing eBooks and Physical Books Men And The War On Obesity A Sociological Study
 - \circ Benefits of a Digital Library
 - Creating a Diverse Reading Collection Men And The War On Obesity A Sociological Study
- 10. Overcoming Reading Challenges
 - o Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Men And The War On Obesity A Sociological Study
 - Setting Reading Goals Men And The War On Obesity A Sociological Study
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Men And The War On Obesity A Sociological Study
 - Fact-Checking eBook Content of Men And The War On Obesity A Sociological Study
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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