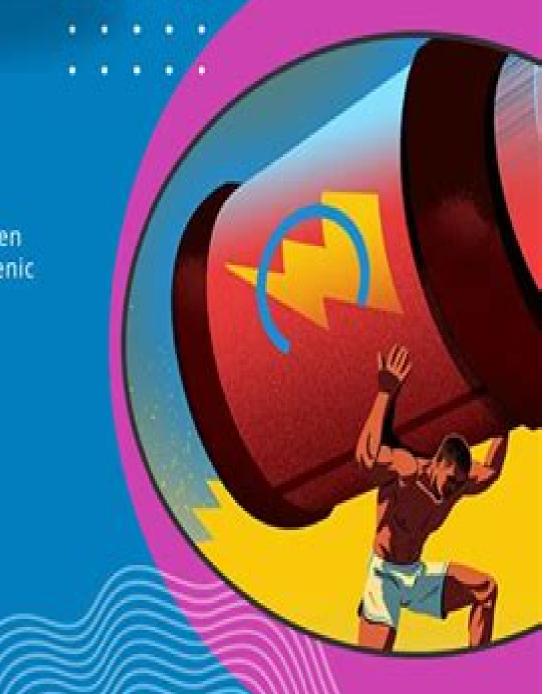
NUTRITIONAL ERGOGENIC AIDS

Many nutritional agents have been proposed to have specific ergogenic properties.

- Amino acids
- L-carnitine
- Creatine



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