

# NURSING CASE STUDY EXAMPLE

## **Case Study:** Daniel's Asthma

Daniel is a 10-year-old boy who was diagnosed with asthma when he was 5 years old. He presents to the pediatric clinic with his mother, who reports that Daniel has been experiencing increased wheezing and coughing over the past few weeks. She also says he has been waking up at night due to difficulty breathing.

## **Assessment:**

Upon assessment, Daniel's respiratory rate is 20 breaths per minute, and he uses accessory muscles to breathe. His oxygen saturation is 92% on room air. Auscultation reveals bilateral wheezing and diminished breath sounds. Daniel's medical history is significant for asthma, for which he uses a short-acting bronchodilator and an inhaled corticosteroid. He also has a history of seasonal allergies.

## **Interventions:**

The healthcare provider administers an albuterol nebulizer treatment to open Daniel's airways and improve his breathing. Daniel has also started a course of oral corticosteroids to reduce inflammation in his airways. His mother is educated on the importance of monitoring Daniel's symptoms, keeping a rescue inhaler on hand, and seeking medical attention if his symptoms worsen.

## **Follow-Up:**

Daniel returns to the clinic for a follow-up visit a week later. He reports that his symptoms have improved, and he has not needed to use his rescue inhaler as frequently. His oxygen saturation is 96% on room air, and auscultation reveals improved breath sounds with minimal wheezing. Daniel's medications are adjusted based on his improved symptoms, and his mother is encouraged to continue monitoring his symptoms and seeking medical attention if needed.

## **Conclusion:**

Asthma is a common respiratory condition in children that requires ongoing management to prevent exacerbations and improve quality of life. Early identification of symptoms and prompt treatment with bronchodilators and corticosteroids can help reduce inflammation in the airways and improve breathing. Education and ongoing follow-up are important in managing asthma in children.

# Nursing Case Studies Scenarios

**Kathy Latch Putman**



## **Nursing Case Studies Scenarios:**

## Embracing the Beat of Phrase: An Emotional Symphony within **Nursing Case Studies Scenarios**

In some sort of used by screens and the ceaseless chatter of instant conversation, the melodic beauty and psychological symphony developed by the published term frequently fade into the backdrop, eclipsed by the relentless sound and disruptions that permeate our lives. But, situated within the pages of **Nursing Case Studies Scenarios** an enchanting fictional treasure full of natural feelings, lies an immersive symphony waiting to be embraced. Crafted by an outstanding composer of language, this charming masterpiece conducts readers on a mental trip, well unraveling the hidden tunes and profound affect resonating within each cautiously crafted phrase. Within the depths with this moving analysis, we can examine the book is main harmonies, analyze their enthralling publishing fashion, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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